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| <b>Module title</b>  |                          | <b>Abbreviation</b>   |
| Teaching and learning exercises 1  |                          | o6-SP-BLL1B-102-m01   |
| <b>Module coordinator</b>  |                          | <b>Module offered by</b>  |
| holder of the Chair of Science of Sports   |                          | Institute of Sport Science  |
| <b>ECTS</b>  | <b>Method of grading</b> | <b>Only after succ. compl. of module(s)</b>   |
| 10   | numerical grade          | --  |
| <b>Duration</b>  | <b>Module level</b>      | <b>Other prerequisites</b>  |
| 1 semester   | undergraduate            | By way of exception, additional prerequisites are listed in the section on assessments. |
| <b>Contents</b>  |                          |   |
| <p>In this module, motion scientific questions and problems will be looked into and discussed from the point of view of natural sciences, humanities and cultural studies with regard to movement and human self-moving. The main focus will be on developing central movement and exercise scientific theories, concepts and models and discussing them, as an example, in connection with topics in the area of movement practice. Students will learn to look at underlying concepts and topics in the area of human movement and human "self-moving" from an interdisciplinary oriented movement and exercise science point of view. This will allow them to analytically grasp and assess human movement action. The latter will primarily take place from the point of view of anthropology and during a lecture. In the seminar on "Psychomotorik" ("Psychomotor") as well as in the lecture "Experimente und Bewegungskonsequenz" ("Experiments and Exercise Consequences"), the theoretical basics will be mirrored and reflected on in an exemplary manner and students will be provided with an opportunity to gain deeper insights into these theoretical basics. In the course "Experimente und Bewegungskonsequenz" ("Experiments and Exercise Consequences"), this will be done by performing, documenting and analysing experiments in the area of movement and exercise science related to the respective basic topics covered in the lecture (learning, movement coordination, motor control etc.). The seminar on "Psychomotorik" ("Psychomotor") will focus on the task of teaching as well as the observation of relevant topics.</p> |                          |   |
| <b>Intended learning outcomes</b>  |                          |   |
| <p>Students will acquire basic expertise in exercise and movement science and in the didactic basics of psychomotor functioning. They will become familiar with the basics of various exercise and movement science approaches. The latter will also be mirrored and reflected on in an exemplary manner with regard to the psychomotor work with a view to the topic taught. This approach, which connects theory and practice, will help students abandon everyday theoretical and pre-scientific knowledge about movement learning and start reflecting on movement phenomena and topics taught in the context of theoretical knowledge in exercise and movement science. Independent planning of the project that is part of the course "Experimente und Praxiskonsequenz" ("Experiments and Practical Consequences") will both require and foster the development of personal skills in students. Therefore, they will learn to transfer the theoretical knowledge gained during the lecture to scientifically relevant application contexts.</p>   |                          |   |
| <b>Courses</b> (type, number of weekly contact hours, language — if other than German)   |                          |   |
| <p>This module comprises 2 module components. Information on courses will be listed separately for each module component.</p> <ul style="list-style-type: none"> <li>• o6-SP-BLL1B-1-102: S + V (no information on SWS (weekly contact hours) and course language available)</li> <li>• o6-SP-BLL1B-2-102: S (no information on SWS (weekly contact hours) and course language available)</li> </ul>   |                          |   |
| <b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)   |                          |   |
| <p>Assessment in this module comprises the assessments in the individual module components as specified below. Unless stated otherwise, successful completion of the module will require successful completion of all individual assessments.</p>  |                          |   |
| <b>Assessment in module component o6-SP-BLL1B-1-102: Movement and psychomotor performance</b>  |                          |   |
| <p>Movement and psychomotor performance</p> <ul style="list-style-type: none"> <li>• 5 ECTS, Method of grading: numerical grade</li> <li>• written examination (approx. 90 minutes)</li> </ul>   |                          |   |

- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Assessment in module component 06-SP-BLL1B-2-102:** Experiments and motion consequence

- 5 ECTS, Method of grading: (not) successfully completed
- term paper (approx. 20 pages)
- Other prerequisites: Admission prerequisite to assessment: regular attendance (minimum 80%) of courses (lectures excluded).

**Allocation of places**

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**Additional information**

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**Referred to in LPO I** (examination regulations for teaching-degree programmes)

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**Module appears in**

Bachelor's degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2010)

Bachelor's degree (2 majors) Sport Science (Focus on health and Pedagogics in Movement) (2013)