Contents

In this seminar, we will explore the causes and reasons of a broad range of health issues faced by many children and adolescents in Germany today; we will discuss different types of these health issues as well as related theories. We will discuss the topics drugs and substance abuse, sex education, unhealthy eating habits and lack of exercise and will focus on different contents and skills each semester. Large parts of the course will be devoted to developing teaching units tailored to the respective type of school that encourage pupils to adopt healthy habits. These units will be aimed at changing and preventing unhealthy habits as well as promoting comprehensive and ongoing health education. At the same time, we will explore general measures (e.g. raising the self-esteem or self-efficacy of pupils) as well as measures related to specific topics in both theory and practice. We will implement these measures and will also take interdisciplinary aspects into account.

Intended learning outcomes

Knowledge on the emergence and types of typical health-impairing conditions. Insight into selected theories that may help explain why children and adolescents adopt typical health-impairing behaviours. Overview of older and current approaches to the prevention of specific behaviours. Subject-specific and didactic knowledge necessary to teach topics in health education. Insight into the scientific principles behind these topics. Ability to translate topics in the area of health education from the curriculum for the respective type of school, in a didactically reduced manner, into teaching sequences, teaching units and lessons. Ability to design an interdisciplinary prevention programme, to be taught over the course of one school year, that is tailored to the type of school and the respective group of pupils. Ability to implement measures to support the personal development of pupils.

Courses

S (no information on SWS (weekly contact hours) and course language available)

Method of assessment

seminar paper (7 to 10 pages)

Allocation of places

Additional information

Referred to in LPO I (examination regulations for teaching-degree programmes)

Module appears in

First state examination for the teaching degree Grundschule Biology (2009)
First state examination for the teaching degree Grundschule Didactics in Biology (Primary School) (2009)
First state examination for the teaching degree Hauptschule Biology (2009)
First state examination for the teaching degree Hauptschule Didactics in Biology (Secondary School) (2009)
| First state examination for the teaching degree Realschule Biology (2009) |
| First state examination for the teaching degree Sonderpädagogik Didactics in Biology (Secondary School) (2009) |
| First state examination for the teaching degree Sonderpädagogik Didactics in Biology (Middle School) (2013) |
| First state examination for the teaching degree Mittelschule Biology (2013) |
| First state examination for the teaching degree Mittelschule Didactics in Biology (Middle School) (2013) |