Module title			Abbreviation
Developing basic competencies in movement, play and sports 1			06-SP-GY2-BKSH1-152-m01
Module coordinator		**Module offered by**	
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education	
ECTS	**Method of grading**	**Only after succ. compl. of module(s)**	
6	(not) successfully completed	--	
Duration	**Module level**	**Other prerequisites**	
1 semester	undergraduate	Regular attendance of the seminars (minimum 80% of sessions offered).	

Contents

In this module we use examples from gliding on snow and ice, exercising with sports equipment and exercising in water to discuss, evaluate and apply basic competencies of sport didactics and basic teaching/learning conceptions of movement fields and sports for individuals. We focus on acquiring basic movement and perception competencies in various settings (different media (water, snow), with and without sports equipment) as well as corresponding didactic and pedagogical competencies in teaching and learning with heterogeneous groups (including age, gender, individual condition, inclusion). Furthermore, we discuss and evaluate trans-situational and situation-specific aspects of safety and environmental education. The students test and evaluate their knowledge about sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.

Intended learning outcomes

The students have basic movement and perception competencies and know various teaching/learning concepts from the area of exercise settings for individuals and individual sports. They have basic subject-didactic, pedagogical and motor competencies in the field of gliding on snow and ice/winter sports, exercising with sports equipment/gymnastics and exercising in water/swimming and are able to appropriately deal with different target groups in these settings. Furthermore, the students have basic competencies in the field of safety and environmental education.

Courses (type, number of weekly contact hours, language — if other than German)

S (2) + S (2) + S (1)

Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)

practical examination (approx. 5 minutes)

Allocation of places

S(1) approx. 12 places, S(2) approx. 16 places, S(3) approx. 16 places. Should the number of applications exceed the number of available places, places will be allocated according to the number of subject semesters.

Additional information

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Workload

180 h

Teaching cycle

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Referred to in LPO I (examination regulations for teaching-degree programmes)

§ 83 I Nr. 5 e) gg) (2 ECTS credits)
§ 83 I Nr. 5 e) ee) (2 ECTS credits)
§ 83 I Nr. 5 e) cc) (2 ECTS credits)

Module appears in

First state examination for the teaching degree Gymnasium Science of Sport (2015)
Teaching degree Gymnasium Erweiterung Science of Sport (2015)
Teaching degree Gymnasium Erweiterung Science of Sport (2015 Erweiterungsfach)

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