

Annex SFB

Studienfachbeschreibung (subject description, SFB) for the subject Sport Science (Focus on health and Pedagogics in Movement) as a degree subject in a Bacheor's degree programme with 2 majors (75 ECTS credits)

Responsible: Faculty of Human Sciences

Examination regulations version: 2025

Responsible: Institute of Sport Science

Examination regulations version: 2025

Abbreviations used: Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions for the modules in this SFB: Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures: Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with the general regulations governing the degree subject described in this module catalogue:

ASPO2015

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

12-Jun-2025 (2025-70)

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	Module title						
	ECTS		Duration	(in semesters)	Method of grading		Module level
	Courses		To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y				
	Method of assessment						
	Only after successful completion of		if applicable				
	Other prerequisites		if applicable				
	Participants and allocation of places		if applicable				
	Additional information		if applicable				
	Referred to in LPO I		if applicable (examination regulations for teaching-degree programmes)				

Compulsory Courses (75 ECTS credits)								
o6-SP-SPO-WI-252-m01	Sport Science and Portfolio							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-PÄD-252-m01	Sport Pedagogics							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-BT-MA-252-m01	Movement, Technique, Measurement, Analysis							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		S (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-TRAIN-252-m01	Training Science							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-SO-WI-252-m01	Fundamentals of Social Sciences in Sports							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					

o6-SP-LUL-252-mo1	Teaching and Learning							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		S (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-BIO-252-mo1	Biology in Sport							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (1) + S (1)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-DID-252-mo1	Didactics of Sport and Teaching Exercises							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-GES-252-mo1	Sport and Health							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		S (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-BKPSY-252-mo1	Culture of Movement and Psychomotor Education							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					

o6-SP-DIAG-252-m01	Diagnostics, Health, Nutrition							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-TK-252-m01	Concepts of Training							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		S (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-GBK1-252-m01	Contexts of Health and Pedagogics in Movement 1							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		S (2) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-BUF-252-m01	General Sport and Funsport							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		S (1) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-GBK2-252-m01	Contexts of Health and Pedagogics in Movement 2							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		S (2) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					

Thesis (10 ECTS credits)								
Students may also choose to write their Bachelor's theses in their second majors or to write an interdisciplinary thesis.								
o6-SP-TH-1-152-m01	Bachelor Thesis Sport Science with Focus on Health and Pedagogics in Movement							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		No courses assigned to module					
	Method of assessment		Bachelor's thesis (40 to 50 pages)					
	Additional Information		Time to complete: 10 weeks.					
Key Skills Area								
In the two degree subjects, students must achieve a total of 20 ECTS credits in the area of transferable skills. Of these, a total of 5 ECTS credits must be achieved in the two subjects in the area of general transferable skills and a total of 15 ECTS credits (no less than 5 ECTS credits per subject) must be achieved in the two subjects in the area of subject-specific transferable skills.								
General Key Skills								
Students must take modules offered as part of the pool of general transferable skills (ASQ) of JMU.								
Subject-specific Key Skills (5 ECTS credits)								
o6-SP-FSQ1-252-m01	Specific Key Competences 1: Movement, Environment, Culture, Practice							
	ECTS	5	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses		S (2) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					
o6-SP-FSQ2-252-m01	Specific Key Competences 2: Movement, Environment, Culture, Practice							
	ECTS	5	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses		S (2) + S (2)					
	Method of assessment		a) Written Exam (approx. 60 minutes) or b) Presentation (approx. 20 minutes) combined with handout sheet (1-2 pages) or c) Portfolio (approx. 15 pages) creditable for bonus					