

Module title		Abbreviation
Recognizing problems in the Sport Science area and understanding the educational foundations of Sports		o6-SP-SPPG-102-m01
Module coordinator		Module offered by
holder of the Chair of Science of Sports		Institute of Sport Science
ECTS	Method of grading	Only after succ. compl. of module(s)
10	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	By way of exception, additional prerequisites are listed in the section on assessments.
Contents		
<p>In this module, sports scientific questions and problems will be looked into and discussed in the light of interdisciplinary approaches (natural sciences, humanities and social sciences). The module will focus on providing students with an opportunity to acquire deeper theoretical insights into central sociological basics, and these will be linked to topics from movement, game and sports cultures. Students will learn to look at underlying concepts and topics in the area of sport from an interdisciplinary oriented sports science point of view. This will allow them to analytically grasp and assess exercising and/or activity in a movement culture context. The lecture on "Sportpädagogik" ("Physical Education") will discuss the fundamentals of educational physical education and will acquaint students with educational theoretical basic knowledge as well as historical basics. In the seminar "Freizeitsportart mit einem Anteil Service Learning" ("Recreational Sport with Service Learning"), basic topics of leisure sports will be discussed. In this context, students will be made aware of the relationship between the diverse possibilities of exercising during leisure time and an open understanding of health. The associated health concept will be discussed both in the light of a salutogenic approach and with inclusion and exclusion of different understandings of health (risk factor model etc.).</p>		
Intended learning outcomes		
<p>Students will acquire basic expertise in sport scientific work and research methods as well as in sport pedagogy and recreational sports. They will become familiar with the theoretical basics of education and learning in the area of activity in a movement culture context and will learn to correlate these with sports practice as well as an open understanding of health. In addition, students will acquire differentiated sport educational theoretical and methodological expertise via a comparative analysis of central terms, classifications, models, concepts and methods of the humanities and social science disciplines of sport science. Independent planning of a project in the area of recreational sports will both require and foster the development of personal skills in students. They will learn to evaluate the learning progress at every stage of the project; this will also support conscious learning.</p>		
Courses (type, number of weekly contact hours, language — if other than German)		
<p>This module comprises 2 module components. Information on courses will be listed separately for each module component.</p> <ul style="list-style-type: none"> o6-SP-SPPG-1-102: V + V (no information on SWS (weekly contact hours) and course language available) o6-SP-SPPG-2-102: S (no information on SWS (weekly contact hours) and course language available) 		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
<p>Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.</p> <p>Assessment in module component o6-SP-SPPG-1-102: Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the theory Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the theory</p> <ul style="list-style-type: none"> 5 ECTS, Method of grading: numerical grade written examination (approx. 60 minutes) Language of assessment: German, English <p>Assessment in module component o6-SP-SPPG-2-102: Recognizing problems in the Sports Science area and understanding the educational foundations of Sports: Understanding the experience</p>		

- 5 ECTS, Method of grading: (not) successfully completed
- term paper (approx. 20 pages)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

Allocation of places

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Additional information

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Workload

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Teaching cycle

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Referred to in LPO I (examination regulations for teaching-degree programmes)

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Module appears in

Bachelor's degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2010)

Bachelor's degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2013)