

Annex SFB

Studienfachbeschreibung (subject description, SFB) for the subject

Science of Sport as vertieft studiertes Fach (studied with a focus on the scientific discipline) with the degree "Erste Staatsprüfung für das Lehramt an Gymnasien"

Responsible: Faculty of Human Sciences

Responsible: Institute of Sport Science

Examination regulations version: 2009

Examination regulations version: 2009

Abbreviations used: Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions for the modules in this SFB: Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures: Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with the general regulations governing the degree subject described in this module catalogue:

LASPO2009

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

30-Jan-2013 (2012-61)

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	Module title						
	ECTS		Duration	(in semesters)	Method of grading		Module level
	Courses		To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y				
	Method of assessment						
	Only after successful completion of		if applicable				
	Other prerequisites		if applicable				
	Participants and allocation of places		if applicable				
	Additional information		if applicable				
	Referred to in LPO I		if applicable (examination regulations for teaching-degree programmes)				

Scientific Discipline (92 ECTS credits)							
Compulsory Courses (83 ECTS credits)							
05-SP-SPPS-092-m01	Recognizing challenges in the science of sport and understanding educational basics of sports						
	ECTS	8	Duration	2 semester	Method of grading	numerical grade	Modul level undergraduate
	Courses	V + V (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 90 minutes)					
05-SP-BTGS-092-m01	Comprehension of fundamentals in sports medicine and exercise physiology						
	ECTS	6	Duration	2 semester	Method of grading	numerical grade	Modul level undergraduate
	Courses	V + V (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 90 minutes)					
05-SP-LEE1-092-m01	Development and evaluation of performance 1						
	ECTS	6	Duration	2 semester	Method of grading	numerical grade	Modul level undergraduate
	Courses	V + S + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).					
05-SP-BLL1-092-m01	Teaching and learning of movement 1						
	ECTS	6	Duration	2 semester	Method of grading	numerical grade	Modul level undergraduate
	Courses	V + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 90 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
05-SP-SSK1-092-m01	Developing and teaching of skills in sports games 1						
	ECTS	4	Duration	2 semester	Method of grading	numerical grade	Modul level undergraduate
	Courses	S + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 45 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
Referred to in LPO I	§ 83 (1) 5. e) aa) Sport Sportspiele						
05-SP-SSK2-092-m01	Developing and teaching of skills in sports games 2						
	ECTS	8	Duration	2 semester	Method of grading	numerical grade	Modul level undergraduate
	Courses	S + S + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment	written examination (approx. 45 minutes)					
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).					
Referred to in LPO I	§ 83 (1) 5. e) aa) Sport Sportspiele						

05-SP-BT-HV-092-m01	Understanding issues of human movement							
	ECTS	3	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S + S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	term paper (approx. 10 pages) or presentation (approx. 30 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
Referred to in LPO I	§ 83 (1) 5. e) hh) Sport Trend- und Freizeitsportarten							
05-SP-GLES-092-m01	Arranging and teaching of gliding movement on ice and snow							
	ECTS	6	Duration	3 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	V + S + S + S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	written examination (approx. 30 minutes)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
Referred to in LPO I	§ 83 (1) 5. e) gg) Sport Schneesport/Eislauf							
05-SP-MUI1-092-m01	Team and individual sports 1							
	ECTS	6	Duration	2 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	This module has 4 components; information on courses listed separately for each component. <ul style="list-style-type: none"> 05-SP-MUI1-1-092, 05-SP-MUI1-2-092, and 05-SP-IUM-1-092: S (no information on language and number of weekly contact hours available) 05-SP-MUI1-3-092: S + S (no information on language and number of weekly contact hours available) 						
	Method of assessment	This module has the following 4 assessment components. Unless stated otherwise, students must pass all of these assessment components to pass the module as a whole. <p>Assessment in module component 05-SP-MUI1-1-092: Vertiefung Leichtathletik (Advanced Track and Field), and in module component 05-SP-MUI1-3-092: Turnen und Bewegungskünste: Vertiefung (Advanced Gymnastics and Acrobatics) :</p> <ul style="list-style-type: none"> 2 ECTS credits, pass / fail practical examinations (approx. 5 minutes) Additional prerequisites: admission prerequisite to assessment: regular attendance of seminars (no less than 80% of sessions offered). <p>Assessment in module component 05-SP-MUI1-2-092: Gymnastik und Tanz: Grundlagen (Gymnastics and Dance: Basics), and in module component 05-SP-IUM-1-092: Volleyball 1 :</p> <ul style="list-style-type: none"> 1 ECTS credit, pass / fail practical examinations (approx. 5 minutes) Additional prerequisites: admission prerequisite to assessment: regular attendance of seminar (no less than 80% of sessions offered). 						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
Referred to in LPO I	§ 57 (1) 5. e) aa) Sport Sportspiele § 83 (1) 5. e) aa) Sport Sportspiele § 83 (1) 5. e) bb) Sport Leichtathletik § 83 (1) 5. e) ee) Sport Turnen an Geräten einschließlich Bewegungskünste § 83 (1) 5. e) ff) Sport Gymnastik und Tanz							

05-SP-SMED-092-m01	Sports medicine							
	ECTS	6	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	This module comprises 2 module components. Information on courses will be listed separately for each module component. <ul style="list-style-type: none"> • 05-SP-SMED-1-092: V (no information on SWS (weekly contact hours) and course language available) • 05-SP-SMED-2-092: S + S (no information on SWS (weekly contact hours) and course language available) 						
	Method of assessment	Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments. Assessment in module component 05-SP-SMED-1-092: Sports anatomy <ul style="list-style-type: none"> • 2 ECTS, Method of grading: numerical grade • written examination (approx. 45 minutes) Assessment in module component 05-SP-SMED-2-092: Health oriented fitness <ul style="list-style-type: none"> • 4 ECTS, Method of grading: (not) successfully completed • presentation (approx. 15 minutes) • Other prerequisites: Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered). 						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
Referred to in LPO I	§ 83 (1) 5. c) Sport Sportbiologie/Sportmedizin § 83 (1) 5. e) dd) Sport Gesundheitsorientierte Fitness							

05-SP-MUI2-092- m01	Team and individual sports 2							
	ECTS	7	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	<p>This module comprises 3 module components. Information on courses will be listed separately for each module component.</p> <ul style="list-style-type: none"> • 05-SP-EMSP-2-092: S (no information on SWS (weekly contact hours) and course language available) • 05-SP-MUI2-1-092: S (no information on SWS (weekly contact hours) and course language available) • 05-SP-MUI2-2-092: S (no information on SWS (weekly contact hours) and course language available) 						
	Method of assessment	<p>Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.</p> <p>Assessment in module component 05-SP-EMSP-2-092: Volleyball 2</p> <ul style="list-style-type: none"> • 1 ECTS, Method of grading: (not) successfully completed • practical examinations (approx. 5 minutes) • Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). <p>Assessment in module component 05-SP-MUI2-1-092: Swimming 1</p> <ul style="list-style-type: none"> • 2 ECTS, Method of grading: (not) successfully completed • practical examinations (approx. 5 minutes) • Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). <p>Assessment in module component 05-SP-MUI2-2-092: Consolidation Gymnastics and Dance 2+3</p> <ul style="list-style-type: none"> • 4 ECTS, Method of grading: (not) successfully completed • practical examinations (approx. 5 minutes) • Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). 						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
Referred to in LPO I	§ 57 (1) 5. e) aa) Sport Sportspiele § 83 (1) 5. e) aa) Sport Sportspiele § 83 (1) 5. e) cc) Sport Schwimmen § 83 (1) 5. e) ff) Sport Gymnastik und Tanz							

05-SP-MUI3-092-m01	Team and individual sports 3							
	ECTS	4	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	<p>This module comprises 2 module components. Information on courses will be listed separately for each module component.</p> <ul style="list-style-type: none"> • 05-SP-MUI3-1-092: S (no information on SWS (weekly contact hours) and course language available) • 05-SP-MUI3-2-092: S (no information on SWS (weekly contact hours) and course language available) 						
	Method of assessment	<p>Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.</p> <p>Assessment in module component 05-SP-MUI3-1-092: Swimming 2 + 3</p> <ul style="list-style-type: none"> • 3 ECTS, Method of grading: (not) successfully completed • practical examinations (approx. 5 minutes) • Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). <p>Assessment in module component 05-SP-MUI3-2-092: Volleyball 3</p> <ul style="list-style-type: none"> • 1 ECTS, Method of grading: (not) successfully completed • practical examinations (approx. 5 minutes) • Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). 						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
Referred to in LPO I	<p>§ 83 (1) 5. e) aa) Sport Sportspiele</p> <p>§ 83 (1) 5. e) cc) Sport Schwimmen</p>							

05-SP-SFWV-092-m01	Advanced Sport Science							
	ECTS	13	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	<p>This module comprises 3 module components. Information on courses will be listed separately for each module component.</p> <ul style="list-style-type: none"> 05-SP-SFWV-1-092: V + S (no information on SWS (weekly contact hours) and course language available) 05-SP-SFWV-2-092: S (no information on SWS (weekly contact hours) and course language available) 05-SP-SFWV-3-092: S (no information on SWS (weekly contact hours) and course language available) 						
	Method of assessment	<p>Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.</p> <p>Assessment in module component 05-SP-SFWV-1-092: Advanced sports pedagogy Advanced sports pedagogy</p> <ul style="list-style-type: none"> 5 ECTS, Method of grading: (not) successfully completed presentation (approx. 45 minutes) and handout (approx. 2 pages) Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). <p>Assessment in module component 05-SP-SFWV-2-092: Advanced kinetics/exercise physiology</p> <ul style="list-style-type: none"> 4 ECTS, Method of grading: numerical grade presentation (approx. 45 minutes) and term paper (approx. 10 pages) Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). <p>Assessment in module component 05-SP-SFWV-3-092: Advanced sportsbiology/sports medicine</p> <ul style="list-style-type: none"> 4 ECTS, Method of grading: numerical grade presentation (approx. 45 minutes) and term paper (approx. 10 pages) Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). 						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
	Referred to in LPO I	§ 83 (1) 5. b) Sport Sportpädagogik § 83 (1) 5. c) Sport Sportbiologie/Sportmedizin § 83 (1) 5. d) Sport Bewegungswissenschaft/Trainingswissenschaft						
Compulsory Electives (9 ECTS credits)								
05-SP-BFLE-092-m01	Creating and developing occupational fields in the science of sport - teaching							
	ECTS	9	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S + S + R (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	presentation (approx. 30 minutes) and project report (approx. 15 pages)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
05-SP-BFBK-092-m01	Creating and developing occupational fields in the science of sport - culture of human movement							
	ECTS	9	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S + S + R (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	presentation (approx. 30 minutes) and project report (approx. 15 pages)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						

05-SP-BFFG-092-m01	Creating and developing occupational fields in the science of sport - fitness & health							
	ECTS	9	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	S + S + R (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	presentation (approx. 30 minutes) and project report (approx. 15 pages)						
	other prerequisites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
Teaching (10 ECTS credits)								
05-SP-SSK1-FD-092-m01	Principles of teaching sports games							
	ECTS	3	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	V (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	written examination (approx. 45 minutes)						
	Referred to in LPO I	§ 83 (1) 5. f) Sport Didaktik						
05-SP-FD-092-m01	Theoretical and practical aspects of teaching sports							
	ECTS	7	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	This module comprises 2 module components. Information on courses will be listed separately for each module component. <ul style="list-style-type: none"> 05-SP-FD-1-092: S (no information on SWS (weekly contact hours) and course language available) 05-SP-FD-2-092: Ü (no information on SWS (weekly contact hours) and course language available) 						
	Method of assessment	Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments. <p>Assessment in module component 05-SP-FD-1-092: Principles of teaching sports</p> <ul style="list-style-type: none"> 4 ECTS, Method of grading: numerical grade term paper (approx. 10 pages) or presentation (approx. 45 minutes) Other prerequisites: Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered). <p>Assessment in module component 05-SP-FD-2-092: Teaching practice</p> <ul style="list-style-type: none"> 3 ECTS, Method of grading: (not) successfully completed designing a class (approx. 30 minutes) with written elaboration (approx. 10 pages) Other prerequisites: Admission prerequisite to assessment: regular attendance of exercises (minimum 80% of sessions offered). 						
	other prerequisites	By way of exception, additional prerequisites are listed in the section on assessments.						
	Referred to in LPO I	§ 83 (1) 5. f) Sport Didaktik						
Freier Bereich (general as well as subject-specific electives)								
Teaching degree students must take modules worth a total of 15 ECTS credits in the area Freier Bereich (general as well as subject-specific electives) (Section 9 LASPO (general academic and examination regulations for teaching-degree programmes)). To achieve the required number of ECTS credits, students may take any modules from the areas below.								

Freier Bereich -- interdisciplinary: The interdisciplinary additional offer for a teaching degree can be found in the respective Annex "Ergänzende Bestimmungen für den "Freien Bereich" im Rahmen des Studiums für ein Lehramt".

Physical Education

(Freier Bereich (general as well as subject-specific electives) -- subject specific)

05-SP-SKI-092-m01	Theoretical Aspects of Winter Sports							
	ECTS	1	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	V (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	written examination (approx. 30 minutes)						
05-SP-EW-092-m01	Relaxation and Wellness							
	ECTS	2	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	presentation (approx. 20 minutes)						
other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).							
05-SP-NHM-092-m01	Methods in Natural Medicine							
	ECTS	2	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses	S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment	presentation (approx. 20 minutes)						
other prerequisites	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).							
Thesis (10 ECTS credits)								
Preparation of a written Hausarbeit (thesis) in accordance with the provisions of Section 29 LPO I (examination regulations for teaching-degree programmes) is a prerequisite for teaching degree students to be admitted to the Erste Staatsprüfung (First State Examination). In accordance with the provisions of Section 29 LPO I, students studying for a teaching degree Gymnasium may write this thesis in one of the subjects they selected as vertieft studiertes Fach (subject studied with a focus on the scientific discipline) or in the subject Erziehungswissenschaften (Educational Science). Pursuant to Section 29 Subsection 1 Sentence 2 LPO I, students may also choose to write an interdisciplinary thesis.								
05-SP-Gy-UF-HA-092-m01	Thesis in the science of sport							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses	no courses assigned						
	Method of assessment	written thesis (40 to 60 pages) Language of assessment: German, exceptions in accordance with Section 29 LPO I (examination regulations for teaching degree programmes)						
Additional Information	Additional information on module duration: 1 to 2 semesters.							