Julius-Maximilians-
UNIVERSITÄT
WÜRZBURG

Subdivided Module Catalogue

for the Module studies (Bachelor)

Teaching at the German Mittelschule

Examination regulations version: 2021
Responsible: Faculty of Human Sciences
Responsible: Institute of Pedagogy
Responsible: Chair of School Education

Abbreviations used

Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

Conventions

Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Notes

Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should the module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with

the general regulations governing the degree subject described in this module catalogue:

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

15-May-2019 (2019-36)

27-Jun-2019 (2019-41)

14-Nov-2019 (2019-52)

22-Jan-2020 (2020-13)

06-May-2020 (2020-39)

22-Jul-2020 (2020-57)

17-Dec-2020 (2020-110)

10-Mar-2021 (2021-17)

09-Jun-2021 (2021-58)

22-Dec-2021 (2021-85)

05-Jul-2022 (2022-52)

31-Jan-2023 (2022-86)

15-Jun-2023 (2023-58)

13-Dec-2023 (2023-107)

07-Aug-2024 (2024-82)

22-Jan-2025 (2025-1)

09-Jul-2025 (2025-75)

15-Apr-2026 (2026-48)

23-Jul-2026 (2026-97)

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

The subject is divided into

Abbreviation	Module title		Method of grading	page
Summer Term 2021				
06-SP-D-TBW-152-m01	Basic competence in exercise physiology and movement	5	NUM	5
Winter Term 2021				
06-SP-D-TBW-152-m01	Basic competence in exercise physiology and movement	5	NUM	5
Summer Term 2022				
06-SP-D-TBW-152-m01	Basic competence in exercise physiology and movement	5	NUM	5
Winter Term 2023				
06-SP-D-TBW-152-m01	Basic competence in exercise physiology and movement	5	NUM	5
Winter Term 2024				
06-SP-D-TBW-152-m01	Basic competence in exercise physiology and movement	5	NUM	5

Module title			Abbreviation
Basic competence in exercise physiology and movement			06-SP-D-TBW-152-m01
Module coordinator		**Module offered by**	
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education	
ECTS	**Method of grading**	**Only after succ. compl. of module(s)**	
5	numerical grade	--	
Duration	**Module level**	**Other prerequisites**	
1 semester	undergraduate	Regular attendance of the seminars (minimum 80% of sessions offered).	

Contents

In this module we discuss central principles of movement science and training science and establish connections to sports practice. In this way, the students acquire scientific knowledge about movement and sports. The seminars elaborate on the topics from the lecture and discuss consequences and implementation possibilities whilst taking into account aspects of movement science. We focus on acquiring and extending movement and perception competencies in various settings (open-air areas, gyms) and on examining basic teaching/learning conceptions for movement fields for individuals (running-jumping-throwing) and movement fields for teams (target kicking/target throwing games).

Intended learning outcomes

The students have essential professional skills in sports biology and training sciences and and are able to establish connections to sports practice. By examining and comparing central terms, concepts and methods of different movement fields, training goals and target groups, they have acquired differentiated methodological competencies. Furthermore, the students have basic pedagogical and motor competencies in the field of running-jumping-throwing (athletics) and in big physical education games (soccer and basketball).

Courses (type, number of weekly contact hours, language — if other than German)

V (1) + S (2) + S (2)

Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module can be chosen to earn a bonus)

written examination on contents of lecture (approx. 60 minutes)

Allocation of places

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Additional information

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Workload

150 h

Teaching cycle

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Referred to in LPO I (examination regulations for teaching-degree programmes)

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