

## **Annex SFB**

## Studienfachbeschreibung (subject description, SFB) for the subject Sport Science (Focus on health and Pedagogics in Movement) as a degree subject in a Bacheor's degree programme with 2 majors (85 ECTS credits)

Responsible: Faculty of Human Sciences Examination regulations version: 2010 Responsible: Institute of Sport Science Examination regulations version: 2010

Abbreviations used: Course types:  $\mathbf{E} = \text{field trip}$ ,  $\mathbf{K} = \text{colloquium}$ ,  $\mathbf{O} = \text{conversatorium}$ ,  $\mathbf{P} = \text{placement/lab course}$ ,  $\mathbf{R} = \text{project}$ ,  $\mathbf{S} = \text{seminar}$ ,  $\mathbf{T} = \text{tutorial}$ ,  $\ddot{\mathbf{U}} = \text{exercise}$ ,  $\mathbf{V} = \mathbf{V} = \mathbf{V}$ 

= lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: NUM = numerical grade, B/NB = (not) successfully completed

Regulations: (L)ASPO = general academic and examination regulations (for teaching-degree programmes), FSB = subject-specific provisions, SFB

= list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions for the modules in this SFB: ditable for bonus.

Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not cre-

Information on Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the meassessment procedures: thod of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with the general regulations governing the degree subject described in this module catalogue:

## ASP02009

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

## 16-Jan-2013 (2013-8)

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	Module title										
	ECTS Durati		Duration	(in semesters)	Method of grading		Module level				
	Courses		To be sp	To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y							
	Method of as	sessm	ent								
	Only after su completion o		ıl if applic	able							
	Other prereq	uisites	if applic	if applicable							
	Participants on of places		ocati- if applic	able							
	Additional in	formati	ion if applic	able							
	Referred to in	า LPO I	if applic	able (examination re	gulations for teachin	g-degree programmes)					

Compulsory Course	es (75 EC	CTS cred	its)											
06-SP-BTGSB-102-	Unders	Understanding biological and scientific principles of sport training												
mo1	ECTS 10 Duration			n	2 semester	Method of grading	numerical grade	Modul level	undergraduate					
	Courses			This module comprises 2 module components. Information on courses will be listed separately for each module component.  o 6-SP-BTGSB-2-102: S (no information on SWS (weekly contact hours) and course language available)  o 6-SP-BTGSB-1-102: V + V (no information on SWS (weekly contact hours) and course language available)										
	Metho	d of asso	essment		Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.									
				Assessment in module component o6-SP-BTGSB-2-102: Understanding biological and scientific principles of sport training:  Experiments and practical consequence  4 ECTS, Method of grading: (not) successfully completed  term paper (approx. 20 pages)  Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).  Assessment in module component o6-SP-BTGSB-1-102: Understanding biological and scientific principles of sport training Understanding biological and scientific principles of sport training  6 ECTS, Method of grading: numerical grade  written examination (approx. 90 minutes)										
	other prerequisites			By way of exception, additional prerequisites are listed in the section on assessments.										
06-SP-SWG-102-	Unders	tanding	the soci	ological foundations of sports										
mo1	ECTS 5 Duratio			n	2 semester	Method of grading	numerical grade	Modul level	undergraduate					
	Courses			V + S (no information on SWS (weekly contact hours) and course language available)										
	Method of assessment			writte	written examination (approx. 30 minutes)									

06-SP-SPPG-102-	Recogn	nizing p	roblems i	n the Sport Science area and understanding the educational foundations of Sports						
mo1	ECTS	ECTS 10 Duration		n	1 semester	Method of grading	numerical grade	Modul level	undergraduate	
	Courses			This module comprises 2 module components. Information on courses will be listed separately for each module component.  • o6-SP-SPPG-1-102: V + V (no information on SWS (weekly contact hours) and course language available)  • o6-SP-SPPG-2-102: S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment			stated	otherwise, success	sful completion of the	essments in the individual mode e module will require successfu	ul completion of	all individual assessments.	
				Assessment in module component o6-SP-SPPG-1-102: Recognizing problems in the Sports Science area and understanding the educational fundations of Sports: Understanding the theory Recognizing problems in the Sports Science area and understanding the educational fundations of Sports: Understanding the theory  • 5 ECTS, Method of grading: numerical grade  • written examination (approx. 60 minutes)  • Language of assessment: German, English  Assessment in module component o6-SP-SPPG-2-102: Recognizing problems in the Sports Science area and understanding the educational fundations of Sports: Understanding the experience  • 5 ECTS, Method of grading: (not) successfully completed  • term paper (approx. 20 pages)  • Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).						
	other prerequisites  Developing and evaluat			By way of exception, additional prerequisites are listed in the section on assessments.						
06-SP-LEE1B-102-				ing sports performance						
mo1	ECTS 5 Duratio		Duration	n	2 semester	Method of grading	numerical grade	Modul level	undergraduate	
	Courses			V + S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment			a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)						
	other prerequisites		Admis	Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).						

06-SP-BLL1B-102-	Teachi	ng and l	earning e	xercis	es 1					
mo1	ECTS 10 Duration			ı	1 semester	Method of grading	numerical grade	Modul level	undergraduate	
	Courses			This module comprises 2 module components. Information on courses will be listed separately for each module component.  o6-SP-BLL1B-1-102: S + V (no information on SWS (weekly contact hours) and course language available)  o6-SP-BLL1B-2-102: S (no information on SWS (weekly contact hours) and course language available)						
	Method of assessment			Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.						
				<b>Assessment in module component o6-SP-BLL1B-1-102:</b> Movement and psychomotor performance Movement and psychomotor performance						
				<ul> <li>5 ECTS, Method of grading: numerical grade</li> <li>written examination (approx. 90 minutes)</li> <li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li> <li>Assessment in module component o6-SP-BLL1B-2-102: Experiments and motion consequence</li> <li>5 ECTS, Method of grading: (not) successfully completed</li> </ul>						
				<ul> <li>term paper (approx. 20 pages)</li> <li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures</li> </ul>						
				excluded).						
	other prerequisites			By way of exception, additional prerequisites are listed in the section on assessments.						
06-SP-DG-102-m01	The art of teaching spor			rts health						
	ECTS 5 Duratio		Duration	1	1 semester	Method of grading	numerical grade	Modul level	undergraduate	
	Courses			V + S + S (no information on SWS (weekly contact hours) and course language available)						
	Method	of asse	essment	writte	n examination (ap	prox. 45 minutes)				
	other prerequisites			Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).						

06-SP-FGF1B-102-	Promoting fitness and health 1											
mo1	ECTS	10	Duratio	n 1 semester	Method of grading	numerical grade	Modul level	undergraduate				
	Course	S		This module comprises 2 module components. Information on courses will be listed separately for each module component.  o6-SP-FGF1B-1-102: S + S (no information on SWS (weekly contact hours) and course language available)  o6-SP-FGF1B-2-102: S (no information on SWS (weekly contact hours) and course language available)								
	Method of assessment			Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.								
				<ul> <li>Assessment in module component o6-SP-FGF1B-1-102: Exercise und exercise training Exercise und exercise training</li> <li>5 ECTS, Method of grading: (not) successfully completed</li> <li>a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)</li> <li>Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).</li> </ul>								
				<ul><li>5 ECTS, Method</li><li>term paper (app</li></ul>	of grading: numerical g rox. 20 pages)			e Learning" num 80%) of courses (lectures				
	other p	rerequi	sites	By way of exception, additional prerequisites are listed in the section on assessments.								
06-SP-BLL2B-102-	Teaching and learning exercises 2											
mo1	ECTS 10 Duratio			n 2 semester	Method of grading	numerical grade	Modul level	undergraduate				
	Courses			This module comprises 2 module components. Information on courses will be listed separately for each module component.  • o6-SP-BLL2B-2-102: S (no information on SWS (weekly contact hours) and course language available)  • o6-SP-BLL2B-1-102: S + S (no information on SWS (weekly contact hours) and course language available)								
	Method of assessment							s as specified below. Unless all individual assessments.				
					of grading: numerical g	<b>2B-2-102:</b> Teaching and l rade	earning exercises 2					
				• Other prerequis excluded).	ites: Admission prerequ	-	·	num 80%) of courses (lectures				
				Teaching and learning  • 5 ECTS, Method	understanding the the of grading: (not) success	ory and the experience	-	g the theory and the experience				
				Other prerequis excluded).	ites: Admission prerequ	uisite to assessment: regu	ılar attendance (minir	num 80%) of courses (lectures				
	other p	rerequi	sites	By way of exception, a	dditional prerequisites	are listed in the section o	n assessments.					

06-SP-KBFB-102-	Understanding	and tead	hing compensatory mov	vement patterns and groupfitness offers for back	nelors					
mo1	ECTS 10	Duration	1 semester	Method of grading   numerical grade	Modul level	undergraduate				
	Courses	,	This module comprises 2 module components. Information on courses will be listed separately for each module component.  • o6-SP-KBFB-1-102: S + S + S (no information on SWS (weekly contact hours) and course language available)  • o6-SP-KBFB-2-102: S (no information on SWS (weekly contact hours) and course language available)							
	Method of asse	essment	Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.							
			Assessment in module component o6-SP-KBFB-1-102: Understanding and teaching compensatory movement pattern and groupfitness offers for bachelors Understanding and teaching compensatory movement pattern and groupfitness offers for bachelors Understanding and teaching compensatory movement pattern and groupfitness offers for bachelors  • 5 ECTS, Method of grading: (not) successfully completed  • a) term paper (approx. 15 pages) or b) presentation (approx. 30 minutes)  • Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).  Assessment in module component o6-SP-KBFB-2-102: Seminar with project "Service Learning"  • 5 ECTS, Method of grading: numerical grade  • term paper (approx. 20 pages)  • Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).							
	other prerequis	ites	By way of exception, additional prerequisites are listed in the section on assessments.							
Thesis (10 ECTS cro			,,							
•		s Sport S	cience with focus on hea	alth and pedagogy in movement						
	ECTS 10	Duration		Method of grading   numerical grade	Modul level	undergraduate				
	Courses		no courses assigned	•	•					
	Method of asse	essment	written thesis (approx. 40 to 50 pages)							
	Additional Info	rmation	Additional information on module duration: 8 weeks.							
Subject-specific Ke	y Skills									
06-SP-FGF2B1-102-	Developing fitn	ess and	itness sports							
mo1	ECTS 5	Duration	1 semester	Method of grading (not) successfully compl	eted   Modul level	undergraduate				
	Courses		S + S + S (no information on SWS (weekly contact hours) and course language available)							
	Method of asse	essment	a) term paper (approx. 15 pages) or b) presentation (approx. 30 minutes)							
	other prerequis	ites	Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).							
06-SP-	Seminar with f	tness pro	oject "Service learning"							
FGF2B2-102-m01	ECTS 10	Duration	1 semester	Method of grading (not) successfully comple	eted   Modul level	undergraduate				
	Courses		S (no information on SV	VS (weekly contact hours) and course language a		,				
	Method of asse	essment	term paper (approx. 20	pages)		_				
	other prerequis		<u>, , , , , , , , , , , , , , , , , , , </u>	to assessment: regular attendance (minimum 8	o%) of courses (lecti	ures excluded).				
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