Understanding the sociological foundations of sports

06-SP-SWG-102-m01

Module coordinator
holder of the Chair of Science of Sports

Module offered by
Institute of Sport Science

ECTS
5

Method of grading
numerical grade

Only after succ. compl. of module(s)

Duration
2 semester

Module level
undergraduate

Other prerequisites
--

Contents
In this module, students will acquire deeper theoretical insights into central sociological basics, and these will be linked to topics from movement, game and sports cultures. In connection with the lectures of Module 1 (Sportwissenschaftliche Frage- und Problemstellungen sowie Sportpädagogik (Sport Scientific Questions and Problems and Physical Education)), students will learn to look at underlying concepts and topics in the area of sport from an interdisciplinary oriented sports science point of view. This will allow them to analytically grasp and assess exercising and/or activity in a movement culture context. The latter will take place from the point of view of social sciences and the humanities and during two different courses in lecture format. The lecture on social sciences and social psychological basics will acquaint students with central sociological, psychological and cultural theories, models, methods and concepts and will provide them with an opportunity to gain deeper insights into these with regard to their contribution to the understanding of our movement, game and sports culture. In the seminar "Portfolio: Planungsgrundlagen und Studierperspektiven" ("Portfolio: Planning Basics and Study Perspectives"), students will be informed about the different options they have in the Bachelor's degree programme. Students will develop the basic structure of a portfolio documenting progress in the learning progress which they will continue working on over the entire course of their university education.

Intended learning outcomes
Students will acquire basic expertise in the areas of sport sociology / sport social psychology. They will become familiar with sport sociological basics of activity in a movement culture context and will learn how to put these in relation to practical sport and movement. In addition, students will acquire differentiated sport sociological technical and methodological skills via a comparative analysis of central terms, classifications, models, concepts and methods of social science disciplines in sport science. They will learn how to reflectively deal with the course content and options offered. This will foster the development of personal skills and will help students adopt a target-oriented approach to work over the entire duration of their university education.

Courses
V + S (no information on SWS (weekly contact hours) and course language available)

Method of assessment
written examination (approx. 30 minutes)

Allocation of places
--

Additional information
--

Referred to in LPO I (examination regulations for teaching-degree programmes)
--

Module appears in
Bachelor’s degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2010)
Bachelor’s degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2013)