

# Module description

Module title					Abbreviation
Developing basic competencies in movement, play and spo				orts 3	o6-SP-RS4-BKSH3-152-mo1
Module coordinator				Module offered by	
head of Centre for Sports and Physical Education				Centre for Sports and Physical Education	
ECTS	Method of grading		Only after succ. compl. of module(s)		
5	(not)	successfully completed			
Duration		Module level	Other prerequisites		
2 semester		undergraduate	Regular attendance of the seminars (minimum 80% of sessions offered).		
Contrate					

#### **Contents**

In this module we use examples from running, jumping, throwing, gymnastics and dance as well as exercising with and without sports equipment and exercising in water to discuss, evaluate and apply basic competencies of sport didactics and basic teaching/learning conceptions of movement fields and sports for individuals. We focus on acquiring and extending basic movement and perception competencies in various settings (different media (water, open-air areas, gyms), with and without sports equipment) as well as corresponding didactic and pedagogical competencies in teaching and learning with different groups (including age, gender, individual condition, inclusion). The students test and evaluate their knowledge about sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.

## **Intended learning outcomes**

The students have basic and advanced movement and perception competencies and know various teaching/learning concepts in the field of exercise settings for individuals and individual sports. They have basic subject-didactic, pedagogical and motor competencies in the fields of running, jumping, throwing (athletics) as well as in physical expression and movement creation (gymnastics and dance) and are able to appropriately deal with different target groups in these teaching/learning settings. The students have advanced teaching/learning competencies in the field of exercising in water and are therefore able to flexibly handle other teaching/learning situations and different learning levels as well as different target groups.

**Courses** (type, number of weekly contact hours, language — if other than German)

S(2) + S(1) + S(1)

**Method of assessment** (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)

practical examination (approx. 5 minutes)

## **Allocation of places**

S(1) approx. 12 places, S(2) approx. 18 places, S(3) approx. 18 places. Should the number of applications exceed the number of available places, places will be allocated according to the number of subject semesters.

#### **Additional information**

If a seminar is part of a series of seminars, participants should have attended previous seminars in the series.

### Workload

150 h

#### **Teaching cycle**

## **Referred to in LPO I** (examination regulations for teaching-degree programmes)

§ 57 I Nr. 5e) bb) (2 ECTS credits)

§ 57 I Nr. 5e) cc) (2 ECTS credits)

§ 57 I Nr. 5e) ff) (1 ECTS credits)

#### Module appears in

First state examination for the teaching degree Realschule Science of Sport (2015)