

## Annex SFB

### Studienfachbeschreibung (subject description, SFB) for the subject Sport Science (Focus on health and Pedagogics in Movement) as a degree subject in a Bachelor's degree programme with 2 majors (85 ECTS credits)

Responsible: Faculty of Human Sciences

Examination regulations version: 2013

Responsible: Institute of Sport Science

Examination regulations version: 2013

Abbreviations used: Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions for the modules in this SFB: Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures: Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with the general regulations governing the degree subject described in this module catalogue:

**ASPO2009**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

**27-Jun-2013 (2013-61)**

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	Module title						
	ECTS		Duration	(in semesters)	Method of grading		Module level
	Courses		To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y				
	Method of assessment						
	Only after successful completion of		if applicable				
	Other prerequisites		if applicable				
	Participants and allocation of places		if applicable				
	Additional information		if applicable				
	Referred to in LPO I		if applicable (examination regulations for teaching-degree programmes)				

Compulsory Courses (75 ECTS credits)								
o6-SP-SPPG-102-m01	Recognizing problems in the Sport Science area and understanding the educational foundations of Sports							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		This module comprises 2 module components. Information on courses will be listed separately for each module component <ul style="list-style-type: none"><li>o6-SP-SPPG-1-102: V + V (no information on SWS (weekly contact hours) and course language available)</li><li>o6-SP-SPPG-2-102: S (no information on SWS (weekly contact hours) and course language available)</li></ul>					
	Method of assessment		Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.  <b>Assessment in module component o6-SP-SPPG-1-102:</b> Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the theory Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the theory <ul style="list-style-type: none"><li>5 ECTS, Method of grading: numerical grade</li><li>written examination (approx. 60 minutes)</li><li>Language of assessment: German, English</li></ul> <b>Assessment in module component o6-SP-SPPG-2-102:</b> Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the experience <ul style="list-style-type: none"><li>5 ECTS, Method of grading: (not) successfully completed</li><li>term paper (approx. 20 pages)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul>					
	other prerequisites		By way of exception, additional prerequisites are listed in the section on assessments.					
o6-SP-SWG-102-m01	Understanding the sociological foundations of sports							
	ECTS	5	Duration	2 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment		written examination (approx. 30 minutes)					

o6-SP-BTGSB-102-m01	Understanding biological and scientific principles of sport training							
	ECTS	10	Duration	2 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		This module comprises 2 module components. Information on courses will be listed separately for each module component. <ul style="list-style-type: none"><li>o6-SP-BTGSB-2-102: S (no information on SWS (weekly contact hours) and course language available)</li><li>o6-SP-BTGSB-1-102: V + V (no information on SWS (weekly contact hours) and course language available)</li></ul>					
	Method of assessment		Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.  <b>Assessment in module component o6-SP-BTGSB-2-102:</b> Understanding biological and scientific principles of sport training: Experiments and practical consequence <ul style="list-style-type: none"><li>4 ECTS, Method of grading: (not) successfully completed</li><li>term paper (approx. 20 pages)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul> <b>Assessment in module component o6-SP-BTGSB-1-102:</b> Understanding biological and scientific principles of sport training Understanding biological and scientific principles of sport training <ul style="list-style-type: none"><li>6 ECTS, Method of grading: numerical grade</li><li>written examination (approx. 90 minutes)</li></ul>					
	other prerequisites		By way of exception, additional prerequisites are listed in the section on assessments.					
o6-SP-LEE1B-102-m01	Developing and evaluating sports performance							
	ECTS	5	Duration	2 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment		a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)					
	other prerequisites		Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).					

o6-SP-BLL1B-102-m01	Teaching and learning exercises 1							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		This module comprises 2 module components. Information on courses will be listed separately for each module component. <ul style="list-style-type: none"><li>o6-SP-BLL1B-1-102: S + V (no information on SWS (weekly contact hours) and course language available)</li><li>o6-SP-BLL1B-2-102: S (no information on SWS (weekly contact hours) and course language available)</li></ul>					
	Method of assessment		Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.  <b>Assessment in module component o6-SP-BLL1B-1-102:</b> Movement and psychomotor performance Movement and psychomotor performance <ul style="list-style-type: none"><li>5 ECTS, Method of grading: numerical grade</li><li>written examination (approx. 90 minutes)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul> <b>Assessment in module component o6-SP-BLL1B-2-102:</b> Experiments and motion consequence <ul style="list-style-type: none"><li>5 ECTS, Method of grading: (not) successfully completed</li><li>term paper (approx. 20 pages)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul>					
	other prerequisites		By way of exception, additional prerequisites are listed in the section on assessments.					
o6-SP-DG-102-m01	The art of teaching sports health							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		V + S + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment		written examination (approx. 45 minutes)					
	other prerequisites		Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).					

o6-SP-FGF1B-102-m01	<b>Promoting fitness and health 1</b>							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		This module comprises 2 module components. Information on courses will be listed separately for each module component. <ul style="list-style-type: none"><li>o6-SP-FGF1B-1-102: S + S (no information on SWS (weekly contact hours) and course language available)</li><li>o6-SP-FGF1B-2-102: S (no information on SWS (weekly contact hours) and course language available)</li></ul>					
	Method of assessment		Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.  <b>Assessment in module component o6-SP-FGF1B-1-102:</b> Exercise und exercise training Exercise und exercise training <ul style="list-style-type: none"><li>5 ECTS, Method of grading: (not) successfully completed</li><li>a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul> <b>Assessment in module component o6-SP-FGF1B-2-102:</b> Seminar with project training "Service Learning" <ul style="list-style-type: none"><li>5 ECTS, Method of grading: numerical grade</li><li>term paper (approx. 20 pages)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul>					
	other prerequisites		By way of exception, additional prerequisites are listed in the section on assessments.					
o6-SP-BLL2B-102-m01	<b>Teaching and learning exercises 2</b>							
	ECTS	10	Duration	2 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		This module comprises 2 module components. Information on courses will be listed separately for each module component. <ul style="list-style-type: none"><li>o6-SP-BLL2B-2-102: S (no information on SWS (weekly contact hours) and course language available)</li><li>o6-SP-BLL2B-1-102: S + S (no information on SWS (weekly contact hours) and course language available)</li></ul>					
	Method of assessment		Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.  <b>Assessment in module component o6-SP-BLL2B-2-102:</b> Teaching and learning exercises 2 <ul style="list-style-type: none"><li>5 ECTS, Method of grading: numerical grade</li><li>term paper (approx. 20 pages)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul> <b>Assessment in module component o6-SP-BLL2B-1-102:</b> Teaching and learning: understanding the theory and the experience Teaching and learning: understanding the theory and the experience <ul style="list-style-type: none"><li>5 ECTS, Method of grading: (not) successfully completed</li><li>a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul>					
	other prerequisites		By way of exception, additional prerequisites are listed in the section on assessments.					

o6-SP-KBFB-102-m01	Understanding and teaching compensatory movement patterns and groupfitness offers for bachelors							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		This module comprises 2 module components. Information on courses will be listed separately for each module component. <ul style="list-style-type: none"><li>o6-SP-KBFB-1-102: S + S + S (no information on SWS (weekly contact hours) and course language available)</li><li>o6-SP-KBFB-2-102: S (no information on SWS (weekly contact hours) and course language available)</li></ul>					
	Method of assessment		Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.  <b>Assessment in module component o6-SP-KBFB-1-102:</b> Understanding and teaching compensatory movement pattern and groupfitness offers for bachelors Understanding and teaching compensatory movement pattern and groupfitness offers for bachelors Understanding and teaching compensatory movement pattern and groupfitness offers for bachelors <ul style="list-style-type: none"><li>5 ECTS, Method of grading: (not) successfully completed</li><li>a) term paper (approx. 15 pages) or b) presentation (approx. 30 minutes)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul> <b>Assessment in module component o6-SP-KBFB-2-102:</b> Seminar with project "Service Learning" <ul style="list-style-type: none"><li>5 ECTS, Method of grading: numerical grade</li><li>term paper (approx. 20 pages)</li><li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li></ul>					
	other prerequisites		By way of exception, additional prerequisites are listed in the section on assessments.					
Thesis (10 ECTS credits)								
o6-SP-TH-102-m01	Bachelor thesis Sport Science with focus on health and pedagogy in movement							
	ECTS	10	Duration	1 semester	Method of grading	numerical grade	Modul level	undergraduate
	Courses		no courses assigned					
	Method of assessment		written thesis (approx. 40 to 50 pages)					
	Additional Information		Additional information on module duration: 8 weeks.					
Subject-specific Key Skills								
o6-SP-FGF2B1-102-m01	Developing fitness and fitness sports							
	ECTS	5	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses		S + S + S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment		a) term paper (approx. 15 pages) or b) presentation (approx. 30 minutes)					
	other prerequisites		Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).					
o6-SP-FGF2B2-102-m01	Seminar with fitness project "Service learning"							
	ECTS	10	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	undergraduate
	Courses		S (no information on SWS (weekly contact hours) and course language available)					
	Method of assessment		term paper (approx. 20 pages)					
	other prerequisites		Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).					