

## Annex SFB

### Studienfachbeschreibung (subject description, SFB) for the subject Science of Sport as Unterrichtsfach with the degree "Erste Staatsprüfung für das Lehramt an Mittelschulen"

Responsible: Faculty of Human Sciences  
Responsible: Institute of Sport Science

Examination regulations version: 2013  
Examination regulations version: 2013

Abbreviations used: Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions for the modules in this SFB: Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures: Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with the general regulations governing the degree subject described in this module catalogue:

**LASPO2009**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

**28-Sep-2015 (2015-170)**

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	<b>Module title</b>						
	ECTS		Duration	(in semesters)	Method of grading		Module level
	Courses		To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y				
	Method of assessment						
	Only after successful completion of		if applicable				
	Other prerequisites		if applicable				
	Participants and allocation of places		if applicable				
	Additional information		if applicable				
	Referred to in LPO I		if applicable (examination regulations for teaching-degree programmes)				

<b>Scientific Discipline (54 ECTS credits)</b>							
<b>Compulsory Courses (54 ECTS credits)</b>							
05-SP-GHR- SPPS-092-m01	<b>Recognizing challenges in the science of sport and understanding educational basics of sports</b>						
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	V + V (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 60 minutes)					
05-SP-GHR- BTGS-092-m01	<b>Comprehension of fundamentals in sports medicine and exercise physiology</b>						
	ECTS	5	Duration	2 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	V + V (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 60 minutes)					
05-SP-GHR- LEE1-092-m01	<b>Development and evaluation of performance 1</b>						
	ECTS	4	Duration	2 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	V + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
05-SP-GHR- BLL1-092-m01	<b>Teaching and learning of movement 1</b>						
	ECTS	4	Duration	2 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	V + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 45 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
05-SP-GHR- SSK1-092-m01	<b>Developing and teaching of skills in sports games 1</b>						
	ECTS	3	Duration	1 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 45 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
Referred to in LPO I	§ 57 (1) 5. e) aa) Sport Sportspiele						
05-SP-GHR- LEE2-092-m01	<b>Development and evaluation of performance 2</b>						
	ECTS	3	Duration	2 semester	Method of grading	(not) successfully completed	Modul level   undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
Referred to in LPO I	§ 57 (1) 5. e) cc) Sport Schwimmen						

05-SP-GHR-SSK2-092-m01	<b>Developing and teaching of skills in sports games 2</b>							
	ECTS	5	Duration	2 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S + S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	written examination (approx. 45 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
Referred to in LPO I	§ 57 (1) 5. e) aa) Sport Sportspiele							
05-SP-GHR-BT-HV-092-m01	<b>Understanding issues of human movement</b>							
	ECTS	4	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S + S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
05-SP-GHR-SSK3-092-m01	<b>Developing and teaching of skills in sports games 3</b>							
	ECTS	1	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	practical examinations (approx. 5 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
Referred to in LPO I	§ 57 (1) 5. e) aa) Sport Sportspiele							
05-SP-GHR-GLES-092-m01	<b>Arranging and teaching of gliding movement on ice and snow</b>							
	ECTS	5	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	V + S + S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	written examination (approx. 30 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
Referred to in LPO I	§ 57 (1) 5. e) gg) Sport Schneesport/Eislauf							
05-SP-GHR-NAT-092-m01	<b>Ecology of sports: Nature Sports for Leisure</b>							
	ECTS	2	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	written examination (approx. 45 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
Referred to in LPO I	§ 57 (1) 5. e) hh) Sport Trend- und Freizeitsportarten							
05-SP-SBW-092-m01	<b>Swimming - Movement in Water</b>							
	ECTS	1	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
Referred to in LPO I	§ 57 (1) 5. e) cc) Sport Schwimmen							

05-SP-BLL2-092-m01	<b>Teaching and learning of movement 2: Gymnastics and Dance</b>							
	ECTS	1	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	practical examinations (approx. 5 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
Referred to in LPO I	§ 57 (1) 5. e) ff) Sport Gymnastik und Tanz							
05-SP-IUM-092-m01	<b>Individual and team sports</b>							
	ECTS	6	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	This module has 4 components; information on courses listed separately for each component. <ul style="list-style-type: none"> <li>05-SP-IUM-1-092, 05-SP-IUM-2-092, and 05-SP-IUM-3-092: S (no information on language and number of weekly contact hours available)</li> <li>05-SP-IUM-4-092: S + S (no information on language and number of weekly contact hours available)</li> </ul>						
	Method of assessment	This module has the following 4 assessment components. Unless stated otherwise, students must pass all of these assessment components to pass the module as a whole. <p><b>Assessment in module component 05-SP-IUM-1-092:</b> Volleyball 1, and <b>in module component 05-SP-IUM-2-092:</b> Leichtathletik 2 (Track and Field 2) :</p> <ul style="list-style-type: none"> <li>1 ECTS credit, pass / fail</li> <li>practical examinations (approx. 5 minutes)</li> <li>Additional prerequisites: admission prerequisite to assessment: regular attendance of seminar (no less than 80% of sessions offered).</li> </ul> <p><b>Assessment in module component 05-SP-IUM-3-092:</b> Gymnastik und Tanz 2 + 3 (Gymnastics and Dance 2 + 3), and <b>in module component 05-SP-IUM-4-092:</b> Bewegungskünste und Trendsport (Acrobatics and Trend Sport) :</p> <ul style="list-style-type: none"> <li>2 ECTS credits, pass / fail</li> <li>practical examinations (approx. 5 minutes)</li> <li>Additional prerequisites: admission prerequisite to assessment: regular attendance of seminars (no less than 80% of sessions offered).</li> </ul>						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
Referred to in LPO I	§ 57 (1) 5. e) aa) Sport Sportspiele § 57 (1) 5. e) bb) Sport Leichtathletik § 57 (1) 5. e) ee) Sport Turnen an Geräten einschließlich Bewegungskünste § 57 (1) 5. e) ff) Sport Gymnastik und Tanz § 83 (1) 5. e) aa) Sport Sportspiele							

05-SP-EMSP-092-m01	<b>Add-on team sports</b>							
	ECTS	2	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	<p>This module comprises 2 module components. Information on courses will be listed separately for each module component.</p> <ul style="list-style-type: none"> <li>05-SP-EMSP-2-092: S (no information on SWS (weekly contact hours) and course language available)</li> <li>05-SP-EMSP-1-092: S (no information on SWS (weekly contact hours) and course language available)</li> </ul>						
	Method of assessment	<p>Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.</p> <p><b>Assessment in module component 05-SP-EMSP-2-092: Volleyball 2</b></p> <ul style="list-style-type: none"> <li>1 ECTS, Method of grading: (not) successfully completed</li> <li>practical examinations (approx. 5 minutes)</li> <li>Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).</li> </ul> <p><b>Assessment in module component 05-SP-EMSP-1-092: Basketball 2</b></p> <ul style="list-style-type: none"> <li>1 ECTS, Method of grading: (not) successfully completed</li> <li>practical examinations (approx. 5 minutes)</li> <li>Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).</li> </ul>						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
Referred to in LPO I	§ 57 (1) 5. e) aa) Sport Sportspiele § 83 (1) 5. e) aa) Sport Sportspiele							
05-SP-FWS-092-m01	<b>Seminar in sports science</b>							
	ECTS	3	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	<p>This module has 3 components; information on courses listed separately for each component.</p> <ul style="list-style-type: none"> <li>05-SP-FWS-1-092: S (no information on language and number of weekly contact hours available)</li> <li>05-SP-FWS-2-092: S (no information on language and number of weekly contact hours available)</li> <li>05-SP-FWS-3-092: S (no information on language and number of weekly contact hours available)</li> </ul>						
	Method of assessment	<p>This module has the following 3 assessment components. To pass the module as a whole students must pass one of the three assessment components.</p> <p><b>Assessment component to module component 05-SP-FWS-1-092: Seminar Bewegungswissenschaft</b></p> <ul style="list-style-type: none"> <li>3 ECTS credits, method of grading: numerical grade</li> <li>presentation (approx. 30 minutes) and handout (1-2 pages)</li> </ul> <p><b>Assessment component to module component 05-SP-FWS-2-092: Seminar Trainingswissenschaft</b></p> <ul style="list-style-type: none"> <li>3 ECTS credits, method of grading: numerical grade</li> <li>presentation (approx. 30 minutes) and handout (1-2 pages)</li> </ul> <p><b>Assessment component to module component 05-SP-FWS-3-092: Seminar Sportpädagogik/Sportdidaktik</b></p> <ul style="list-style-type: none"> <li>3 ECTS credits, method of grading: numerical grade</li> <li>presentation (approx. 30 minutes) and handout (1-2 pages)</li> </ul>						
Referred to in LPO I	§ 57 (1) 5. b) Sport Sportpädagogik/Sportpsychologie § 57 (1) 5. d) Sport Bewegungswissenschaft/Trainingswissenschaft							

Teaching (12 ECTS credits)							
05-SP-GHR-FD1-092-m01	<b>Application, analysis and evaluation of subject-didactic competences 1</b>						
	ECTS	5	Duration	2 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	a) written examination (approx. 60 minutes) and term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar and exercises (minimum 80% of sessions offered).					
Referred to in LPO I	§ 57 (1) 5. f) Sport Didaktik						
05-SP-GHR-SSK-FD-092-m01	<b>Competence in the principles of teaching sports games</b>						
	ECTS	3	Duration	1 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	V + V (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 45 minutes)					
Referred to in LPO I	§ 57 (1) 5. f) Sport Didaktik						
05-SP-BLL-FD-092-m01	<b>Teaching and learning of movement 2: orientated on subject-didactic aspects of sports</b>						
	ECTS	2	Duration	1 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
Referred to in LPO I	§ 57 (1) 5. f) Sport Didaktik						
05-SP-KOMP-092-m01	<b>Compensatory patterns of movement</b>						
	ECTS	2	Duration	1 semester	Method of grading	numerical grade	Modul level   undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).					
Referred to in LPO I	§ 57 (1) 5. f) bb) Sport Didaktik Kompensatorische Bewegungsformen § 57 (1) 5. f) bb) Sport Didaktik Kompensatorische Bewegungsformen (§57/1/5/f/bb),						
<b>Freier Bereich (general as well as subject-specific electives)</b>							
Teaching degree students must take modules worth a total of 15 ECTS credits in the area Freier Bereich (general as well as subject-specific electives) (Section 9 LASPO (general academic and examination regulations for teaching-degree programmes)). To achieve the required number of ECTS credits, students may take any modules from the areas below.							
Freier Bereich -- interdisciplinary: The interdisciplinary additional offer for a teaching degree can be found in the respective Annex "Ergänzende Bestimmungen für den "Freien Bereich" im Rahmen des Studiums für ein Lehramt".							
<b>Physical Education</b>							
(Freier Bereich (general as well as subject-specific electives) -- subject specific)							
05-SP-SKI-092-m01	<b>Theoretical Aspects of Winter Sports</b>						
	ECTS	1	Duration	1 semester	Method of grading	(not) successfully completed	Modul level   undergraduate
	Courses	V (no information on SWS (weekly contact hours) and course language available)					
Method of assessment	written examination (approx. 30 minutes)						

05-SP-EW-092-m01	<b>Relaxation and Wellness</b>							
	ECTS	2	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	presentation (approx. 20 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
05-SP-NHM-092-m01	<b>Methods in Natural Medicine</b>							
	ECTS	2	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	presentation (approx. 20 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
<b>Thesis (10 ECTS credits)</b>								
Preparation of a written Hausarbeit (thesis) in accordance with the provisions of Section 29 LPO I (examination regulations for teaching-degree programmes) is a prerequisite for teaching degree students to be admitted to the Erste Staatsprüfung (First State Examination). In accordance with the provisions of Section 29 LPO I, students studying for a teaching degree Mittelschule may write this thesis in the subject Didaktik einer Fächergruppe der Mittelschule (Didactics of a Group of Subjects of Mittelschule), in the subject they selected as Unterrichtsfach (subject studied with a focus on the scientific discipline) or in the subject Erziehungswissenschaften (Educational Science). Pursuant to Section 29 Subsection 1 Sentence 2 LPO I, students may also choose to write an interdisciplinary thesis.								
05-SP-HS-UF-HA-092-m01	<b>Thesis in the science of sport</b>							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	no courses assigned						
	Method of assessment	written thesis (40 to 60 pages) Language of assessment: German, exceptions in accordance with Section 29 LPO I (examination regulations for teaching degree programmes)						
	Additional Information	Additional information on module duration: 1 to 2 semesters.						