



# Module Catalogue

for the Subject

## Didactics in Science of Sport (Middle School)

as Didaktikfach

with the degree "Erste Staatsprüfung für das Lehramt an Mittelschulen"

Examination regulations version: 2015  
Responsible: Faculty of Human Sciences  
Responsible: Institute of Sport Science  
Responsible: Centre for Sports and Physical Education

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## The subject is divided into

section / sub-section	ECTS credits	starting page
Compulsory Courses	20	5
Freier Bereich (general as well as subject-specific electives)		12
Extra Skills Teaching Sports at the German Mittelschule		13
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## Abbreviations used

Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

## Conventions

Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

## Notes

Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should the module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

## In accordance with

the general regulations governing the degree subject described in this module catalogue:

**LASPO2015**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

**o8-Sep-2015 (2015-116)**

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

## Compulsory Courses

(20 ECTS credits)

Successful completion of modules worth 20 ECTS credits in each subject selected as Didaktikfach (subject studied with a focus on teaching methodology) is a prerequisite for admission to the Erste Staatsprüfung (First State Examination) in the subject Didaktiken einer Fächergruppe der Mittelschule (Didactics of a Group of Subjects of Mittelschule).

<b>Module title</b>		<b>Abbreviation</b>
<b>Competence in the principles of teaching sports: foundations of sports-pedagogical and sports- didactical activities</b>		o6-SP-D-SPSD-152-m01
<b>Module coordinator</b>		<b>Module offered by</b>
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
<b>ECTS</b>	<b>Method of grading</b>	<b>Only after succ. compl. of module(s)</b>
5	numerical grade	--
<b>Duration</b>	<b>Module level</b>	<b>Other prerequisites</b>
1 semester	undergraduate	Regular attendance of the seminars (minimum 80% of sessions offered).
<b>Contents</b>		
<p>In this module we study central basics of physical education, sports education and sport didactics. We discuss and evaluate basic movement and game forms in the context of education processes. We reflect basic topics of various movement fields (motoric plays with/without a ball, handball, creating movement, exercising in water) in view of movement theories of the didactics of Mittelschule. We discuss and evaluate basic trans-situational aspects of fairness, cooperation and team spirit.</p>		
<b>Intended learning outcomes</b>		
<p>The students have essential professional skills in identifying, classifying, understanding and evaluating human movement, movement education and movement learning. They are able to demonstrate basic topics of various movement fields in practice and to evaluate these essential movement forms in view of relevant theories of subject didactics and movement education. They have basic subject-didactic, pedagogical and motor competencies, especially in the fields of games, aesthetic physical education (gymnastics/dance) and exercising in water (swimming).</p>		
<b>Courses</b> (type, number of weekly contact hours, language – if other than German)		
V (1) + S (1) + S (2) + S (1)		
<b>Method of assessment</b> (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
written examination on contents of lecture (approx. 60 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
--		
<b>Workload</b>		
150 h		
<b>Teaching cycle</b>		
--		
<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 38 (1) Nr. 1 c)		
<b>Module appears in</b>		
<p>First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))            First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))</p>		

<b>Module title</b>		<b>Abbreviation</b>
Basic competence in exercise physiology and movement		o6-SP-D-TBW-152-m01
<b>Module coordinator</b>		<b>Module offered by</b>
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
<b>ECTS</b>	<b>Method of grading</b>	<b>Only after succ. compl. of module(s)</b>
5	numerical grade	--
<b>Duration</b>	<b>Module level</b>	<b>Other prerequisites</b>
1 semester	undergraduate	Regular attendance of the seminars (minimum 80% of sessions offered).
<b>Contents</b>		
<p>In this module we discuss central principles of movement science and training science and establish connections to sports practice. In this way, the students acquire scientific knowledge about movement and sports. The seminars elaborate on the topics from the lecture and discuss consequences and implementation possibilities whilst taking into account aspects of movement science. We focus on acquiring and extending movement and perception competencies in various settings (open-air areas, gyms) and on examining basic teaching/learning conceptions for movement fields for individuals (running-jumping-throwing) and movement fields for teams (target kicking/target throwing games).</p>		
<b>Intended learning outcomes</b>		
<p>The students have essential professional skills in sports biology and training sciences and are able to establish connections to sports practice. By examining and comparing central terms, concepts and methods of different movement fields, training goals and target groups, they have acquired differentiated methodological competencies. Furthermore, the students have basic pedagogical and motor competencies in the field of running-jumping-throwing (athletics) and in big physical education games (soccer and basketball).</p>		
<b>Courses</b> (type, number of weekly contact hours, language – if other than German)		
V (1) + S (2) + S (2)		
<b>Method of assessment</b> (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
written examination on contents of lecture (approx. 60 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
--		
<b>Workload</b>		
150 h		
<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 38 (1) Nr. 1 c)		
<b>Module appears in</b>		
<p>First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2015)</p> <p>First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2015)</p> <p>First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))</p> <p>First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))</p>		

<b>Module title</b>		<b>Abbreviation</b>
<b>Competence in the principles of teaching sports: advanced knowledge in sport didactics (selected topics)</b>		o6-SP-D-SDV-152-mo1
<b>Module coordinator</b>		<b>Module offered by</b>
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
<b>ECTS</b>	<b>Method of grading</b>	<b>Only after succ. compl. of module(s)</b>
5	numerical grade	--
<b>Duration</b>	<b>Module level</b>	<b>Other prerequisites</b>
1 semester	undergraduate	Regular attendance of the S2 and S4 seminars (minimum 80% of sessions offered).
<b>Contents</b>		
<p>In this module we discuss selected aspects of planning classes and of the development of school sports and establish connections to the basic topics of subject didactics. We use examples from various movement fields (exercising with equipment, exercising in water) to transfer this knowledge to specific exemplary classes. We focus on acquiring and extending basic movement and perception competencies in various settings (water, gyms) as well as corresponding didactic and pedagogical competencies in teaching and learning with different groups (including age, gender, individual condition, inclusion). In doing so, the students learn about exemplary connections to superordinated education goals (e.g. health and safety education). We plan, conduct and evaluate physical education classes in view of the didactic problem of choosing subjects for physical education.</p>		
<b>Intended learning outcomes</b>		
<p>The students have essential professional skills in reviewing, classifying and evaluating the methodical principles of physical education and school sports in a conceptual manner. They know the effects of subject-didactic concepts on teaching practice and are able to use these concepts in practice to plan physical education classes and conceptualise school sports programmes. At the same time, they are able to be critical of such planning and evaluating guidelines. Furthermore, they are able to apply exemplary teaching/learning competencies to varied exercise settings whilst taking into account different learning levels and goals (education to and through sports, esp. health and safety education).</p>		
<b>Courses</b> (type, number of weekly contact hours, language – if other than German)		
S (1) + S (2) + S (1) + S (1)		
<b>Method of assessment</b> (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
presentation (approx. 20 minutes) with handout (approx. 2 pages) or term paper (approx. 10 pages) in S1		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
150 h		
<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 38 (1) Nr. 1 c)		
<b>Module appears in</b>		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2015)		
First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2015)		



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<b>Module title</b>		<b>Abbreviation</b>
<b>Competence in the principles of teaching sports: Human movement and sports at schools</b>		o6-SP-DM-BSS-152-mo1
<b>Module coordinator</b>		<b>Module offered by</b>
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
<b>ECTS</b>	<b>Method of grading</b>	<b>Only after succ. compl. of module(s)</b>
5	numerical grade	--
<b>Duration</b>	<b>Module level</b>	<b>Other prerequisites</b>
1 semester	undergraduate	Regular attendance of the S1 and S3 seminars (minimum 80% of sessions offered).
<b>Contents</b>		
<p>This module includes ecological aspects and historico-cultural backgrounds of movement and sports. We use innovative movement fields and informal learning situations (including a winter/summer sports week) to test self-determined and experience-based learning. The students acquire a first-hand understanding of the backgrounds and topics of recreational sports and trend sports in view of movement science. Furthermore, we discuss, evaluate and practise basic competencies as well as basic teaching/learning conceptions for net/wall games.</p>		
<b>Intended learning outcomes</b>		
<p>The students have essential professional skills in identifying, understanding, classifying and evaluating concepts of experience-based pedagogy. They know facets of (youth-)cultural movement practice and are able to evaluate the importance of self-determined movement for their own movement career. Furthermore, they know basic connections between trend and recreational sports and super-ordinated education goals (esp. safety and environmental education) and are able to organise a well-conceived, movement-oriented project week. The students have professional and methodological competencies which enable them to monitor and support self-determined movement learning processes of children and juveniles. They have basic subject-didactic, pedagogical and motor competencies in the big physical education game volleyball. They also have basic competencies in the field of cooperation and interaction.</p>		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (2) + S (2) + S (1)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
oral examination of one candidate each (10 minutes) on contents of S2		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
150 h		
<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 38 (1) Nr. 1 c)		
<b>Module appears in</b>		
<p>First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))</p>		
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## **Freier Bereich (general as well as subject-specific electives)**

( ECTS credits)

Teaching degree students must take modules worth a total of 15 ECTS credits in the area Freier Bereich (general as well as subject-specific electives) (Section 9 LASPO (general academic and examination regulations for teaching-degree programmes)). To achieve the required number of ECTS credits, students may take any modules from the areas below.

Freier Bereich -- interdisciplinary: The interdisciplinary additional offer for a teaching degree can be found in the respective Annex "Ergänzende Bestimmungen für den "Freien Bereich" im Rahmen des Studiums für ein Lehramt".

## **Extra Skills Teaching Sports at the German Mittelschule**

( ECTS credits)

(Freier Bereich (general as well as subject-specific electives) -- subject specific)

<b>Module title</b>		<b>Abbreviation</b>
Evaluating inclusion in and through sports		o6-SP-MS14-IISV-152-m01
<b>Module coordinator</b>		<b>Module offered by</b>
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
<b>ECTS</b>	<b>Method of grading</b>	<b>Only after succ. compl. of module(s)</b>
3	(not) successfully completed	--
<b>Duration</b>	<b>Module level</b>	<b>Other prerequisites</b>
1 semester	undergraduate	--
<b>Contents</b>		
<p>This module provides a theoretical and/or practical insight into current central questions and backgrounds of inclusion and integration in and through sports. It addresses and evaluates the possibilities of "special" target groups (e.g. disabled people or people with a migrant background) to participate in movement, games and sports and establishes various connections to sports science and subject didactics. It shows the basic possibilities and opportunities of integration and inclusion in and through sports in a theoretical and practical manner.</p>		
<b>Intended learning outcomes</b>		
<p>The students have selected professional skills and specific background knowledge about integration and inclusion in and through sports and/or about corresponding subject-didactic implementation possibilities in settings at and out of school. They know the corresponding current discourse about the topic and/or possibilities to modify teaching situations as well as implementation possibilities in settings at and out of school. They understand the possible contributions of movement, games and sports to super-ordinated education goals (e.g. intercultural education, tolerance and respect).</p>		
<b>Courses</b> (type, number of weekly contact hours, language – if other than German)		
S (2)		
<b>Method of assessment</b> (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
presentation (approx. 30 minutes) or term paper (approx. 10 pages) or practical examination (approx. 5 minutes) or practical examination taking the form of a teaching exercise (approx. 10 minutes)		
<b>Allocation of places</b>		
S approx. 20 places. Should the number of applications exceed the number of available places, places will be allocated according to the number of subject semesters.		
<b>Additional information</b>		
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<b>Workload</b>		
90 h		
<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 22 II Nr. 3 f)		
<b>Module appears in</b>		
<p>First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Science of Sport (2015)            First state examination for the teaching degree Mittelschule Science of Sport (2020 (Prüfungsordnungsversion 2015))            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))</p>		
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<b>Module title</b>		<b>Abbreviation</b>
Evaluating trends in leisure and health-oriented sports activities		o6-SP-MS15-FTKE-152-mo1
<b>Module coordinator</b>		<b>Module offered by</b>
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
<b>ECTS</b>	<b>Method of grading</b>	<b>Only after succ. compl. of module(s)</b>
3	(not) successfully completed	--
<b>Duration</b>	<b>Module level</b>	<b>Other prerequisites</b>
1 semester	undergraduate	--
<b>Contents</b>		
<p>In this module we use examples from special topics as well as sports and movement offers of trend and health sports to study, evaluate and test current trends and topics of movement-, game- and sport-cultural practice and health sports. The students acquire exemplary insights into selected scientific and/or didactic principles of special sports, game and movement offers or topics of health sports and understand their scientific backgrounds as well as their didactic implementation possibilities.</p>		
<b>Intended learning outcomes</b>		
<p>The students have basic professional knowledge about current trends of movement culture and/or current topics of health sports. They know corresponding teaching/learning concepts and/or have basic subject-didactic, pedagogical and motor competencies and are able to use them for other teaching/learning situations and various target groups of trend and health sports. They understand the possible contributions of movement, games and sports to super-ordinated education goals (e.g. cultural education, environmental education, health promotion).</p>		
<b>Courses</b> (type, number of weekly contact hours, language – if other than German)		
S (2)		
<b>Method of assessment</b> (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
presentation (approx. 30 minutes) or term paper (approx. 10 pages) or written examination (approx. 30 minutes) or practical examination (approx. 5 minutes) or practical examination taking the form of a teaching exercise (approx. 10 minutes)		
<b>Allocation of places</b>		
S approx. 12 to 20 places. Should the number of applications exceed the number of available places, places will be allocated according to the number of subject semesters.		
<b>Additional information</b>		
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<b>Workload</b>		
90 h		
<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 22 II Nr. 3 f)		
<b>Module appears in</b>		
<p>First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2015)            First state examination for the teaching degree Mittelschule Science of Sport (2015)            First state examination for the teaching degree Mittelschule Science of Sport (2020 (Prüfungsordnungsversion 2015))            First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))</p>		
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## Paper

(10 ECTS credits)

Preparation of a written Hausarbeit (thesis) in accordance with the provisions of Section 29 LPO I (examination regulations for teaching-degree programmes) is a prerequisite for teaching degree students to be admitted to the Erste Staatsprüfung (First State Examination). In accordance with the provisions of Section 29 LPO I, students studying for a teaching degree Mittelschule may write this thesis in the subject Didaktik einer Fächergruppe der Mittelschule (Didactics of a Group of Subjects of Mittelschule), in the subject they selected as Unterrichtsfach (subject studied with a focus on the scientific discipline) or in the subject Erziehungswissenschaften (Educational Science). Pursuant to Section 29 Subsection 1 Sentence 2 LPO I, students may also choose to write an interdisciplinary thesis.

<b>Module title</b>		<b>Abbreviation</b>
Thesis in sports science		06-SP-MS16-SHMS-152-m01
<b>Module coordinator</b>		<b>Module offered by</b>
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
<b>ECTS</b>	<b>Method of grading</b>	<b>Only after succ. compl. of module(s)</b>
10	numerical grade	--
<b>Duration</b>	<b>Module level</b>	<b>Other prerequisites</b>
1-2 semester	undergraduate	--
<b>Contents</b>		
In this module the students independently work on a topic from the area of sports science and/or subject didactics of sports. The topic is selected in consultation with the thesis supervisor and the aim is to write a scientific thesis.		
<b>Intended learning outcomes</b>		
The students are able to independently examine a topic relevant to sports science and its corresponding literature. In doing so, they apply the knowledge and techniques that they acquired during the teaching degree programme. They are able to write down and present the results of their work in accordance with scientific norms whilst taking into account possible aspects of subject didactics.		
<b>Courses</b> (type, number of weekly contact hours, language – if other than German)		
No courses assigned to module		
<b>Method of assessment</b> (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
written thesis (30 to 50 pages) Language of assessment: German; exceptions pursuant to Section 29 Subsection 4 LPO I (examination regulations for teaching-degree programmes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
300 h		
<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 29		
<b>Module appears in</b>		
First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2015) First state examination for the teaching degree Mittelschule Science of Sport (2015) First state examination for the teaching degree Mittelschule Science of Sport (2020 (Prüfungsordnungsversion 2015)) First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2020 (Prüfungsordnungsversion 2015))		