

Module Catalogue

for the Module studies (Bachelor)

Teaching at the German Mittelschule

Examination regulations version: 2021 Responsible: Faculty of Human Sciences Responsible: Institute of Pedagogy Responsible: Chair of School Education



Contents

The subject is divided into	3
Abbreviations used, Conventions, Notes, In accordance with	4
Summer Term 2021	6
Basic competence in exercise physiology and movement	7
Winter Term 2021	8
Basic competence in exercise physiology and movement	9
Summer Term 2022	10
Basic competence in exercise physiology and movement	11
Winter Term 2023	12
Basic competence in exercise physiology and movement	13
Winter Term 2024	14
Basic competence in exercise physiology and movement	15



The subject is divided into

section / sub-section	starting page
Summer Term 2021	6
Winter Term 2021	8
Summer Term 2022	10
Winter Term 2023	12
Winter Term 2024	14



Abbreviations used

Course types: $\mathbf{E} = \text{field trip}$, $\mathbf{K} = \text{colloquium}$, $\mathbf{O} = \text{conversatorium}$, $\mathbf{P} = \text{placement/lab course}$, $\mathbf{R} = \text{project}$, $\mathbf{S} = \text{seminar}$, $\mathbf{T} = \text{tutorial}$, $\ddot{\mathbf{U}} = \text{exercise}$, $\mathbf{V} = \text{lecture}$

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: A = thesis, LV = course(s), PL = assessment(s), TN = participants, VL = prerequisite(s)

Conventions

Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

Notes

Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should the module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

In accordance with

the general regulations governing the degree subject described in this module catalogue:

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

15-May-2019 (2019-36)

27-Jun-2019 (2019-41)

14-Nov-2019 (2019-52)

22-Jan-2020 (2020-13)

o6-May-2020 (2020-39)

22-Jul-2020 (2020-57)

17-Dec-2020 (2020-110)

10-Mar-2021 (2021-17)



```
o9-Jun-2021 (2021-58)
22-Dec-2021 (2021-85)
05-Jul-2022 (2022-52)
31-Jan-2023 (2022-86)
15-Jun-2023 (2023-58)
13-Dec-2023 (2023-107)
07-Aug-2024 (2024-82)
22-Jan-2025 (2025-1)
```

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.



Summer Term 2021



Module title Abbreviation					
Module title Basic competence in exercise physiology and movement					
Dasit t	Basic competence in exercise physiology and movement 06-SP-D-TBW-152-mo1				
Module coordinator Mod			Module offered by		
head of Centre for Sports and Physical Education Centre for Sports and Physical Education					nd Physical Education
ECTS Method of grading Only after succ. compl. of module(s)					
5	nume	rical grade			
Duratio	n	Module level	Other prerequisites	i	
1 seme	ster	undergraduate	Regular attendance	of the seminars (mi	nimum 80% of sessions offered).
Conten	ts				
perception competencies in various settings (open-air areas, gyms) and on examining basic teaching/learning conceptions for movement fields for individuals (running-jumping-throwing) and movement fields for teams (target kicking/target throwing games). Intended learning outcomes The students have essential professional skills in sports biology and training sciences and and are able to establish connections to sports practice. By examining and comparing central terms, concepts and methods of different movement fields, training goals and target groups, they have acquired differentiated methodological competencies. Furthermore, the students have basic pedagogical and motor competencies in the field of run-					
		throwing (athletics) and number of weekly contact hours, I		-	and basketball).
V (1) + S			anguage — II other than dei	illidil)	
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)					
written examination on contents of lecture (approx. 60 minutes)					
Allocation of places					
Additional information					
					
Workload					
150 h					
Teachi	ng cycl	e			

Referred to in LPO I (examination regulations for teaching-degree programmes)



Winter Term 2021



Module title Abbreviation					
Module title Basic competence in exercise physiology and movement					
Dasit t	Basic competence in exercise physiology and movement 06-SP-D-TBW-152-mo1				
Module coordinator Mod			Module offered by		
head of Centre for Sports and Physical Education Centre for Sports and Physical Education					nd Physical Education
ECTS Method of grading Only after succ. compl. of module(s)					
5	nume	rical grade			
Duratio	n	Module level	Other prerequisites	i	
1 seme	ster	undergraduate	Regular attendance	of the seminars (mi	nimum 80% of sessions offered).
Conten	ts				
perception competencies in various settings (open-air areas, gyms) and on examining basic teaching/learning conceptions for movement fields for individuals (running-jumping-throwing) and movement fields for teams (target kicking/target throwing games). Intended learning outcomes The students have essential professional skills in sports biology and training sciences and and are able to establish connections to sports practice. By examining and comparing central terms, concepts and methods of different movement fields, training goals and target groups, they have acquired differentiated methodological competencies. Furthermore, the students have basic pedagogical and motor competencies in the field of run-					
		throwing (athletics) and number of weekly contact hours, I		-	and basketball).
V (1) + S			anguage — II other than dei	illidil)	
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)					
written examination on contents of lecture (approx. 60 minutes)					
Allocation of places					
Additional information					
					
Workload					
150 h					
Teachi	ng cycl	e			

Referred to in LPO I (examination regulations for teaching-degree programmes)



Summer Term 2022



Module title				Abbreviation		
Basic competence in exercise physiology and movement o6-SP-D-TBW-152-mo1					o6-SP-D-TBW-152-m01	
Module coordinator				Module offered by		
head o	f Centr	e for Sports and Physical	Education	Centre for Sports and Physical Education		
ECTS	Meth	od of grading	Only after succ. con	npl. of module(s)		
5	nume	rical grade				
Duratio	n	Module level	Other prerequisites			
1 seme	ster	undergraduate	Regular attendance	of the seminars (mir	nimum 80% of sessions offered).	
Conten	ts					
ons to sports practice. In this way, the students acquire scientific knowledge about movement and sports. The seminars elaborate on the topics from the lecture and discuss consequences and implementation possibilities whilst taking into account aspects of movement science. We focus on acquiring and extending movement and perception competencies in various settings (open-air areas, gyms) and on examining basic teaching/learning conceptions for movement fields for individuals (running-jumping-throwing) and movement fields for teams (target kicking/target throwing games). Intended learning outcomes The students have essential professional skills in sports biology and training sciences and and are able to establish connections to sports practice. By examining and comparing central terms, concepts and methods of different movement fields, training goals and target groups, they have acquired differentiated methodological competencies. Furthermore, the students have basic pedagogical and motor competencies in the field of running-jumping-throwing (athletics) and in big physical education games (soccer and basketball).						
Courses (type, number of weekly contact hours, language — if other than German)						
V (1) + 5						
		sessment (type, scope, langua ble for bonus)	ge — if other than German, o	examination offered — if no	ot every semester, information on whether	
		nation on contents of lect	ture (approx. 60 minu	utes)		
Allocation of places						
Additional information						
Workload						
150 h						
Teachi	ng cycl	e				

Referred to in LPO I (examination regulations for teaching-degree programmes)



Winter Term 2023



Module title Basic competence in exercise physiology and movement			Abbreviation		
basic c	ompet	ence in exercise physiolo	gy and movement		o6-SP-D-TBW-152-m01
Module coordinator Module offered by					
head of Centre for Sports and Physical Education Centre			Centre for Sports a	Centre for Sports and Physical Education	
ECTS Method of grading Only after succ. compl. of module(s)					
5	nume	rical grade			
Duratio	n	Module level	Other prerequisites		
1 seme	ster	undergraduate	Regular attendance	of the seminars (mi	nimum 80% of sessions offered).
Conten	ts				
ons to sports practice. In this way, the students acquire scientific knowledge about movement and sports. The seminars elaborate on the topics from the lecture and discuss consequences and implementation possibilities whilst taking into account aspects of movement science. We focus on acquiring and extending movement and perception competencies in various settings (open-air areas, gyms) and on examining basic teaching/learning conceptions for movement fields for individuals (running-jumping-throwing) and movement fields for teams (target kicking/target throwing games). Intended learning outcomes The students have essential professional skills in sports biology and training sciences and and are able to establish connections to sports practice. By examining and comparing central terms, concepts and methods of different movement fields, training goals and target groups, they have acquired differentiated methodological competencies. Furthermore, the students have basic pedagogical and motor competencies in the field of running-jumping-throwing (athletics) and in big physical education games (soccer and basketball).					
Courses (type, number of weekly contact hours, language — if other than German)					
V (1) + S (2) + S (2)					
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)					
written examination on contents of lecture (approx. 60 minutes)					
Allocation of places					
Additional information					
					
Worklo	ad				
150 h					
Teaching cycle					
<u></u>					

 $\textbf{Referred to in LPO I} \ \ (\text{examination regulations for teaching-degree programmes})$



Winter Term 2024



Module title Abbreviation				Abbreviation	
Basic competence in exercise physiology and movement 06-SP-D-TBW-152-mo1					
Module	Module coordinator Module offered by				
head of	Centre	e for Sports and Physical	Education	Centre for Sports a	nd Physical Education
ECTS	Metho	od of grading	Only after succ. com	npl. of module(s)	
5	nume	rical grade			
Duratio	n	Module level	Other prerequisites		
1 seme	ster	undergraduate	Regular attendance	of the seminars (mi	nimum 80% of sessions offered).
Conten	ts				
seminars elaborate on the topics from the lecture and discuss consequences and implementation possibilities whilst taking into account aspects of movement science. We focus on acquiring and extending movement and perception competencies in various settings (open-air areas, gyms) and on examining basic teaching/learning conceptions for movement fields for individuals (running-jumping-throwing) and movement fields for teams (target kicking/target throwing games). Intended learning outcomes					
The students have essential professional skills in sports biology and training sciences and and are able to establish connections to sports practice. By examining and comparing central terms, concepts and methods of different movement fields, training goals and target groups, they have acquired differentiated methodological competencies. Furthermore, the students have basic pedagogical and motor competencies in the field of running-jumping-throwing (athletics) and in big physical education games (soccer and basketball).					
Course	S (type, n	umber of weekly contact hours, l	anguage — if other than Ger	rman)	
V (1) + S	5 (2) + 3	S (2)			
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)					
written	examiı	nation on contents of lec	ture (approx. 60 minu	ıtes)	
Allocation of places					
Additional information					
Workload					
150 h					
Teaching cycle					
Referred to in LPO I (examination regulations for teaching-degree programmes)					