

Subdivided Module Catalogue  
for the Subject

# Didactics in Science of Sport (Primary School)

as Didaktikfach  
with the degree "Erste Staatsprüfung für das Lehramt für  
Sonderpädagogik"

Examination regulations version: 2009  
Responsible: Faculty of Human Sciences  
Responsible: Institute of Sport Science

## Abbreviations used

Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

## Conventions

Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

## Notes

Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should the module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

## In accordance with

the general regulations governing the degree subject described in this module catalogue:

**LASPO2009**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

**30-Jan-2013 (2012-58)**

**25-Sep-2014 (2014-56)**

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

## The subject is divided into

Abbreviation	Module title	ECTS credits	Method of grading	page
<b>Compulsory Courses (10 ECTS credits)</b>				
Successful completion of modules worth no less than 10 ECTS credits in each subject selected as Didaktikfach (subject studied with a focus on teaching methodology) (mandatory courses) is a prerequisite for admission to the Erste Staatsprüfung (First State Examination) in the subject Didaktik der Grundschule (Didactics for Grundschule). In addition, modules worth another 5 ECTS credits must be successfully completed in one of the subjects selected as Didaktikfach (mandatory electives).				
05-SP-D-EB-092-m01	Basic competence in the principles of teaching sports: fundamental physical education	5	NUM	4
05-SP-D-SU-092-m01	Competence in the principles of teaching sports: planning, executing and evaluating physical education	5	NUM	6
<b>Compulsory Electives</b>				
05-SP-DG-BSS-092-m01	Movement, sports games and sports at school - opportunities for movement at elementary schools	5	NUM	5
<b>Freier Bereich (general as well as subject-specific electives)</b>				
Teaching degree students must take modules worth a total of 15 ECTS credits in the area Freier Bereich (general as well as subject-specific electives) (Section 9 LASPO (general academic and examination regulations for teaching-degree programmes)). To achieve the required number of ECTS credits, students may take any modules from the areas below. Freier Bereich -- interdisciplinary: The interdisciplinary additional offer for a teaching degree can be found in the respective Annex "Ergänzende Bestimmungen für den "Freien Bereich" im Rahmen des Studiums für ein Lehramt".				
05-SP-SKI-092-m01	Theoretical Aspects of Winter Sports	1	B/NB	10
05-SP-EW-092-m01	Relaxation and Wellness	2	B/NB	7
05-SP-NHM-092-m01	Methods in Natural Medicine	2	B/NB	9

Module title			Abbreviation
Basic competence in the principles of teaching sports: fundamental physical education			05-SP-D-EB-092-m01
Module coordinator		Module offered by	
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education	
ECTS	Method of grading	Only after succ. compl. of module(s)	
5	numerical grade	--	
Duration	Module level	Other prerequisites	
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).	
Contents			
In this module we study central basics of physical education, sports education and sport didactics. We discuss and evaluate basic movement and game forms in the context of education processes. We reflect basic topics of various movement fields in view of movement theories of elementary school didactics.			
Intended learning outcomes			
The students acquire essential professional skills in identifying, classifying, understanding and evaluating human movement, movement education and movement learning. They are able to demonstrate basic topics of various movement fields in practice and to evaluate these essential movement forms in view of relevant theories of subject didactics and movement education.			
Courses (type, number of weekly contact hours, language — if other than German)			
V + S + S + S (no information on SWS (weekly contact hours) and course language available)			
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module can be chosen to earn a bonus)			
written examination (approx. 60 minutes)			
Allocation of places			
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Additional information			
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Workload			
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Teaching cycle			
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Referred to in LPO I (examination regulations for teaching-degree programmes)			
§ 36 (1) 7. Didaktik der Grundschule Sport			
Module appears in			
First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009)			
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)			

Module title		Abbreviation
<b>Movement, sports games and sports at school - opportunities for movement at elementary schools</b>		05-SP-DG-BSS-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).
<b>Contents</b>		
This module includes ecological aspects and historico-cultural backgrounds of movement and sports. We use innovative movement fields and informal learning situations to test self-determined and experience-based learning. The students acquire a first-hand understanding of the backgrounds and topics of recreational sports and trend sports in view of movement science.		
<b>Intended learning outcomes</b>		
The students acquire essential professional skills in identifying, understanding, classifying and evaluating concepts of experience-based pedagogy. They study facets of (youth-)cultural movement practice and evaluate the importance of self-determined movement for their own movement career. Furthermore, the students acquire professional and methodological competencies in monitoring and supporting self-determined movement learning processes of children and juveniles.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S + S + S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module can be chosen to earn a bonus)		
term paper (approx. 20 pages)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 36 (1) 7. Didaktik der Grundschule Sport		
<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)		

Module title			Abbreviation
Competence in the principles of teaching sports: planning, executing and evaluating physical education			05-SP-D-SU-092-m01
Module coordinator		Module offered by	
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education	
ECTS	Method of grading	Only after succ. compl. of module(s)	
5	numerical grade	--	
Duration	Module level	Other prerequisites	
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).	
Contents			
In the seminar "Sport Didactics" we discuss selected aspects of planning classes and of the development of school sports and establish connections to the basic topics of subject didactics. We use examples from various movement fields to transfer this theoretical knowledge to exemplary classes. We plan, conduct and evaluate physical education classes in view of the didactic problem of choosing subjects for physical education.			
Intended learning outcomes			
The students acquire essential professional skills in reviewing, classifying and evaluating the methodical principles of physical education in a conceptual manner. They become acquainted with the effects of subject-didactic concepts on teaching practice and learn to use these concepts in practice to plan physical education classes and conceptualise school sports programmes. At the same time, they learn to be critical of such planning and evaluating guidelines.			
Courses (type, number of weekly contact hours, language — if other than German)			
S + S + S + S (no information on SWS (weekly contact hours) and course language available)			
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module can be chosen to earn a bonus)			
term paper (approx. 10 pages) or presentation (approx. 30 minutes)			
Allocation of places			
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Additional information			
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Workload			
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Teaching cycle			
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Referred to in LPO I (examination regulations for teaching-degree programmes)			
§ 36 (1) 7. Didaktik der Grundschule Sport			
Module appears in			
First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009)			
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)			

Module title		Abbreviation
Relaxation and Wellness		05-SP-EW-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
2	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<b>Contents</b>		
In this module we talk about current relaxation and wellness concepts in the context of psychophysical health promotion. We develop corresponding theoretical concepts in order to practically experience and critically evaluate them on the basis of relaxation techniques.		
<b>Intended learning outcomes</b>		
The students know central concepts of psychophysical health promotion in the context of relaxation and wellness measures. They are able to organise, create and design settings for relaxation and wellness.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module can be chosen to earn a bonus)		
presentation (approx. 20 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009)		
First state examination for the teaching degree Grundschule Science of Sport (2009)		
First state examination for the teaching degree Hauptschule Didactics in Science of Sport (Secondary School) (2009)		
First state examination for the teaching degree Hauptschule Science of Sport (2009)		
First state examination for the teaching degree Realschule Science of Sport (2009)		
First state examination for the teaching degree Gymnasium Science of Sport (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Secondary School) (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2013)		
First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2013)		
LA Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)	JMU Würzburg • generated 26-Aug-2024 • exam. reg. data record Lehramt Sonderpädagogik (Grundschule-Didaktikfach) Sport - 2009	page 7 / 11

First state examination for the teaching degree Mittelschule Science of Sport (2013)



Module title		Abbreviation
<b>Methods in Natural Medicine</b>		05-SP-NHM-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
2	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<b>Contents</b>		
In this module we discuss exemplary concepts and methods of physiotherapy. We develop corresponding exemplary concepts (e.g. massaging yourself and others, taping etc.) and experience their effects in practice.		
<b>Intended learning outcomes</b>		
The students know central techniques of physiotherapy and their importance for psychophysical health promotion. They are able to use these techniques on themselves and on others in a professional manner.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module can be chosen to earn a bonus)		
presentation (approx. 20 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
--		
<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009)		
First state examination for the teaching degree Grundschule Science of Sport (2009)		
First state examination for the teaching degree Hauptschule Didactics in Science of Sport (Secondary School) (2009)		
First state examination for the teaching degree Hauptschule Science of Sport (2009)		
First state examination for the teaching degree Realschule Science of Sport (2009)		
First state examination for the teaching degree Gymnasium Science of Sport (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Secondary School) (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2013)		
First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2013)		
First state examination for the teaching degree Mittelschule Science of Sport (2013)		
LA Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)	JMU Würzburg • generated 26-Aug-2024 • exam. reg. data record Lehramt Sonderpädagogik (Grundschule-Didaktikfach) Sport - 2009	page 9 / 11

Module title		Abbreviation
<b>Theoretical Aspects of Winter Sports</b>		05-SP-SKI-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
1	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	--
<b>Contents</b>		
In this course we use the example of gliding on ice and snow to assess movement patterns in snow and winter sports from a pedagogical point of view. For this purpose, we study the principles of anthropology and movement science. We take into account central principles of movement science and evaluate them on the basis of ice and snow sports. Apart from the historical roots and epistemological principles of movement theory, we also discuss didactic perspectives of teaching and learning how to glide on ice and snow. We examine and debate the current scientific knowledge that enables the students to teach movement topics in the field of winter and snow sports in a differentiated and systematic manner.		
<b>Intended learning outcomes</b>		
The students acquire essential professional skills in reviewing movement pedagogy of ice and snow sports in a conceptual manner. They are able to specify them in view of sport didactics and to demonstrate them by conducting teaching/learning practice. Furthermore, they acquire key competencies in the field of safety education in winter sports.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
V (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module can be chosen to earn a bonus)		
written examination (approx. 30 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
--		
<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
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First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Secondary School) (2009)
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2013)
First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2013)
First state examination for the teaching degree Mittelschule Science of Sport (2013)