

Module title		Abbreviation
Basic Instructions in Physical Education		o6-SP-BQ-152-mo1
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
3	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Regular attendance of seminar is mandatory (minimum 80 % of seminar sessions).
Contents		
<p>In this course we study basic contents, questions and issues of the didactic fields "creating movement", "playing with and against each other" and "promoting health" by evaluating our own practical experiences. We specify these fields by studying central aspects of the integration of movement-oriented topics into school life. We playfully examine the promotion of fitness and coordination in the individual fields. In this context, we discuss aspects of organisation and safety and find differentiation possibilities specific to individual types of school. We use examples from motoric plays and small games with and without a ball to experience and evaluate basic principles, problems and possibilities of playing with and against each other. The module components "Creating Movement" and "Playing with and Against Each Other" each contain specific aspects of "Promoting Health".</p>		
Intended learning outcomes		
<p>The students have basic competencies in the three didactic fields "creating movement", "playing with and against each other" and "promoting health". They know the basic, school-type-specific criteria of planning, conducting and evaluating teaching/learning processes in physical education classes. The students know teaching/learning concepts to support the development of coordination and stamina in class. They are able to apply various organisation forms and differentiation possibilities of the integration of movement-oriented topics into school life. Furthermore, they know how to integrate knowledge about health maintenance and health promotion in the context of sports activities and human movement.</p>		
Courses (type, number of weekly contact hours, language — if other than German)		
S (2)		
Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)		
report (approx. 15 pages)		
Allocation of places		
<p>20 places. Should the number of applications exceed the number of available places, places will be allocated according to the number of subject semesters. Among applicants with the same number of subject semesters, places will be allocated by lot. A waiting list will be maintained and places re-allocated by lot as they become available.</p>		
Additional information		
<p>In accordance with the provisions of Section 36 Subsection 1 No. 5 LPO I (examination regulations for teaching-degree programmes), this module is designed for students of Didaktik der Grundschule (Didactics for Grundschule) as well as, in accordance with the provisions of Section 38 Subsection 1 No. 5 LPO I, for students of Didaktiken einer Fächergruppe der Mittelschule (Didactics of a Group of Subjects of Mittelschule) who do not study Physical Education as Unterrichtsfach (with a focus on the scientific discipline) or Didaktikfach (with a focus on teaching methodology).</p>		
Workload		
90 h		
Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)

§ 22 II Nr. 1 h)

Module appears in

First state examination for the teaching degree Grundschule Pedagogy of Primary Education (2015)
 First state examination for the teaching degree Sonderpädagogik Pedagogy of Primary Education (2015)
 First state examination for the teaching degree Sonderpädagogik Teaching at the German Mittelschule (2015)
 First state examination for the teaching degree Mittelschule Teaching at the German Mittelschule (2015)
 First state examination for the teaching degree Mittelschule Teaching at the German Mittelschule (2020 (Prüfungsordnungsversion 2015))
 First state examination for the teaching degree Sonderpädagogik Teaching at the German Mittelschule (2020 (Prüfungsordnungsversion 2015))
 First state examination for the teaching degree Sonderpädagogik Pedagogy of Primary Education (2020 (Prüfungsordnungsversion 2015))
 First state examination for the teaching degree Grundschule Pedagogy of Primary Education (2021)
 First state examination for the teaching degree Sonderpädagogik Pedagogy of Primary Education (2021)