



# **Annex SFB**

## Studienfachbeschreibung (subject description, SFB) for the subject Science of Sport as Unterrichtsfach with the degree "Erste Staatsprüfung für das Lehramt an Realschulen"

 Responsible: Faculty of Human Sciences
 Examination regulations version: 2009

 Responsible: Institute of Sport Science
 Examination regulations version: 2009

 Abbreviations used:
 Course types: E = field trip, K = colloquium, O = conversatorium, P = placement/lab course, R = project, S = seminar, T = tutorial, Ü = exercise, V = lecture

 Term: SS = summer semester, WS = winter semester
 Methods of grading: NUM = numerical grade, B/NB = (not) successfully completed

 Regulations:
 (L)ASPO = general academic and examination regulations (for teaching-degree programmes), FSB = subject-specific provisions, SFB = list of modules

 Other: A = thesis, LV = course(s), PL = assessment(s), TN = participants, VL = prerequisite(s)

 Conventions for the modules in this SFB:
 Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

#### In accordance with the general regulations governing the degree subject described in this module catalogue:

### LASPO2009

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

### 30-Jan-2013 (2012-60)

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	Module title									
	ECTS		Duration	(in semesters)	Method of grading		Module level			
	Courses		To be spe	be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y						
	Method of as	ssessme	ent							
	Only after su completion of		l if applica	ble						
	Other prereq	uisites	if applica	if applicable						
	Participants and allocati- on of places		ocati- if applica	if applicable						
	Additional information		on if applica	if applicable						
	Referred to in	n LPO I	if applica	ble (examination re	gulations for teaching	g-degree programmes)				

Scientific Disciplin	ne (60 ECTS credits)									
Compulsory Course	es (6o ECTS crea	dits)								
05-SP-GHR-	Recognizing c	hallenges	in the	science of sport and	d understanding edu	cational basics of sports				
SPPS-092-m01	ECTS 5	Duratio	n	1 semester	Method of grading	numerical grade	Modul level	undergraduate		
	Courses		V + V	(no information on S	SWS (weekly contact	hours) and course languag	ge available)			
	Method of ass	essment	writte	n examination (appr	rox. 60 minutes)					
05-SP-GHR-	Comprehensio	on of fund	amenta	als in sports medicin	ne and exercise phys	iology				
BTGS-092-m01	ECTS 5	Duratio	n	2 semester	Method of grading	numerical grade	Modul level	undergraduate		
	Courses			·		hours) and course languag	ge available)			
	Method of ass	essment	writte	n examination (appr	rox. 60 minutes)					
05-SP-GHR-	Development a	and evalu	ation o	f performance 1						
LEE1-092-m01	ECTS 4	Duratio		2 semester	Method of grading		Modul level	undergraduate		
	Courses		V + S	(no information on S	SWS (weekly contact	hours) and course languag	ge available)			
	Method of assessment		term paper (approx. 10 pages) or presentation (approx. 30 minutes)							
	other prerequi	sites	Admis	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
05-SP-GHR-	Teaching and	learning o	of move	ement 1						
BLL1-092-m01	ECTS 4 Duratio		,	2 semester	Method of grading	•	Modul level	undergraduate		
	Courses		V + S (no information on SWS (weekly contact hours) and course language available)							
			written examination (approx. 45 minutes)							
	other prerequisites		Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).							
05-SP-GHR-	Developing and teaching of skills in sports games 1									
SSK1-092-m01	ECTS 3	Duratio		1 semester	Method of grading	_	Modul level	undergraduate		
	Courses	-	S (no information on SWS (weekly contact hours) and course language available)							
	Method of ass									
	other prerequi		Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).							
	Referred to in I			1) 5. e) aa) Sport Spo	ortspiele					
05-SP-GHR-		-		ation of performance 2						
LEE2-092-m01	ECTS 3	Duratio		2 semester		(not) successfully comple		undergraduate		
	Courses				•	rs) and course language av	vailable)			
	Method of ass	essment			<u> </u>	(approx. 30 minutes)				
	other prerequi	_	ļ			r attendance of seminar (m	ninimum 80% of ses	sions offered).		
	Referred to in LPO I		§ 57 (	1) 5. e) cc) Sport Sch	wimmen					

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05-SP-GHR-	Developing a	nd teachin	g of skills in sports games 2						
SSK2-092-m01	ECTS 5	Duratio	n	2 semester	Method of grading	numerical grade	Modul level	undergraduate	
	Courses		S + S	(no information or	n SWS (weekly contac	t hours) and course languag	ge available)		
	Method of as	sessment	writte	written examination (approx. 45 minutes)					
	other prerequ	isites	Admi	ssion prerequisite	to assessment: regul	ar attendance of seminars (	minimum 80% of se	essions offered).	
	Referred to in	LPO I	§ 57 (	(1) 5. e) aa) Sport S	Sportspiele				
05-SP-GHR-BT-	Understandir	ig issues o	f huma	an movement					
HV-092-m01	ECTS 4	Duratio		1 semester		numerical grade	Modul level	undergraduate	
	Courses				. ,	t hours) and course languag	ge available)		
	Method of as	sessment			, _ ,	n (approx. 30 minutes)			
	other prerequ	lisites	Admi	ssion prerequisite	to assessment: regul	ar attendance of seminars (	minimum 80% of se	essions offered).	
05-SP-GHR-		nd teachin	g of sk	cills in sports gam					
SSK3-092-m01	ECTS 1	Duratio		1 semester		(not) successfully comple		undergraduate	
	Courses	,	,		. ,	urs) and course language a	vailable)		
	Method of as	sessment	practical examinations (approx. 5 minutes)						
	other prerequ					ar attendance of seminar (m	ninimum 80% of ses	sions offered).	
	Referred to in			§ 57 (1) 5. e) aa) Sport Sportspiele					
05-SP-GHR-		-		of gliding movement on ice and snow					
GLES-092-m01	ECTS 5	Duratio		1 semester		(not) successfully comple		undergraduate	
	Courses		V + S + S (no information on SWS (weekly contact hours) and course language available)						
			written examination (approx. 30 minutes)						
	other prerequ		Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
	Referred to in		§ 57 (1) 5. e) gg) Sport Schneesport/Eislauf						
05-SP-GHR-				rts for Leisure					
NAT-092-m01	ECTS 2	Duratio		1 semester		numerical grade	Modul level	undergraduate	
	Courses		S (no information on SWS (weekly contact hours) and course language available)						
			written examination (approx. 45 minutes)						
	other prerequ		Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).						
	Referred to in				Frend- und Freizeitspo	rtarten			
05-SP-SBW-092-	Swimming - I	- T		er					
m01	ECTS 1	Duratio		1 semester		numerical grade	Modul level	undergraduate	
	Courses				. ,	urs) and course language a	vailable)		
				<u> </u>		n (approx. 30 minutes)			
	other prerequ					ar attendance of seminar (m	ninimum 80% of ses	ssions offered).	
	Referred to in	LPO I	§ 57 (	(1) 5. e) cc) Sport S	chwimmen				

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05-SP-BLL2-092-	Teaching and learning of movement 2: Gymnastics and Dance									
m01	ECTS	1	Duratio	n	1 semester	Method of grading (not) successfully completed	Modul level	undergraduate		
	Course	S		S (no	information on SW	/S (weekly contact hours) and course language availa	able)			
	Method	d of ass	essment	practi	cal examinations (	(approx. 5 minutes)				
	other p	rerequi	sites	Admis	ssion prerequisite	to assessment: regular attendance of seminar (minin	num 80% of ses	sions offered).		
	Referre	d to in	LPO I	§ 57 (	1) 5. e) ff) Sport Gy	mnastik und Tanz				
05-SP-IUM-092-	Individ	ual and	team spo	orts						
m01	ECTS	6	Duratio	n	1 semester	Method of grading (not) successfully completed	Modul level	undergraduate		
	Course	_	acconant	•	05-SP-IUM-1-092 tact hours availal 05-SP-IUM-4-092	oonents; information on courses listed separately for , 05-SP-IUM-2-092, and 05-SP-IUM-3-092: S (no inforr ole) : S + S (no information on language and number of w owing 4 assessment components. Unless stated othe	nation on langu eekly contact he	age and number of weekly con- ours available)		
				Asses tik 2 ( Asses compo	sment in module of Track and Field 2) 1 ECTS credit, pass practical examina Additional prered sessions offered) sment in module of onent o5-SP-IUM-/ 2 ECTS credits, pass practical examina Additional prered of sessions offered	ss / fail ations (approx. 5 minutes) juisites: admission prerequisite to assessment: regul component 05-SP-IUM-3-092: Gymnastik und Tanz 2 4-092: Bewegungskünste und Trendsport (Acrobatics ass / fail ations (approx. 5 minutes) juisites: admission prerequisite to assessment: regu ed).	ar attendance of + 3 (Gymnastics and Trend Spo lar attendance	of seminar (no less than 80% of s and Dance 2 + 3), and <b>in module</b> rt) <b>:</b>		
	other prerequisites Referred to in LPO I			§ 57 ( § 57 ( § 57 ( § 57 ( § 57 (	1) 5. e) aa) Sport S 1) 5. e) bb) Sport L	eichtathletik urnen an Geräten einschließlich Bewegungskünste mnastik und Tanz	essments.			

05-SP-VIMSP-092-	Consolidation	individua	al and to	eam sports					
m01	ECTS 7	Duratio	n	1 semester	Method of grading	(not) successfully comp	leted Modul level	undergraduate	
	Courses		<ul> <li>This module has 5 components; information on courses listed separately for each component.</li> <li>o5-SP-VIMSP-1-092, o5-SP-VIMSP-2-092, o5-SP-VIMSP-3-092, o5-SP-VIMSP-4-092, and o5-SP-VIMSP-5-092: S (no information on language and number of weekly contact hours available)</li> </ul>						
	Method of asse	essment			owing 5 assessment c pass the module as		d otherwise, student	s must pass all of these as-	
			nent o ball 2, VIMSF •	<b>5-SP-VIMSP-2-092</b> , in module compon <b>P-5-092:</b> Freizeitspo 2 ECTS credits (05- practical examinat	2: Vertiefung Volleyba 1ent 05-SP-VIMSP-4-0 ort 2 (Recreational Spo- -SP-VIMSP-3-092, 05- tions (approx. 5 minut	II 2 (Advanced Volleyball 0 <b>92:</b> Freizeitsport 1 (Recre ort 2) <b>:</b> SP-VIMSP-4-092 and 05-5 tes)	2), <b>in module compo</b> eational Sport 1), and SP-VIMSP-5-092: 1 EC	Basketball 2), <b>in module compo- onent 05-SP-VIMSP-3-092:</b> Hand- i <b>n module component 05-SP-</b> CTS credit), pass / fail of seminar (no less than 80% of	
	other prerequis	sites	By wa	By way of exception, additional prerequisites are listed in the section on assessments.					
	Referred to in L	PO I	§ 57 (1) 5. e) aa) Sport Sportspiele § 57 (1) 5. e) hh) Sport Trend- und Freizeitsportarten						
05-SP-EFWS-092-	Extended Semi	inar in sp							
m01	ECTS 4	Duratio	n	1 semester	Method of grading	numerical grade	Modul level	undergraduate	
	Courses		<ul> <li>This module has 3 components; information on courses listed separately for each component.</li> <li>o5-SP-EFWS-1-092: S (no information on language and number of weekly contact hours available)</li> <li>o5-SP-EFWS-2-092: S (no information on language and number of weekly contact hours available)</li> <li>o5-SP-EFWS-3-092: S (no information on language and number of weekly contact hours available)</li> </ul>						
	Method of asse	essment		nodule has the follo sment components		omponents. To pass the i	module as a whole st	tudents must pass one of the three	
			Asses Asses	4 ECTS credits, me presentation (appr sment component i 4 ECTS credits, me presentation (appr sment component i 4 ECTS credits, me	ethod of grading: num rox. 30 minutes) and t to module component ethod of grading: num rox. 30 minutes) and to module component ethod of grading: num	term paper (approx. 10 pa t <b>05-SP-EFWS-2-092:</b> Erw erical grade term paper (approx. 10 pa t <b>05-SP-EFWS-3-092:</b> Erw	ages) veitertes Seminar Trai ages) veitertes Seminar Spo		
	Referred to in L	POI			pädagogik/Sportpsycl gungswissenschaft/Tr				

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Teaching (12 ECTS	credits)								
05-SP-GHR-	Application, a	nalysis ar	nd evaluation of subject-d	lidactic competences	1				
FD1-092-m01	ECTS 5	Duratio	n 2 semester	Method of grading	numerical grade	Modul level	undergraduate		
	Courses		S (no information on SW	/S (weekly contact hou	irs) and course language avail	able)			
	Method of ass	essment	a) written examination (a	approx. 60 minutes) a	nd term paper (approx. 10 pag	ges) or b) presen	tation (approx. 30 mir	nutes)	
	other prerequi	sites	Admission prerequisite	to assessment: regula	r attendance of seminar and e	exercises (minim	um 80% of sessions o	offered).	
	Referred to in I	POI	§ 57 (1) 5. f) Sport Didak	tik					
05-SP-GHR-SSK-	Competence in	the prin	ciples of teaching sports	games					
FD-092-m01	ECTS 3	Duratio	n 1 semester	Method of grading	numerical grade	Modul level	undergraduate		
	Courses		V + V (no information on	SWS (weekly contact	hours) and course language a	vailable)			
	Method of ass	essment	written examination (ap	prox. 45 minutes)					
	Referred to in I	PO I	§ 57 (1) 5. f) Sport Didak	tik					
05-SP-BLL-FD-092-	Teaching and	learning o	of movement 2: orientate	d on subject-didactic a	aspects of sports				
m01	ECTS 2	Duratio	n 1 semester	Method of grading	numerical grade	Modul level	undergraduate		
	Courses		S (no information on SW	/S (weekly contact hou	ırs) and course language avail	able)			
	Method of assessment		term paper (approx. 10 pages) or presentation (approx. 30 minutes)						
	other prerequisites			dmission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).					
	Referred to in L	PO I	§ 57 (1) 5. f) Sport Didak	tik					
05-SP-KOMP-092-	Compensatory	patterns	s of movement						
m01	ECTS 2	Duratio		Method of grading	-	Modul level	undergraduate		
	Courses		S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment		term paper (approx. 10 pages) or presentation (approx. 30 minutes)						
	other prerequi	sites	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).						
	Referred to in LPO I		§ 57 (1) 5. f) bb) Sport Didaktik Kompensatorische Bewegungsformen § 57 (1) 5. f) bb) Sport Didaktik Kompensatorische Bewegungsformen (§57/1/5/f/bb),						
Freier Bereich (gen	eral as well as s	subject-sp	pecific electives)						
Teaching degree st	udents must tak	ke module	es worth a total of 15 ECTS	6 credits in the area Fre	eier Bereich (general as well a	s subject-specifi	c electives) (Section 9	LASPO (ge-	
neral academic and areas below.	d examination re	egulation	s for teaching-degree prog	grammes)). To achieve	the required number of ECTS	credits, student	s may take any modul	les from the	
	erdisciplinarv: T	he interd	isciplinary additional offe	er for a teaching degree	e can be found in the respectiv	ve Annex "Ergän:	zende Bestimmungen	für den	
"Freien Bereich" im					· · · · · · · · · · · · · · · · · · ·				
<b>Physical Education</b>									
			pecific electives) subjec	t specific)					
05-SP-SKI-092-	Theoretical As	•		-	1				
m01	ECTS 1	Duratio			(not) successfully completed		undergraduate		
	Courses				irs) and course language avail	able)	-		
	Method of ass	essment	written examination (ap	prox. 30 minutes)					
	of Sport (2009)				JMU Würzburg • generated 26-Aug-2	2024 ● exam reg data	record Lalg/61-1-1H12000	page 7 / 8	

05-SP-EW-092-	Relaxation and Wellness										
m01	ECTS	2	Duratio	n	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate		
	Course	:S		S (no	information on SWS	(weekly contact hou	irs) and course language availa	ible)	•		
	Metho	d of ass	essment	prese	ntation (approx. 20	minutes)					
	other p	rerequi	sites	Admi	ssion prerequisite to	assessment: regula	r attendance of seminar (minin	num 80% of ses	sions offered).		
05-SP-NHM-092-	Metho	ds in Na	tural Med	licine							
m01	ECTS	2	Duratio	n	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate		
	Course	:S		S (no	information on SWS	(weekly contact hou	irs) and course language availa	ible)	•		
	Metho	Method of assessment		prese	presentation (approx. 20 minutes)						
	other p	rerequi	sites	Admi	ssion prerequisite to	assessment: regula	r attendance of seminar (minin	num 80% of ses	sions offered).		
site for teaching d ing for a teaching	egree stu degree R	idents to ealschu	o be admi le may wr	tted to ite this	the Erste Staatsprüt thesis in one of the	fung (First State Exar subjects they select	mination). In accordance with t ed as Unterrichtsfach (subject	he provisions of studied with a f	egree programmes) is a prerequi- Section 29 LPO I, students study- ocus on the scientific discipline) lso choose to write an interdisci-		
05-SP-RS-UF-	Thesis	in the s	cience of	sport	(elementary school)						
HA-092-m01	ECTS	10	Duratio	n	1 semester	Method of grading	numerical grade	Modul level	undergraduate		
	Course	Courses		no co	no courses assigned						
	Metho	d of ass	essment	Langu	written thesis (40 to 60 pages) Language of assessment: German, exceptions in accordance with Section 29 LPO I (examination regulations for teaching de- gree programmes)						
	Additic	Additional Information		Additional information on module duration: 1 to 2 semesters.							