

Module title		Abbreviation
Developing and evaluating sports performance		06-SP-LEE1B-102-m01
Module coordinator		Module offered by
holder of the Professorship of Training and Biology		Institute of Sport Science
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
2 semester	undergraduate	Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).
Contents		
<p>In this module, theoretical basics for the analysis and evaluation of sport and exercise performance will be developed and, as an example, discussed in connection with health-oriented endurance sport. The module is divided into two sections: First, the theoretical basics and associated measurement methods of performance, exercise and health diagnostics will be elaborated in a lecture during the winter semester. In the following summer semester, the basic elements of possible working fields in health-oriented endurance sports will be developed and linked to the theoretical aspects of performance and movement analysis.</p>		
Intended learning outcomes		
<p>Students possess basic expertise in the diagnosis and evaluation of movement performances as well as sport discipline specific expertise in health-oriented endurance sport which allows them to teach theoretically based, purposeful exercising in this field.</p>		
Courses (type, number of weekly contact hours, language – if other than German)		
V + S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
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Module appears in		
Bachelor's degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2010)		
Bachelor's degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2013)		