



# Module Catalogue

for the Subject

## Science of Sport

as Unterrichtsfach

with the degree "Erste Staatsprüfung für das Lehramt an  
Realschulen"

Examination regulations version: 2009  
Responsible: Faculty of Human Sciences  
Responsible: Institute of Sport Science

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## The subject is divided into

section / sub-section	ECTS credits	starting page
Scientific Discipline	60	5
Compulsory Courses	60	6
Teaching	12	27
Freier Bereich (general as well as subject-specific electives)		32
Physical Education		33
Thesis	10	40

## Abbreviations used

Course types: **E** = field trip, **K** = colloquium, **O** = conversatorium, **P** = placement/lab course, **R** = project, **S** = seminar, **T** = tutorial, **Ü** = exercise, **V** = lecture

Term: **SS** = summer semester, **WS** = winter semester

Methods of grading: **NUM** = numerical grade, **B/NB** = (not) successfully completed

Regulations: **(L)ASPO** = general academic and examination regulations (for teaching-degree programmes), **FSB** = subject-specific provisions, **SFB** = list of modules

Other: **A** = thesis, **LV** = course(s), **PL** = assessment(s), **TN** = participants, **VL** = prerequisite(s)

## Conventions

Unless otherwise stated, courses and assessments will be held in German, assessments will be offered every semester and modules are not creditable for bonus.

## Notes

Should there be the option to choose between several methods of assessment, the lecturer will agree with the module coordinator on the method of assessment to be used in the current semester by two weeks after the start of the course at the latest and will communicate this in the customary manner.

Should the module comprise more than one graded assessment, all assessments will be equally weighted, unless otherwise stated below.

Should the assessment comprise several individual assessments, successful completion of the module will require successful completion of all individual assessments.

## In accordance with

the general regulations governing the degree subject described in this module catalogue:

**LASPO2009**

associated official publications (FSB (subject-specific provisions)/SFB (list of modules)):

**30-Jan-2013 (2012-60)**

This module handbook seeks to render, as accurately as possible, the data that is of statutory relevance according to the examination regulations of the degree subject. However, only the FSB (subject-specific provisions) and SFB (list of modules) in their officially published versions shall be legally binding. In the case of doubt, the provisions on, in particular, module assessments specified in the FSB/SFB shall prevail.

## Scientific Discipline

(60 ECTS credits)

## Compulsory Courses

(60 ECTS credits)

Module title		Abbreviation
<b>Recognizing challenges in the science of sport and understanding educational basics of sports</b>		05-SP-GHR-SPPS-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	--
<b>Contents</b>		
In this module we discuss questions and issues of sports science and examine them in view of interdisciplinary theories (natural and human sciences). We focus on broadening our knowledge about central principles of sports education and establish connections to topics from movement, game and sports culture. The students acquire interdisciplinary scientific knowledge about the backgrounds and topics of sports. Therefore, they develop the ability to understand and analyse actions of sports and movement culture in view of human sciences. They acquire this knowledge by attending the lecture about sports education that discusses the basic principles of physical education in the context of sports activities and conveys basic knowledge about education theory and its historical principles.		
<b>Intended learning outcomes</b>		
The students acquire essential professional skills in sports education and in work and research methods of sports science. They know the principles of movement culture regarding education theory and are able to establish connections to sports practice. Furthermore, they have acquired differentiated professional and methodological competencies in the area of sports education by examining and comparing central terms, systematics, models, concepts and methods of the disciplines of sports science that are relevant to humanities.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
V + V (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 60 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title			Abbreviation
Comprehension of fundamentals in sports medicine and exercise physiology			05-SP-GHR-BTGS-092-m01
Module coordinator		Module offered by	
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education	
ECTS	Method of grading	Only after succ. compl. of module(s)	
5	numerical grade	--	
Duration	Module level	Other prerequisites	
2 semester	undergraduate	--	
Contents			
In this module we discuss central principles of sports biology and training sciences and establish connections to sports practice. In this way, the students acquire scientific knowledge about movement and sports. The module is divided into two lecture courses: In the lecture on training science during the first semester, we discuss central theories, models, methods and concepts of training science and determine the consequences and possibilities of their practical implementation in schools, clubs and during recreation. In the lecture on sports biology during the second semester, the students learn about the basic principles of human anatomy and physiology in the context of sports activities and acquire basic knowledge about the body's morphological and functional adaptation to physical stress.			
Intended learning outcomes			
The students acquire essential professional skills in sports biology and training sciences. They acquire differentiated professional and methodological competencies in training sciences by comparing central terms, systematics, models, concepts and methods as well as their effects on different training goals and target groups. Furthermore, they know the sport biological principles and the adaptivity of the human organism and learn how to establish connections between these principles and sports practice.			
Courses (type, number of weekly contact hours, language — if other than German)			
V + V (no information on SWS (weekly contact hours) and course language available)			
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)			
written examination (approx. 60 minutes)			
Allocation of places			
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Additional information			
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Workload			
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Teaching cycle			
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Referred to in LPO I (examination regulations for teaching-degree programmes)			
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Module appears in			
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)			



Module title		Abbreviation
Development and evaluation of performance 1		05-SP-GHR-LEE1-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
4	numerical grade	--
Duration	Module level	Other prerequisites
2 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
Contents		
In this module we discuss the theoretical principles of analysing and evaluating sports and movement and establish exemplary connections to the individual sports athletics. The module is divided into two seminars: In a lecture during the winter semester we discuss the theoretical principles as well as the corresponding measuring methods of performance, movement and health diagnosis. During the summer semester, we examine the principles of athletics (I+II) and establish connections to theoretical aspects of performance and movement diagnosis.		
Intended learning outcomes		
The students acquire essential professional skills in diagnosing and evaluating movement and performance. In addition, they acquire specific professional skills in athletics and are therefore able to teach profound and target-oriented techniques in athletics.		
Courses (type, number of weekly contact hours, language — if other than German)		
V + S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
term paper (approx. 10 pages) or presentation (approx. 30 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
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Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Teaching and learning of movement 1		05-SP-GHR-BLL1-092-mo1
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
4	numerical grade	--
Duration	Module level	Other prerequisites
2 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<b>Contents</b>		
<p>In this course we talk about questions and issues of movement science and evaluate them in view of the current discourse on human movement of natural, human and cultural sciences. We focus on examining central theories, concepts and models of movement science and establish exemplary connections to topics from the movement fields gymnastics and acrobatics. The students test their knowledge in practice in accordance with differentiated guidelines regarding performance and teaching. The students acquire interdisciplinary, scientific knowledge about the pedagogical backgrounds and topics of human movement and develop the ability to understand and analyse it. They acquire this knowledge in a lecture that focuses on anthropology. In the seminars about gymnastics and acrobatics, we use various examples to reflect and evaluate the theoretical principles of these subjects. Aside from analysing movement, we use the structures of gymnastics and acrobatics to raise and examine questions about learning and teaching movement.</p>		
<b>Intended learning outcomes</b>		
<p>The students acquire essential professional skills in movement science and in the didactic basics of gymnastics and acrobatics and learn about the principles of various approaches to movement science. They use examples from the field of "Gymnastics and Acrobatics" to evaluate and reflect these principles in view of the teaching topic. By combining theory and practice, the students are able to break away from everyday theories and pre-scientific knowledge about teaching sports and physical education games. Their theoretical knowledge about movement science enables them to evaluate phenomena of movement and teaching topics of sports. They examine the basics of a selected approach that is suitable for the requirements of an exemplary movement field. In doing so, they become able to transfer their knowledge about movement science as well as methods of movement analysis and methods of teaching physical education to other movement fields.</p>		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
V + S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 45 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Science of Sport (2009)		
LA Realschulen Science of Sport (2009)	JMU Würzburg • generated 26-Aug-2024 • exam. reg. data record Lehramt Realschulen Sport - 2009	page 10 / 41

First state examination for the teaching degree Hauptschule Science of Sport (2009)  
First state examination for the teaching degree Realschule Science of Sport (2009)  
First state examination for the teaching degree Mittelschule Science of Sport (2013)

Module title		Abbreviation
Developing and teaching of skills in sports games 1		05-SP-GHR-SSK1-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
3	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
Contents		
In this module we discuss and evaluate basic questions and issues of physical education games and didactics. We use examples from target kicking games to apply these principles. The students test their knowledge about sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.		
Intended learning outcomes		
The students use examples from target kicking games to acquire essential professional skills in the area of teaching physical education games. They know the principles of various didactic approaches to physical education games. They examine the basics of a selected approach that is suitable for the requirements of an exemplary movement field. In doing so, they become able to transfer their knowledge as well as methods of game analysis and methods of teaching physical education games to other physical education games or other game topics. As a result, the students become acquainted with a variety of didactic approaches to teaching sports which they can apply and evaluate in practice.		
Courses (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 45 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) aa) Sport Sportspiele		
Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Development and evaluation of performance 2		05-SP-GHR-LEE2-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
3	(not) successfully completed	--
Duration	Module level	Other prerequisites
2 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
Contents		
In this module we study central aspects of training and performance development on the basis of the individual sports swimming. Furthermore, we practice performing and teaching these aspects.		
Intended learning outcomes		
The students acquire essential professional skills in swimming and are therefore able to teach profound and target-oriented sports exercises and techniques.		
Courses (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
term paper (approx. 10 pages) or presentation (approx. 30 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) cc) Sport Schwimmen		
Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Developing and teaching of skills in sports games 2		05-SP-GHR-SSK2-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
2 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).
<b>Contents</b>		
In this module we examine central teaching concepts and models of physical education games and use examples from the area of target throwing games to demonstrate these concepts and models. Furthermore, we discuss and evaluate these principles in the context of movement games and small games without balls. The students test their knowledge about sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.		
<b>Intended learning outcomes</b>		
The students acquire essential professional skills in teaching physical education games, small motoric plays and target throwing games. They learn about the principles of various didactic approaches to physical education games. They use examples from the field of target throwing games (e.g. basketball, handball) to evaluate and reflect these principles in view of the teaching topic. By combining theory and practice, the students are able to break away from everyday theories and pre-scientific knowledge about teaching sports and physical education games. Their theoretical knowledge about subject didactics enables them to evaluate phenomena, structures and teaching topics of sports. They examine the basics of a selected approach that is suitable for the requirements of an exemplary movement field. In doing so, they become able to transfer their knowledge as well as methods of game analysis and methods of teaching physical education games to other physical education games or other game topics. As a result, the students become acquainted with a variety of didactic approaches to teaching sports which they can apply and evaluate in practice.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S + S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 45 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) aa) Sport Sportspiele		
<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		
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Module title		Abbreviation
Understanding issues of human movement		05-SP-GHR-BTHV-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
4	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).
Contents		
In this module we discuss various topics of movement, game and sports culture and evaluate them from different points of view. We discuss, classify and understand movement phenomena and basic topics of human movement in view of various cultural objectifications (e.g. types of sports, trend sports, recreational and health sports). Various basic topics of human movement (e.g. swinging, spinning, gliding, creating etc.) and characteristics of fitness sports, recreational sports and trend sports (sampling, virtuosity, orientation on events and consume etc.) serve as a basis for analysis. To further analyse these basic topics in view of movement science, we transfer them to various optional types of sports.		
Intended learning outcomes		
The students acquire essential professional skills in identifying, classifying, understanding and evaluating various fundamental movement topics while focusing on fitness and recreational sports. They are able to evaluate phenomena and behaviour patterns of moving persons in view of theories about social science and movement science. Furthermore, they are able to transfer their analysing competencies to various movement fields, sports types and optional types of sport.		
Courses (type, number of weekly contact hours, language — if other than German)		
S + S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
term paper (approx. 10 pages) or presentation (approx. 30 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
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Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Developing and teaching of skills in sports games 3		05-SP-GHR-SSK3-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
1	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
Contents		
In this module we examine central teaching concepts and models of the didactics of physical education games on the basis of general ball sports. We test our knowledge about the didactics of physical education games in practice in accordance with differentiated guidelines regarding performance and teaching.		
Intended learning outcomes		
The students use examples from ball sports to acquire advanced professional skills in the area of comprehensive or integrative physical education. By combining theory and practice, the students are able to break away from everyday theories and pre-scientific knowledge about teaching sports and physical education games. Their theoretical knowledge about subject didactics enables them to evaluate phenomena, structures and teaching topics of ball sports. They examine the basics of a selected approach that is suitable for the requirements of an exemplary movement field. In doing so, they become able to transfer their knowledge as well as methods of game analysis and methods of teaching physical education games to other physical education games or other game topics. As a result, the students become acquainted with a variety of didactic approaches to teaching sports which they can apply and evaluate in practice.		
Courses (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
practical examinations (approx. 5 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) aa) Sport Sportspiele		
Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		



Module title		Abbreviation
Arranging and teaching of gliding movement on ice and snow		05-SP-GHR-GLES-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
5	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).
Contents		
In this course we use the example of gliding on ice and snow to assess movement patterns in snow and winter sports from a pedagogical point of view. For this purpose, we study the principles of anthropology and movement science in one lecture. We use examples from various fields of snow sports and ice skating to try out, practice and evaluate these principles.		
Intended learning outcomes		
The students acquire essential professional skills in reviewing movement pedagogy of ice and snow sports in a conceptual manner. They learn to specify them in view of sport didactics and to demonstrate them by conducting teaching/learning practice. Furthermore, they acquire key competencies in the field of safety education in winter sports.		
Courses (type, number of weekly contact hours, language — if other than German)		
V + S + S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 30 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) gg) Sport Schneesport/Eislauf		
Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Ecology of sports: Nature Sports for Leisure		05-SP-GHR-NAT-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
2	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
Contents		
In this module we discuss the connections between ecological and sociocultural principles of exercising and outdoor sports in the area of recreational sports and trend sports. We evaluate these types of sports in view of their social and ecological structures and potentials in a pedagogical analysis whilst taking into account the interests of persons engaging in sports activities regarding movement and recreation. We critically evaluate and test exemplary types of sports in their near-natural environments in order to evaluate concepts of environmental education and outdoor sports and establish connections between these concepts.		
Intended learning outcomes		
The students have essential professional skills in reviewing and teaching connections between outdoor recreational and trend sports and sports ecology in a conceptual manner. They are able to transfer these principles to various connections of outdoor sports and to critically evaluate current developments in this area. Additionally, they are able to plan sports activities whilst taking into account possibilities to reasonably handle natural environmental resources.		
Courses (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 45 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) hh) Sport Trend- und Freizeitsportarten		
Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Swimming - Movement in Water		05-SP-SBW-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
1	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<b>Contents</b>		
This module focuses on the didactic perspectives of exercising in water in view of application-oriented interests whilst taking into account compensatory and target group-specific aspects. The purpose is to develop teaching concepts for the corresponding movement field.		
<b>Intended learning outcomes</b>		
The students have advanced teaching/learning competencies in the field of swimming -- moving in water. They are able to develop and implement well-founded, target-oriented teaching/learning offers that are conducted in water.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
term paper (approx. 10 pages) or presentation (approx. 30 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) cc) Sport Schwimmen		
<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Teaching and learning of movement 2: Gymnastics and Dance		05-SP-BLL2-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
1	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<b>Contents</b>		
In this module we study the basic subject-didactic perspectives of movement creation. We practice basic forms of gymnastics and dance as well as various techniques for using apparatuses while sticking to differentiated didactic guidelines and taking into account movement creation and the connection between music and movement.		
<b>Intended learning outcomes</b>		
The students have basic teaching/learning competencies in the area of creating movement. They know profound, target-oriented teaching/learning offers in the field of gymnastics and dance.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
practical examinations (approx. 5 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. e) ff) Sport Gymnastik und Tanz		
<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Individual and team sports		05-SP-IUM-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
6	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	By way of exception, additional prerequisites are listed in the section on assessments.
Contents		
In this course we discuss, evaluate and try out basic and advanced teaching/learning approaches to sports and movement fields for teams and individuals. We use the examples of a net/wall game and trend sports to evaluate the basic approaches and we further survey motor learning processes in individuals as well as movement patterns. The students test their knowledge about sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.		
Intended learning outcomes		
The students acquire basic and advanced knowledge and competencies in teaching individual sports and team sports and in creating exercise settings for individuals and for teams. They have basic teaching/learning competencies in the field of trend sports and the net game volleyball. Furthermore, they conduct exemplary exercises in athletics, gymnastics and acrobatics in order to develop advanced didactic and motor competencies in the field of motor learning processes in individuals and in creating movement. They are able to transfer these competencies to other teaching/learning situations in individual sports and movement fields.		
Courses (type, number of weekly contact hours, language — if other than German)		
This module has 4 components; information on courses listed separately for each component. <ul style="list-style-type: none"> <li>05-SP-IUM-1-092, 05-SP-IUM-2-092, and 05-SP-IUM-3-092: S (no information on language and number of weekly contact hours available)</li> <li>05-SP-IUM-4-092: S + S (no information on language and number of weekly contact hours available)</li> </ul>		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
This module has the following 4 assessment components. Unless stated otherwise, students must pass all of these assessment components to pass the module as a whole.		
<b>Assessment in module component 05-SP-IUM-1-092:</b> Volleyball 1, and <b>in module component 05-SP-IUM-2-092:</b> Leichtathletik 2 (Track and Field 2) : <ul style="list-style-type: none"> <li>1 ECTS credit, pass / fail</li> <li>practical examinations (approx. 5 minutes)</li> <li>Additional prerequisites: admission prerequisite to assessment: regular attendance of seminar (no less than 80% of sessions offered).</li> </ul> <b>Assessment in module component 05-SP-IUM-3-092:</b> Gymnastik und Tanz 2 + 3 (Gymnastics and Dance 2 + 3), and <b>in module component 05-SP-IUM-4-092:</b> Bewegungskünste und Trendsport (Acrobatics and Trend Sport) : <ul style="list-style-type: none"> <li>2 ECTS credits, pass / fail</li> <li>practical examinations (approx. 5 minutes)</li> <li>Additional prerequisites: admission prerequisite to assessment: regular attendance of seminars (no less than 80% of sessions offered).</li> </ul>		
Allocation of places		
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Additional information		
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<b>Workload</b>
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<b>Teaching cycle</b>
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)
§ 57 (1) 5. e) aa) Sport Sportspiele § 57 (1) 5. e) bb) Sport Leichtathletik § 57 (1) 5. e) ee) Sport Turnen an Geräten einschließlich Bewegungskünste § 57 (1) 5. e) ff) Sport Gymnastik und Tanz § 83 (1) 5. e) aa) Sport Sportspiele
<b>Module appears in</b>
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)

Module title			Abbreviation
Consolidation individual and team sports			05-SP-VIMSP-092-m01
Module coordinator		Module offered by	
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education	
ECTS	Method of grading	Only after succ. compl. of module(s)	
7	(not) successfully completed	--	
Duration	Module level	Other prerequisites	
1 semester	undergraduate	By way of exception, additional prerequisites are listed in the section on assessments.	
Contents			
In this module we study and evaluate teaching/learning approaches to sports and movement fields for individuals and teams and apply them in the field of big physical education games and trend sports. The students test their skills and competencies in sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.			
Intended learning outcomes			
The students acquire advanced knowledge and competencies in teaching individual sports and team sports and in creating exercise settings for individuals and teams. They have advanced didactic and motor competencies in the field of teaching/learning processes for teams and in creating recreational exercise settings. They acquire these competencies by conducting exemplary exercises in the ball sports basketball, volleyball and handball and in various recreational sports. They are able to transfer their knowledge and competencies to other teaching/learning situations of individual sports and team sports and to the creation of exercise settings for individuals and teams.			
Courses (type, number of weekly contact hours, language — if other than German)			
This module has 5 components; information on courses listed separately for each component. <ul style="list-style-type: none"><li>05-SP-VIMSP-1-092, 05-SP-VIMSP-2-092, 05-SP-VIMSP-3-092, 05-SP-VIMSP-4-092, and 05-SP-VIMSP-5-092: S (no information on language and number of weekly contact hours available)</li></ul>			
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)			
This module has the following 5 assessment components. Unless stated otherwise, students must pass all of these assessment components to pass the module as a whole.			
<b>Assessment in module component 05-SP-VIMSP-1-092:</b> Vertiefung Basketball 2 (Advanced Basketball 2), <b>in module component 05-SP-VIMSP-2-092:</b> Vertiefung Volleyball 2 (Advanced Volleyball 2), <b>in module component 05-SP-VIMSP-3-092:</b> Handball 2, <b>in module component 05-SP-VIMSP-4-092:</b> Freizeitsport 1 (Recreational Sport 1), and <b>in module component 05-SP-VIMSP-5-092:</b> Freizeitsport 2 (Recreational Sport 2) : <ul style="list-style-type: none"><li>2 ECTS credits (05-SP-VIMSP-3-092, 05-SP-VIMSP-4-092 and 05-SP-VIMSP-5-092: 1 ECTS credit), pass / fail</li><li>practical examinations (approx. 5 minutes)</li><li>Additional prerequisites: admission prerequisite to assessment: regular attendance of seminar (no less than 80% of sessions offered).</li></ul>			
Allocation of places			
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Additional information			
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Workload			
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Teaching cycle			
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**Referred to in LPO I** (examination regulations for teaching-degree programmes)

§ 57 (1) 5. e) aa) Sport Sportspiele

§ 57 (1) 5. e) hh) Sport Trend- und Freizeitsportarten

**Module appears in**

First state examination for the teaching degree Realschule Science of Sport (2009)



Module title		Abbreviation
Extended Seminar in sports science		05-SP-EFWS-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
4	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	--
<b>Contents</b>		
In this module we elaborate on central topics of various sports science disciplines, compare them to the current state of research of the respective discipline and determine their effects on movement, game and sport practice at and outside of school. We develop and evaluate disciplinary and interdisciplinary theories, models, methods and concepts of sports science and discuss their contribution to and significance for the understanding of movement, game and sport practice. The students advance their technical knowledge about the backgrounds and topics of sports by either attending a seminar about the scientific core disciplines of sports education, about training science or about movement science.		
<b>Intended learning outcomes</b>		
The students have advanced knowledge and professional skills in the central topic areas of one of the core disciplines of sports science. They know the current discourse on the subdisciplines of sports education and subject didactics, science of training or science of movement and are able to place it in the appropriate context of current research results. They know the essential technical terms, systematics, models and methods and are able to estimate their importance for well-founded, sophisticated and target group oriented teaching/learning situations.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
This module has 3 components; information on courses listed separately for each component. <ul style="list-style-type: none"> <li>• 05-SP-EFWS-1-092: S (no information on language and number of weekly contact hours available)</li> <li>• 05-SP-EFWS-2-092: S (no information on language and number of weekly contact hours available)</li> <li>• 05-SP-EFWS-3-092: S (no information on language and number of weekly contact hours available)</li> </ul>		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
This module has the following 3 assessment components. To pass the module as a whole students must pass one of the three assessment components.		
<b>Assessment component to module component 05-SP-EFWS-1-092:</b> Erweitertes Seminar Bewegungswissenschaft <ul style="list-style-type: none"> <li>• 4 ECTS credits, method of grading: numerical grade</li> <li>• presentation (approx. 30 minutes) and term paper (approx. 10 pages)</li> </ul> <b>Assessment component to module component 05-SP-EFWS-2-092:</b> Erweitertes Seminar Trainingswissenschaft <ul style="list-style-type: none"> <li>• 4 ECTS credits, method of grading: numerical grade</li> <li>• presentation (approx. 30 minutes) and term paper (approx. 10 pages)</li> </ul> <b>Assessment component to module component 05-SP-EFWS-3-092:</b> Erweitertes Seminar Sportpädagogik/ Sportdidaktik <ul style="list-style-type: none"> <li>• 4 ECTS credits, method of grading: numerical grade</li> <li>• presentation (approx. 30 minutes) and term paper (approx. 10 pages)</li> </ul>		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)
§ 57 (1) 5. b) Sport Sportpädagogik/Sportpsychologie
§ 57 (1) 5. d) Sport Bewegungswissenschaft/Trainingswissenschaft
<b>Module appears in</b>
First state examination for the teaching degree Realschule Science of Sport (2009)

# Teaching

(12 ECTS credits)

Module title		Abbreviation
Application, analysis and evaluation of subject-didactic competences 1		05-SP-GHR-FD1-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
2 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar and exercises (minimum 80% of sessions offered).
Contents		
In this module we study and discuss the principles of sport-didactic work (choosing topics) and specify them in view of research in the field of sports education and didactics. We use examples from various movement fields and types of sports to study the subject-didactic principles of planning classes. We examine the connections between goals, contents and methods in view of the didactic problem of choosing subjects for physical education. We apply various planning and evaluating didactics to evaluate the examples and teaching methods and implement them in class whilst taking into account teaching didactics. This knowledge about sport didactics is implemented in trial classes and is tested in an inter-individual examination.		
Intended learning outcomes		
The students have basic competencies in subject didactics and in conducting methodological research. They are able to combine these competencies to work on a thematic priority whilst taking into account technical limits. Furthermore, they can transfer their skills to the conception of a research project. They also have essential professional skills in dealing with the problem of choosing topics in the area of subject didactics and are able to transfer norms of education theory, sports sociology, training science and movement science to concepts of physical education. By including and excluding further basics of various planning and evaluating didactics, the students are able to enhance the model of choosing topics for physical education classes.		
Courses (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
a) written examination (approx. 60 minutes) and term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. f) Sport Didaktik		
Module appears in		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Competence in the principles of teaching sports games		05-SP-GHR-SSK-FD-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
3	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	--
<b>Contents</b>		
<p>This course addresses and evaluates basic questions and issues of social science of sports as well as physical education games and didactics in view of the current discourse on the subject. One lecture about the didactics of physical education games focuses on central teaching concepts and models of these games and establishes exemplary connections to the application areas of target kicking and net/wall games. A second lecture provides an introduction to the principles and application fields of sports in the context of social science, discusses the central theories, models and methods of social science and shows the connections between social science and sports on the basis of selected topics.</p>		
<b>Intended learning outcomes</b>		
<p>The students have essential professional skills in teaching physical education games and in assessing sports from a social-scientific point of view. They know the principles of various didactic approaches to physical education games and learn to break away from everyday theories and pre-scientific knowledge about teaching sports and physical education games. Their theoretical knowledge enables them to evaluate phenomena, structures and teaching topics of sports. They know the social-scientific principles of sports development and sports sociology and are able to find their connections to the origin and development of trend sports.</p>		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
V + V (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 45 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. f) Sport Didaktik		
<b>Module appears in</b>		
<p>First state examination for the teaching degree Grundschule Science of Sport (2009)  First state examination for the teaching degree Hauptschule Science of Sport (2009)  First state examination for the teaching degree Realschule Science of Sport (2009)  First state examination for the teaching degree Mittelschule Science of Sport (2013)</p>		

Module title		Abbreviation
<b>Teaching and learning of movement 2: orientated on subject-didactic aspects of sports</b>		05-SP-BLL-FD-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
2	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<b>Contents</b>		
In this course we discuss central theories, concepts and models of movement science and analyse them in view of central problems of movement learning in a phenomenological manner. The students acquire scientific knowledge about the pedagogical backgrounds and topics of human movement and develop the ability to understand and analyse it. Aside from analysing movement, we use the structures of various exemplary movement topics to raise and examine questions about learning and teaching movement.		
<b>Intended learning outcomes</b>		
The students have essential professional skills in analysing human movement. They know didactic applicabilities of various approaches to movement science and the resulting methods of diagnosing movement. They are able to evaluate and reflect these methods in view of the teaching topic in selected movement fields. They are also able to analyse human movement in a proper and differentiated manner and to use their results to plan teaching/learning processes.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
term paper (approx. 10 pages) or presentation (approx. 30 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. f) Sport Didaktik		
<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

Module title		Abbreviation
Compensatory patterns of movement		05-SP-KOMP-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
2	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).
<b>Contents</b>		
In this course we discuss the principles of sports in view of the possibilities of movement science to compensate for physical and psychological overload and one-sided stress. We examine the requirements and consequences of cultural change processes in the context of sports and movement culture and evaluate their consequences for movement studies. Furthermore, we determine, examine and apply the corresponding consequences of subject didactics.		
<b>Intended learning outcomes</b>		
The students acquire essential professional skills in conceptually reviewing sports and exercise offers that have a compensatory effect. They are able to transfer these principles to various connections between sports and its didactic requirements for physical education in schools. Furthermore, they are able to critically evaluate current developments from this area. When it comes to didactics, the students know how to properly deal with central movement topics of compensatory movement and game forms.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
term paper (approx. 10 pages) or presentation (approx. 30 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
§ 57 (1) 5. f) bb) Sport Didaktik Kompensatorische Bewegungsformen § 57 (1) 5. f) bb) Sport Didaktik Kompensatorische Bewegungsformen (§57/1/5/f/bb),		
<b>Module appears in</b>		
First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Mittelschule Science of Sport (2013)		

## **Freier Bereich (general as well as subject-specific electives)**

( ECTS credits)

Teaching degree students must take modules worth a total of 15 ECTS credits in the area Freier Bereich (general as well as subject-specific electives) (Section 9 LASPO (general academic and examination regulations for teaching-degree programmes)). To achieve the required number of ECTS credits, students may take any modules from the areas below.

Freier Bereich -- interdisciplinary: The interdisciplinary additional offer for a teaching degree can be found in the respective Annex "Ergänzende Bestimmungen für den "Freien Bereich" im Rahmen des Studiums für ein Lehramt".



# Physical Education

( ECTS credits)

(Freier Bereich (general as well as subject-specific electives) -- subject specific)

Module title		Abbreviation
Theoretical Aspects of Winter Sports		05-SP-SKI-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
1	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	--
<b>Contents</b>		
<p>In this course we use the example of gliding on ice and snow to assess movement patterns in snow and winter sports from a pedagogical point of view. For this purpose, we study the principles of anthropology and movement science. We take into account central principles of movement science and evaluate them on the basis of ice and snow sports. Apart from the historical roots and epistemological principles of movement theory, we also discuss didactic perspectives of teaching and learning how to glide on ice and snow. We examine and debate the current scientific knowledge that enables the students to teach movement topics in the field of winter and snow sports in a differentiated and systematic manner.</p>		
<b>Intended learning outcomes</b>		
<p>The students acquire essential professional skills in reviewing movement pedagogy of ice and snow sports in a conceptual manner. They are able to specify them in view of sport didactics and to demonstrate them by conducting teaching/learning practice. Furthermore, they acquire key competencies in the field of safety education in winter sports.</p>		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
V (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 30 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
<p>First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009)</p> <p>First state examination for the teaching degree Grundschule Science of Sport (2009)</p> <p>First state examination for the teaching degree Hauptschule Didactics in Science of Sport (Secondary School) (2009)</p> <p>First state examination for the teaching degree Hauptschule Science of Sport (2009)</p> <p>First state examination for the teaching degree Realschule Science of Sport (2009)</p> <p>First state examination for the teaching degree Gymnasium Science of Sport (2009)</p> <p>First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)</p>		
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First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Secondary School) (2009)
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2013)
First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2013)
First state examination for the teaching degree Mittelschule Science of Sport (2013)

Module title		Abbreviation
Relaxation and Wellness		05-SP-EW-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
2	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
Contents		
In this module we talk about current relaxation and wellness concepts in the context of psychophysical health promotion. We develop corresponding theoretical concepts in order to practically experience and critically evaluate them on the basis of relaxation techniques.		
Intended learning outcomes		
The students know central concepts of psychophysical health promotion in the context of relaxation and wellness measures. They are able to organise, create and design settings for relaxation and wellness.		
Courses (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
presentation (approx. 20 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
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Module appears in		
First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009) First state examination for the teaching degree Grundschule Science of Sport (2009) First state examination for the teaching degree Hauptschule Didactics in Science of Sport (Secondary School) (2009) First state examination for the teaching degree Hauptschule Science of Sport (2009) First state examination for the teaching degree Realschule Science of Sport (2009) First state examination for the teaching degree Gymnasium Science of Sport (2009) First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009) First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Secondary School) (2009) First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2013)		
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First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2013)  
First state examination for the teaching degree Mittelschule Science of Sport (2013)

Module title		Abbreviation
Methods in Natural Medicine		05-SP-NHM-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
2	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminar (minimum 80% of sessions offered).
<b>Contents</b>		
In this module we discuss exemplary concepts and methods of physiotherapy. We develop corresponding exemplary concepts (e.g. massaging yourself and others, taping etc.) and experience their effects in practice.		
<b>Intended learning outcomes</b>		
The students know central techniques of physiotherapy and their importance for psychophysical health promotion. They are able to use these techniques on themselves and on others in a professional manner.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
S (no information on SWS (weekly contact hours) and course language available)		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
presentation (approx. 20 minutes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
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<b>Workload</b>		
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<b>Teaching cycle</b>		
--		
<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
First state examination for the teaching degree Grundschule Didactics in Science of Sport (Primary School) (2009)		
First state examination for the teaching degree Grundschule Science of Sport (2009)		
First state examination for the teaching degree Hauptschule Didactics in Science of Sport (Secondary School) (2009)		
First state examination for the teaching degree Hauptschule Science of Sport (2009)		
First state examination for the teaching degree Realschule Science of Sport (2009)		
First state examination for the teaching degree Gymnasium Science of Sport (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Primary School) (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Secondary School) (2009)		
First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2013)		
First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2013)		
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First state examination for the teaching degree Mittelschule Science of Sport (2013)

# Thesis

(10 ECTS credits)

Preparation of a written Hausarbeit (thesis) in accordance with the provisions of Section 29 LPO I (examination regulations for teaching-degree programmes) is a prerequisite for teaching degree students to be admitted to the Erste Staatsprüfung (First State Examination). In accordance with the provisions of Section 29 LPO I, students studying for a teaching degree Realschule may write this thesis in one of the subjects they selected as Unterrichtsfach (subject studied with a focus on the scientific discipline) or in the subject Erziehungswissenschaften (Educational Science). Pursuant to Section 29 Subsection 1 Sentence 2 LPO I, students may also choose to write an interdisciplinary thesis.



Module title		Abbreviation
Thesis in the science of sport (elementary school)		05-SP-RS-UF-HA-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
10	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	--
<b>Contents</b>		
In this module the students independently work on a topic from the area of sports science and/or subject didactics of sports. The topic is selected in consultation with the thesis supervisor and the aim is to write a scientific thesis.		
<b>Intended learning outcomes</b>		
The students are able to independently examine a topic relevant to sports science and its corresponding literature. In doing so, they apply the knowledge and techniques that they acquired during the teaching degree programme. They are able to write down and present the results of their work in accordance with scientific norms whilst taking into account possible aspects of subject didactics.		
<b>Courses</b> (type, number of weekly contact hours, language — if other than German)		
no courses assigned		
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
written thesis (40 to 60 pages) Language of assessment: German, exceptions in accordance with Section 29 LPO I (examination regulations for teaching degree programmes)		
<b>Allocation of places</b>		
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<b>Additional information</b>		
Additional information on module duration: 1 to 2 semesters.		
<b>Workload</b>		
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<b>Teaching cycle</b>		
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<b>Referred to in LPO I</b> (examination regulations for teaching-degree programmes)		
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<b>Module appears in</b>		
First state examination for the teaching degree Realschule Science of Sport (2009)		