

Module title		Abbreviation
Enhancing expertise in sports science		o6-SP-RS11-SWfV-152-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	--
Contents		
<p>In this module we discuss and examine central topics of sports psychology and either disciplines of sports education/subject didactics or training and movement science. We compare our results to the current state of research of the respective discipline and determine their effects on movement, game and sport practice at and outside of school. We study and evaluate disciplinary and interdisciplinary theories, models, methods and concepts of psychology, pedagogy, subject didactics, training science or movement science and discuss their contribution to and significance for a deeper understanding of movement, game and sport practice. We use examples from central and current selected topics of the respective disciplines to achieve a deeper understanding of the backgrounds and topics of sports from the perspective of sports science.</p>		
Intended learning outcomes		
<p>The students have essential professional knowledge and competencies in sports psychology and advanced professional knowledge and competencies in the central topics of subject-didactic sports education or training and movement science and are able to evaluate these topics in view of current research results. They know the crucial discipline-specific topic areas and corresponding terms, systematics, models and methods and are able to estimate their importance for well-founded scientific teaching/learning situations for various target groups. Furthermore, they have technical presentation and communication skills.</p>		
Courses (type, number of weekly contact hours, language — if other than German)		
V (1) + S (2)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
presentation (30 minutes) with written elaboration in S creditable for bonus		
Allocation of places		
S approx. 25 places. Should the number of applications exceed the number of available places, places will be allocated according to the number of subject semesters.		
Additional information		
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Workload		
150 h		
Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 57 I Nr. 5 b) (2 ECTS credits) and 5 b) (3 ECTS credits) or 5 d) (3 ECTS credits)		
Module appears in		
First state examination for the teaching degree Realschule Science of Sport (2015)		