

## Annex SFB

### Studienfachbeschreibung (subject description, SFB) for the subject Exercise Science and Training as a Master's with 1 major with the degree "Master of Science" (120 ECTS credits)

Responsible: Faculty of Human Sciences  
Responsible: Institute of Sport Science

Examination regulations version: 2023

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Abbreviations used: Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions for the modules in this SFB: Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Information on assessment procedures: Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should a module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with the general regulations governing the degree subject described in this module catalogue:

**ASPO2015**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

**15-Feb-2023 (2023-21)**

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

Every module will be described using the following form:

Abbreviation	<b>Module title</b>						
	ECTS		Duration	(in semesters)	Method of grading		Module level
	Courses		To be specified in the form X (y) with course type X abbreviated as specified above and number of weekly contact hours y				
	Method of assessment						
	Only after successful completion of		if applicable				
	Other prerequisites		if applicable				
	Participants and allocation of places		if applicable				
	Additional information		if applicable				
	Referred to in LPO I		if applicable (examination regulations for teaching-degree programmes)				

Compulsory Courses (80 ECTS credits)								
o6-EST-TAM-232-m01	Theories and Models							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		VL (2) Module taught in: English					
	Method of assessment		written examination (approx. 60 minutes) Language of assessment: English					
o6-EST-ATM-232-m01	Advanced Training Methods							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		VL (2) Module taught in: English					
	Method of assessment		written examination (approx. 60 minutes) Language of assessment: English					
o6-EST-INF-232-m01	Influencing Factors							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
o6-EST-TAD-232-m01	Advances in Technologies							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
o6-EST-COT-232-m01	Current Trends							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					

o6-EST-INM-232-m01	Information Management							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
o6-EST-REM-232-m01	Research Methods							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
o6-EST-DIM-232-m01	Diagnostic Methods							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
o6-EST-MOT-232-m01	Monitoring Technology							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
o6-EST-RPS-232-m01	Research Project Skills							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		S (2) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					

o6-EST-ANI-232-m01	Data Analysis and Interpretation							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses	S (2) Module taught in: English						
	Method of assessment	Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English						
o6-EST-SCC-232-m01	Science Communication							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses	S (2) Module taught in: English						
	Method of assessment	Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English						
o6-EST-SAI-232-m01	Interaction of Science and Application							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses	S (2) Module taught in: English						
	Method of assessment	Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English						
o6-EST-SCL-232-m01	Scientific Debate							
	ECTS	5	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses	P (2) Module taught in: English						
	Method of assessment	Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English						
o6-EST-INT-232-m01	Internship							
	ECTS	10	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	graduate
	Courses	R (4) Module taught in: English						
	Method of assessment	placement report (approx. 8 pages) Language of assessment: English						
	Additional Information	Duration of practical course: 8 weeks. Prior to the placement, approval must be obtained from the placement supervisor.						

Compulsory Electives (10 ECTS credits)								
06-EST-PRH-232-m01	Intervention & Implementation Project - Health							
	ECTS	10	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	graduate
	Courses		R (4) Module taught in: English					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
06-EST-PRT-232-m01	Intervention & Implementation Project - Performance							
	ECTS	10	Duration	1 semester	Method of grading	(not) successfully completed	Modul level	graduate
	Courses		VL (2)					
	Method of assessment		Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English					
Thesis (30 ECTS credits)								
06-EST-MT-232-m01	Master-Thesis							
	ECTS	30	Duration	1 semester	Method of grading	numerical grade	Modul level	graduate
	Courses		No courses assigned to module Module taught in: English					
	Method of assessment		Master's thesis (approx. 80 pages) Language of assessment: English					
	Additional Information		Time to complete: 6 months. Registration on a continuous basis as agreed upon with supervisor					