Julius-Maximilians-
UNIVERSITÄT
WÜRZBURG

Annex SFB

Studienfachbeschreibung (subject description, SFB) for the subject Exercise Science and Training as a Master's with 1 major

with the degree "Master of Science" (120 ECTS credits)

Responsible: Faculty of Human Sciences — Examination regulations version: 2027
Responsible: Institute of Sport Science — Examination regulations version: 2027

Abbreviations used:

Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions for the modules in this SFB:

Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures:

Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with the general regulations governing the degree subject described in this module catalogue:

ASPO2015

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

??-???-2026 (2026-??)

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	**Module title**							
	ECTS		Duration	(in semesters)	Method of grading		Module level	
	Courses	To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y						
	Method of assessment							
	Only after successful completion of	if applicable						
	Other prerequisites	if applicable						
	Participants and allocation of places	if applicable						
	Additional information	if applicable						
	Referred to in LPO I	if applicable (examination regulations for teaching-degree programmes)						

Compulsory Courses (80 ECTS credits)								
06-EST-TAM-232-m01	**Theories and Models**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		V (2) Module taught in: English					
	Method of assessment		written examination (approx. 60 minutes) Language of assessment: English					
06-EST-ATM-232-m01	**Advanced Training Methods**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		V (2) Module taught in: English					
	Method of assessment		written examination (approx. 60 minutes) Language of assessment: English					
06-EST-INF-272-m01	**Influencing Factors**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-TAD-272-m01	**Advances in Technologies**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					

06-EST-COT-272-m01	**Current Trends**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-INM-272-m01	**Information Management**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-REM-272-m01	**Research Methods**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-DIM-272-m01	**Diagnostic Methods**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
	other prerequisites		Regular and active participation (80%) in the practical courses is required.					

06-EST-MOT-272-m01	**Monitoring Technology**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-RPS-272-m01	**Research Project Skills**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-ANI-272-m01	**Data Analysis and Interpretation**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-SCC-272-m01	**Science Communication**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					

06-EST-SAI-272-m01	**Interaction of Science and Application**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-SCL-272-m01	**Scientific Debate**							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
06-EST-INT-232-m01	**Internship**							
	ECTS	10	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	graduate
	Courses		P (2) Module taught in: English					
	Method of assessment		report on work placement (approx. 8 pages) Language of assessment: English					
	Additional Information		Duration of practical course: 8 weeks. Prior to the placement, approval must be obtained from the placement supervisor.					
Compulsory Electives (10 ECTS credits)								
06-EST-PRH-272-m01	**Intervention & Implementation Project - Health**							
	ECTS	10	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	graduate
	Courses		R (4) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					

06-EST-PRT-272-m01	**Intervention & Implementation Project - Performance**							
	ECTS	10	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	graduate
	Courses		R (4) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15 to 20 pages) or d) written examination (approx. 60 minutes) Language of assessment: English					
Thesis (30 ECTS credits)								
06-EST-MT-232-m01	**Master-Thesis**							
	ECTS	30	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		No courses assigned to module					
	Method of assessment		Master's thesis (approx. 80 pages) Language of assessment: English					
	Additional Information		Time to complete: 6 months. Registration on a continuous basis as agreed upon with supervisor					