

Module title		Abbreviation
Life and Health - behavior interventions for healthy lives and wellbeing		07-MGCS-LH-BE-252-m01
Module coordinator		Module offered by
Dean of the Faculty of Biology		Faculty of Biology
ECTS	Method of grading	Only after succ. compl. of module(s)
10	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	graduate	--
Contents		
<p>Lectures and workshops on health concepts: Public health, global health, one health, planetary health Interconnectedness of Human, Animal and Environmental Health and the impact of climate on health Health and sustainability Challenges and approaches in the field of health and well-being Environmental determinants of health Biological determinants of health Social and cultural determinants of health from a sustainability perspective Behavioural determinants of health Models of behaviour change Basic epidemiological concepts Health Through the Ages: A Historical Exploration Policy and practice: the relationship between an intervention and a policy The nature and features of complex interventions</p>		
Intended learning outcomes		
<p>To provide students with an appropriate understanding on the different health concepts, covering public health, global health, one health and planetary health perspectives. To enable students to recognise challenges associated with maintaining healthy lifestyles and wellbeing within a sustainable environment and devise and implement solutions for these challenges. To equip students with the knowledge and skills necessary to promote health and wellbeing by comprehensively addressing the intricate interplay between human, animal, environmental and climate factors. To equip the students with the necessary skills and concepts on how to contribute to the development of high quality sustainable complex interventions that might respond to current and foreseeable challenges related to health in the context of the SDG targets.</p>		
Courses (type, number of weekly contact hours, language — if other than German)		
<p>S (4) Module taught in: English</p>		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
<p>Portfolio (10 to 15 written or oral assessments, each 5 to 10 pages or 10 to 15 minutes) Oral examinations can also be held as group examinations. The examination time will be determined according to the number of participants, with the specified time frame of 10 to 15 minutes being applied per candidate. Language of assessment: English</p>		
Allocation of places		
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Additional information		
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Workload		
300 h		
Teaching cycle		
Teaching cycle: every semester		

Referred to in LPO I (examination regulations for teaching-degree programmes)

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Module appears in

Master's degree (1 major) Global Challenges for Sustainability (2025)