Annex SFB

Studienfachbeschreibung (subject description, SFB) for the subject
Science of Sport as Unterrichtsfach
with the Degree

Responsible: Faculty of Human Sciences
Responsible: Institute of Sport Science

Examination regulations version: 2013
Examination regulations version: 2013

Abbreviations used:
Course types: E = field trip, K = colloquium, O = conversatorium, P = placement/lab course, R = project, S = seminar, T = tutorial, Ü = exercise, V = lecture
Term: SS = summer semester, WS = winter semester
Methods of grading: NUM = numerical grade, B/NB = (not) successfully completed
Regulations: (L)ASPO = general academic and examination regulations (for teaching-degree programmes), FSB = subject-specific provisions, SFB = list of modules
Other: A = thesis, LV = course(s), PL = assessment(s), TN = participants, VL = prerequisite(s)

Conventions for the modules in this SFB:
Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures:
Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.
Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.
Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.
In accordance with the general regulations governing the degree subject described in this module catalogue:

**LASPO2009**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

**28-Sep-2015 (2015-170)**

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Module title</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECTS</td>
<td>Duration</td>
</tr>
<tr>
<td>Courses</td>
<td>To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y</td>
</tr>
<tr>
<td>Method of assessment</td>
<td></td>
</tr>
<tr>
<td>Only after successful completion of</td>
<td>if applicable</td>
</tr>
<tr>
<td>Other prerequisites</td>
<td>if applicable</td>
</tr>
<tr>
<td>Participants and allocation of places</td>
<td>if applicable</td>
</tr>
<tr>
<td>Additional information</td>
<td>if applicable</td>
</tr>
<tr>
<td>Referred to in LPO I</td>
<td>if applicable (examination regulations for teaching-degree programmes)</td>
</tr>
</tbody>
</table>
### Scientific Discipline (54 ECTS credits)

#### Compulsory Courses (54 ECTS credits)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>ECTS</th>
<th>Duration</th>
<th>Method of grating</th>
<th>Modul level</th>
<th>Other Prerequisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>05-SP-GHR-SPPS-092-m01</td>
<td>Recognizing challenges in the science of sport and understanding educational basics of sports</td>
<td>5</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
<td></td>
</tr>
<tr>
<td>05-SP-GHR-BTGS-092-m01</td>
<td>Comprehension of fundamentals in sports medicine and exercise physiology</td>
<td>5</td>
<td>2 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
<td></td>
</tr>
<tr>
<td>05-SP-GHR-LEE1-092-m01</td>
<td>Development and evaluation of performance 1</td>
<td>4</td>
<td>2 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
<td>Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).</td>
</tr>
<tr>
<td>05-SP-GHR-BLL1-092-m01</td>
<td>Teaching and learning of movement 1</td>
<td>4</td>
<td>2 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
<td>Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).</td>
</tr>
<tr>
<td>05-SP-GHR-SSK1-092-m01</td>
<td>Developing and teaching of skills in sports games 1</td>
<td>3</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
<td>Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).</td>
</tr>
<tr>
<td>05-SP-GHR-LEE2-092-m01</td>
<td>Development and evaluation of performance 2</td>
<td>3</td>
<td>2 semester</td>
<td>(not) successfully completed</td>
<td>undergraduate</td>
<td>§ 57 (1) 5. e) a) Sport Sportspiele</td>
</tr>
</tbody>
</table>

### Other Prerequisites

- Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<table>
<thead>
<tr>
<th>Course ID</th>
<th>Course Title</th>
<th>ECTS</th>
<th>Duration</th>
<th>Method of Grading</th>
<th>Modul Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>05-SP-GHR-SSK2-092-m01</td>
<td>Developing and teaching of skills in sports games 2</td>
<td>5</td>
<td>2 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
</tr>
<tr>
<td>05-SP-GHR-BT-HV-092-m01</td>
<td>Understanding issues of human movement</td>
<td>4</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
</tr>
<tr>
<td>05-SP-GHR-SSK3-092-m01</td>
<td>Developing and teaching of skills in sports games 3</td>
<td>1</td>
<td>1 semester</td>
<td>(not) successfully completed</td>
<td>undergraduate</td>
</tr>
<tr>
<td>05-SP-GHR-GLES-092-m01</td>
<td>Arranging and teaching of gliding movement on ice and snow</td>
<td>5</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
</tr>
<tr>
<td>05-SP-GHR-NAT-092-m01</td>
<td>Ecology of sports: Nature Sports for Leisure</td>
<td>2</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
</tr>
<tr>
<td>05-SP-SBW-092-m01</td>
<td>Swimming - Movement in Water</td>
<td>1</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
</tr>
</tbody>
</table>
### Teaching and learning of movement 2: Gymnastics and Dance

<table>
<thead>
<tr>
<th>Code</th>
<th>ECTS</th>
<th>Duration</th>
<th>Method of grading</th>
<th>Modul level</th>
</tr>
</thead>
<tbody>
<tr>
<td>05-SP-BLL2-092-m01</td>
<td>1</td>
<td>1 semester</td>
<td>(not) successfully completed</td>
<td>undergraduate</td>
</tr>
</tbody>
</table>

**Courses**
- S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**
- practical examinations (approx. 5 minutes)

**other prerequisites**
- Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).

**Referred to in LPO I**
- § 57 (1) 5. e) ff) Sport Gymnastik und Tanz

### Individual and team sports

<table>
<thead>
<tr>
<th>Code</th>
<th>ECTS</th>
<th>Duration</th>
<th>Method of grading</th>
<th>Modul level</th>
</tr>
</thead>
<tbody>
<tr>
<td>05-SP-IUM-092-m01</td>
<td>6</td>
<td>1 semester</td>
<td>(not) successfully completed</td>
<td>undergraduate</td>
</tr>
</tbody>
</table>

**Courses**
- This module has 4 components; information on courses listed separately for each component.
  - 05-SP-IUM-1-092, 05-SP-IUM-2-092, and 05-SP-IUM-3-092: S (no information on language and number of weekly contact hours available)
  - 05-SP-IUM-4-092: S + S (no information on language and number of weekly contact hours available)

**Method of assessment**
- This module has the following 4 assessment components. Unless stated otherwise, students must pass all of these assessment components to pass the module as a whole.

**Assessment in module component 05-SP-IUM-1-092**: Volleyball 1, and **in module component 05-SP-IUM-2-092**: Leichtathletik 2 (Track and Field 2):
- 1 ECTS credit, pass / fail
- practical examinations (approx. 5 minutes)
- Additional prerequisites: admission prerequisite to assessment: regular attendance of seminar (no less than 80% of sessions offered).

**Assessment in module component 05-SP-IUM-3-092**: Gymnastik und Tanz 2 + 3 (Gymnastics and Dance 2 + 3), and **in module component 05-SP-IUM-4-092**: Bewegungskünste und Trendsport (Acrobatics and Trend Sport):
- 2 ECTS credits, pass / fail
- practical examinations (approx. 5 minutes)
- Additional prerequisites: admission prerequisite to assessment: regular attendance of seminars (no less than 80% of sessions offered).

**other prerequisites**
- By way of exception, additional prerequisites are listed in the section on assessments.

**Referred to in LPO I**
- § 57 (1) 5. e) aa) Sport Sportspiele
- § 57 (1) 5. e) bb) Sport Leichtathletik
- § 57 (1) 5. e) ee) Sport Turnen an Geräten einschließlich Bewegungskünste
- § 57 (1) 5. e) ff) Sport Gymnastik und Tanz
- § 83 (1) 5. e) aa) Sport Sportspiele

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LA Mittelschulen Science of Sport (2013)
### Add-on team sports

<table>
<thead>
<tr>
<th>ECTS</th>
<th>Duration</th>
<th>Method of grading</th>
<th>Modul level</th>
<th>undergraduate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>1 semester</td>
<td>(not) successfully completed</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Courses**
- 05-SP-EMSP-2-092: S (no information on SWS (weekly contact hours) and course language available)
- 05-SP-EMSP-1-092: S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**
- Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.

#### Assessment in module component 05-SP-EMSP-2-092: Volleyball 2
- 1 ECTS, Method of grading: (not) successfully completed
- practical examinations (approx. 5 minutes)
- Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).

#### Assessment in module component 05-SP-EMSP-1-092: Basketball 2
- 1 ECTS, Method of grading: (not) successfully completed
- practical examinations (approx. 5 minutes)
- Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).

**other prerequisites**
By way of exception, additional prerequisites are listed in the section on assessments.

**Referred to in LPO I**
- § 57 (1) 5. e) aa) Sport Sportspiele
- § 83 (1) 5. e) aa) Sport Sportspiele

### Seminar in sports science

<table>
<thead>
<tr>
<th>ECTS</th>
<th>Duration</th>
<th>Method of grading</th>
<th>Modul level</th>
<th>undergraduate</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>1 semester</td>
<td>numerical grade</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Courses**
- 05-SP-FWS-1-092: S (no information on language and number of weekly contact hours available)
- 05-SP-FWS-2-092: S (no information on language and number of weekly contact hours available)
- 05-SP-FWS-3-092: S (no information on language and number of weekly contact hours available)

**Method of assessment**
- This module has the following 3 assessment components. To pass the module as a whole students must pass one of the three assessment components.

#### Assessment component to module component 05-SP-FWS-1-092: Seminar Bewegungswissenschaft
- 3 ECTS credits, method of grading: numerical grade
- presentation (approx. 30 minutes) and handout (1-2 pages)

#### Assessment component to module component 05-SP-FWS-2-092: Seminar Trainingswissenschaft
- 3 ECTS credits, method of grading: numerical grade
- presentation (approx. 30 minutes) and handout (1-2 pages)

#### Assessment component to module component 05-SP-FWS-3-092: Seminar Sportpädagogik/Sportdidaktik
- 3 ECTS credits, method of grading: numerical grade
- presentation (approx. 30 minutes) and handout (1-2 pages)

**Referred to in LPO I**
- § 57 (1) 5. b) Sport Sportpädagogik/Sportpsychologie
- § 57 (1) 5. d) Sport Bewegungswissenschaft/Trainingswissenschaft

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**Other Prerequisites**
By way of exception, additional prerequisites are listed in the section on assessments.

**Referred to in LPO I**
- § 57 (1) 5. e) aa) Sport Sportspiele
- § 83 (1) 5. e) aa) Sport Sportspiele

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**Note:** The table above provides a detailed overview of the add-on team sports and seminar in sports science courses, including ECTS, duration, grading methods, and assessment components. It also includes references to the legal regulations and specific assessment details for each component.
## Teaching (12 ECTS credits)

### Application, analysis and evaluation of subject-didactic competences 1
- **ECTS:** 5
- **Duration:** 2 semester
- **Method of grading:** numerical grade
- **Modul level:** undergraduate
- **Courses:** S (no information on SWS (weekly contact hours) and course language available)
- **Method of assessment:** a) written examination (approx. 60 minutes) and term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)
- **other prerequisites:** Admission prerequisite to assessment: regular attendance of seminar and exercises (minimum 80% of sessions offered).
- **Referred to in LPO I:** § 57 (1) 5. f) Sport Didaktik

### Competence in the principles of teaching sports games
- **ECTS:** 3
- **Duration:** 1 semester
- **Method of grading:** numerical grade
- **Modul level:** undergraduate
- **Courses:** V + V (no information on SWS (weekly contact hours) and course language available)
- **Method of assessment:** written examination (approx. 45 minutes)
- **Referred to in LPO I:** § 57 (1) 5. f) Sport Didaktik

### Teaching and learning of movement 2: orientated on subject-didactic aspects of sports
- **ECTS:** 2
- **Duration:** 1 semester
- **Method of grading:** numerical grade
- **Modul level:** undergraduate
- **Courses:** S (no information on SWS (weekly contact hours) and course language available)
- **Method of assessment:** term paper (approx. 10 pages) or presentation (approx. 30 minutes)
- **other prerequisites:** Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
- **Referred to in LPO I:** § 57 (1) 5. f) Sport Didaktik

### Compensatory patterns of movement
- **ECTS:** 2
- **Duration:** 1 semester
- **Method of grading:** numerical grade
- **Modul level:** undergraduate
- **Courses:** S (no information on SWS (weekly contact hours) and course language available)
- **Method of assessment:** term paper (approx. 10 pages) or presentation (approx. 30 minutes)
- **other prerequisites:** Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).
- **Referred to in LPO I:** § 57 (1) 5. f) bb) Sport Didaktik Kompensatorische Bewegungsformen

### Freier Bereich (general as well as subject-specific electives) (0-15 ECTS credits)
Teaching degree students must take modules worth a total of 15 ECTS credits in the area Freier Bereich (general as well as subject-specific electives) (Section 9 LASPO (general academic and examination regulations for teaching-degree programmes)). To achieve the required number of ECTS credits, students may take any modules from the areas below.

**Freier Bereich -- interdisciplinary:** The interdisciplinary additional offer for a teaching degree can be found in the respective Annex "Ergänzende Bestimmungen für den "Freien Bereich" im Rahmen des Studiums für ein Lehramt".

### Physical Education
(Freier Bereich (general as well as subject-specific electives) -- subject specific)

### Theoretical Aspects of Winter Sports
- **ECTS:** 1
- **Duration:** 1 semester
- **Method of grading:** (not) successfully completed
- **Modul level:** undergraduate
- **Courses:** V (no information on SWS (weekly contact hours) and course language available)
- **Method of assessment:** written examination (approx. 30 minutes)
<table>
<thead>
<tr>
<th>Code</th>
<th>Module</th>
<th>ECTS</th>
<th>Duration</th>
<th>Method of grading</th>
<th>Modul level</th>
<th>Preceding Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>05-SP-EW-092-m01</td>
<td>Relaxation and Wellness</td>
<td>2</td>
<td>1 semester</td>
<td>(not) successfully completed</td>
<td>undergraduate</td>
<td>Courses: S (no information on SWS (weekly contact hours) and course language available)</td>
</tr>
<tr>
<td></td>
<td>Method of assessment</td>
<td></td>
<td></td>
<td>presentation (approx. 20 minutes)</td>
<td></td>
<td>other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).</td>
</tr>
<tr>
<td>05-SP-NHM-092-m01</td>
<td>Methods in Natural Medicine</td>
<td>2</td>
<td>1 semester</td>
<td>(not) successfully completed</td>
<td>undergraduate</td>
<td>Courses: S (no information on SWS (weekly contact hours) and course language available)</td>
</tr>
<tr>
<td></td>
<td>Method of assessment</td>
<td></td>
<td></td>
<td>presentation (approx. 20 minutes)</td>
<td></td>
<td>other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).</td>
</tr>
<tr>
<td>05-SP-HS-UF-HA-092-m01</td>
<td>Thesis in the science of sport</td>
<td>10</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
<td>Courses: no courses assigned</td>
</tr>
<tr>
<td></td>
<td>Method of assessment</td>
<td></td>
<td></td>
<td>written thesis (±40 to 60 pages)</td>
<td></td>
<td>Language of assessment: German, exceptions in accordance with Section 29 LPO I (examination regulations for teaching degree programmes).</td>
</tr>
<tr>
<td></td>
<td>Additional Information</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Additional information on module duration: 1 to 2 semesters.</td>
</tr>
</tbody>
</table>

**Thesis (10 ECTS credits)**

Preparation of a written Hausarbeit (thesis) in accordance with the provisions of Section 29 LPO I (examination regulations for teaching-degree programmes) is a prerequisite for teaching degree students to be admitted to the Erste Staatsprüfung (First State Examination). In accordance with the provisions of Section 29 LPO I, students studying for a teaching degree Mittelschule may write this thesis in the subject Didaktik einer Fächergruppe der Mittelschule (Didactics of a Group of Subjects of Mittelschule), in the subject they selected as Unterrichtsfach (subject studied with a focus on the scientific discipline) or in the subject Erziehungswissenschaften (Educational Science). Pursuant to Section 29 Subsection 1 Sentence 2 LPO I, students may also choose to write an interdisciplinary thesis.