Annex SFB

Studienfachbeschreibung (subject description, SFB) for the subject
Sport Science (Focus on health and Pedagogics in Movement) as a degree subject in a Bachelor’s degree programme with 2 majors
with the Degree (85 ECTS credits)

Responsible: Faculty of Human Sciences
Responsible: Institute of Sport Science

Abbreviations used:
- Course types: E = field trip, K = colloquium, O = conversatorium, P = placement/lab course, R = project, S = seminar, T = tutorial, Ü = exercise, V = lecture
- Term: SS = summer semester, WS = winter semester
- Methods of grading: NUM = numerical grade, B/NB = (not) successfully completed
- Regulations: (L)ASPO = general academic and examination regulations (for teaching-degree programmes), FSB = subject-specific provisions, SFB = list of modules
- Other: A = thesis, LV = course(s), PL = assessment(s), TN = participants, VL = prerequisite(s)

Conventions for the modules in this SFB:
- Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures:
- Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.
- Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.
- Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.
In accordance with the general regulations governing the degree subject described in this module catalogue:

**ASPO2009**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

27-Jun-2013 (2013-61)

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Module title</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECTS</td>
<td>Duration (in semesters)</td>
</tr>
<tr>
<td>Courses</td>
<td>To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y</td>
</tr>
<tr>
<td>Method of assessment</td>
<td></td>
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<tr>
<td>Only after successful completion of</td>
<td></td>
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<tr>
<td>if applicable</td>
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<tr>
<td>Other prerequisites</td>
<td></td>
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<tr>
<td>if applicable</td>
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<tr>
<td>Participants and allocation of places</td>
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<tr>
<td>if applicable</td>
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<tr>
<td>Additional information</td>
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<tr>
<td>if applicable</td>
<td></td>
</tr>
<tr>
<td>Referred to in LPO I</td>
<td></td>
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<tr>
<td>if applicable (examination regulations for teaching-degree programmes)</td>
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</tbody>
</table>
### Compulsory Courses (75 ECTS credits)

**Recognizing problems in the Sport Science area and understanding the educational foundations of Sports**

<table>
<thead>
<tr>
<th>ECTS</th>
<th>Duration</th>
<th>Method of grading</th>
<th>Modul level</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>1 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
</tr>
</tbody>
</table>

**Courses**

- 06-SP-SPPG-1-102: V + V (no information on SWS (weekly contact hours) and course language available)
- 06-SP-SPPG-2-102: S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**

Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.

**Assessment in module component 06-SP-SPPG-1-102:** Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the theory
- 5 ECTS, Method of grading: numerical grade
- written examination (approx. 60 minutes)
- Language of assessment: German, English

**Assessment in module component 06-SP-SPPG-2-102:** Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the experience
- 5 ECTS, Method of grading: (not) successfully completed
- term paper (approx. 20 pages)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Other prerequisites**

By way of exception, additional prerequisites are listed in the section on assessments.

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**Understanding the sociological foundations of sports**

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<thead>
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<th>ECTS</th>
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</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>2 semester</td>
<td>numerical grade</td>
<td>undergraduate</td>
</tr>
</tbody>
</table>

**Courses**

- V + S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**

written examination (approx. 30 minutes)
### Understanding biological and scientific principles of sport training

<table>
<thead>
<tr>
<th>ECTS</th>
<th>10</th>
<th>Duration</th>
<th>2 semester</th>
<th>Method of grading</th>
<th>numerical grade</th>
<th>Modul level</th>
<th>undergraduate</th>
</tr>
</thead>
</table>

Courses
- 06-SP-BTGSB-2-102: S (no information on SWS (weekly contact hours) and course language available)
- 06-SP-BTGSB-1-102: V + V (no information on SWS (weekly contact hours) and course language available)

Method of assessment
Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.

#### Assessment in module component 06-SP-BTGSB-2-102: Understanding biological and scientific principles of sport training: Experiments and practical consequence
- 4 ECTS, Method of grading: (not) successfully completed
- term paper (approx. 20 pages)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

#### Assessment in module component 06-SP-BTGSB-1-102: Understanding biological and scientific principles of sport training
- 6 ECTS, Method of grading: numerical grade
- written examination (approx. 90 minutes)

### Developing and evaluating sports performance

<table>
<thead>
<tr>
<th>ECTS</th>
<th>5</th>
<th>Duration</th>
<th>2 semester</th>
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<th>Modul level</th>
<th>undergraduate</th>
</tr>
</thead>
</table>

Courses
V + S (no information on SWS (weekly contact hours) and course language available)

Method of assessment
- a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)

other prerequisites
Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).
### Teaching and learning exercises 1

<table>
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</tr>
</tbody>
</table>

This module comprises 2 module components. Information on courses will be listed separately for each module component.

- 06-SP-BLL1B-1-102: S + V (no information on SWS (weekly contact hours) and course language available)
- 06-SP-BLL1B-2-102: S (no information on SWS (weekly contact hours) and course language available)

<table>
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<tr>
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</thead>
<tbody>
<tr>
<td>06-SP-BLL1B-1-102: S + V (no information on SWS (weekly contact hours) and course language available)</td>
</tr>
<tr>
<td>06-SP-BLL1B-2-102: S (no information on SWS (weekly contact hours) and course language available)</td>
</tr>
</tbody>
</table>

Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.

**Assessment in module component 06-SP-BLL1B-1-102:** Movement and psychomotor performance

- 5 ECTS, Method of grading: numerical grade
- Written examination (approx. 90 minutes)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Assessment in module component 06-SP-BLL1B-2-102:** Experiments and motion consequence

- 5 ECTS, Method of grading: (not) successfully completed
- Term paper (approx. 20 pages)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Other prerequisites:** By way of exception, additional prerequisites are listed in the section on assessments.

### The art of teaching sports health

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</table>

<table>
<thead>
<tr>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>V + S + S (no information on SWS (weekly contact hours) and course language available)</td>
</tr>
</tbody>
</table>

Method of assessment:

- Written examination (approx. 45 minutes)

**Other prerequisites:** Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).
### Promoting fitness and health 1

<table>
<thead>
<tr>
<th>ECTS</th>
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<tr>
<td>10</td>
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<td>undergraduate</td>
</tr>
</tbody>
</table>

**Courses**
- This module comprises 2 module components. Information on courses will be listed separately for each module component.
  - **06-SP-FGF1B-1-102**: S + S (no information on SWS (weekly contact hours) and course language available)
  - **06-SP-FGF1B-2-102**: S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**
- Assessment in this module comprises the assessments in the individual module components as specified below. Unless otherwise stated, successful completion of the module will require successful completion of all individual assessments.

**Assessment in module component 06-SP-FGF1B-1-102**: Exercise und exercise training
- 5 ECTS, Method of grading: (not) successfully completed
  - a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)
  - Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Assessment in module component 06-SP-FGF1B-2-102**: Seminar with project training "Service Learning"
- 5 ECTS, Method of grading: numerical grade
  - Term paper (approx. 20 pages)
  - Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Other prerequisites**
- By way of exception, additional prerequisites are listed in the section on assessments.

### Teaching and learning exercises 2

<table>
<thead>
<tr>
<th>ECTS</th>
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</thead>
<tbody>
<tr>
<td>10</td>
<td>2 semester</td>
<td>numerical grade</td>
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</tr>
</tbody>
</table>

**Courses**
- This module comprises 2 module components. Information on courses will be listed separately for each module component.
  - **06-SP-BLL2B-2-102**: S (no information on SWS (weekly contact hours) and course language available)
  - **06-SP-BLL2B-1-102**: S + S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**
- Assessment in this module comprises the assessments in the individual module components as specified below. Unless otherwise stated, successful completion of the module will require successful completion of all individual assessments.

**Assessment in module component 06-SP-BLL2B-2-102**: Teaching and learning exercises 2
- 5 ECTS, Method of grading: numerical grade
  - Term paper (approx. 20 pages)
  - Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Assessment in module component 06-SP-BLL2B-1-102**: Teaching and learning: understanding the theory and the experience
- 5 ECTS, Method of grading: (not) successfully completed
  - a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)
  - Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Other prerequisites**
- By way of exception, additional prerequisites are listed in the section on assessments.
### 06-SP-KBFB-102-m01

**Understanding and teaching compensatory movement patterns and groupfitness offers for bachelors**

<table>
<thead>
<tr>
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<td>10</td>
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</tr>
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</table>

**Courses**
- 06-SP-KBFB-1-102: S + S + S (no information on SWS (weekly contact hours) and course language available)
- 06-SP-KBFB-2-102: S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**

Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.

**Assessment in module component 06-SP-KBFB-1-102:** Understanding and teaching compensatory movement pattern and groupfitness offers for bachelors
- 5 ECTS, Method of grading: (not) successfully completed
- a) term paper (approx. 15 pages) or b) presentation (approx. 30 minutes)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Assessment in module component 06-SP-KBFB-2-102:** Seminar with project "Service Learning"
- 5 ECTS, Method of grading: numerical grade
- term paper (approx. 20 pages)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**other prerequisites**
By way of exception, additional prerequisites are listed in the section on assessments.

### Thesis (10 ECTS credits)

**06-SP-TH-102-m01**

**Bachelor thesis Sport Science with focus on health and pedagogy in movement**

<table>
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</tbody>
</table>

**Courses**
- no courses assigned

**Method of assessment**
- written thesis (approx. 40 to 50 pages)

**Additional Information**
Additional information on module duration: 8 weeks.

### Subject-specific Key Skills (5-10 ECTS credits)

**06-SP-FGF2B1-102-m01**

**Developing fitness and fitness sports**

<table>
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<tbody>
<tr>
<td>5</td>
<td>1 semester</td>
<td>(not) successfully completed</td>
<td>undergraduate</td>
</tr>
</tbody>
</table>

**Courses**
- S + S + S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**
- a) term paper (approx. 15 pages) or b) presentation (approx. 30 minutes)

**other prerequisites**
- Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**06-SP-FGF2B2-102-m01**

**Seminar with fitness project "Service learning"**

<table>
<thead>
<tr>
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</table>

**Courses**
- S (no information on SWS (weekly contact hours) and course language available)

**Method of assessment**
- term paper (approx. 20 pages)

**other prerequisites**
- Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).