

Module title		Abbreviation
BQT II - In-depth Practice of Psychotherapy III: New Procedures and Methods in Psychotherapy		o6-PSY-MAKLIN-qualT-3-222-m01
Module coordinator		Module offered by
holder of the Professorship of Psychological Intervention		Institute of Psychology
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	graduate	--
Contents		
<p>The topic of the course is concerned with teaching detailed knowledge of risks, side effects, costs, benefits and failure in psychotherapy and its prevention, providing practical guidance as well as hands-on practice regarding psychotherapeutic techniques also in challenging therapy situations, as well as in crisis and emergency situations, including suicidality. The students pay attention to aspects of the therapeutic relationship in order to recognize problems in the treatment and motivation for change in patients and therapists, to address them appropriately and to solve them in a suitable manner. They also learn to integrate the neurobiological processes associated with mental disorders and their treatment into the assessment of success prognosis and failure detection. In exercises, further psychotherapeutic methods with scientific evidence, and/or scientifically well-supported new developments in psychotherapy are discussed in detail. Topics are discussed and implemented in exercise-oriented small groups by students on their own under expert guidance. Difficult therapy situations, adverse events in the course of therapy and failures are discussed and guidance will be provided for each case based on the framework of the respective psychotherapeutic method.</p>		
Intended learning outcomes		
<p>The students will learn basic and applied competences in the area of research in psychotherapy and the implementation of these competences in an evidence-based individual action for later practical application as a psychotherapist. They will be able to evaluate the scientific quality of psychotherapeutic methods and their scientific evaluation. These goals can only be achieved by regular attendance, active participation and active lecture work.</p>		
Courses (type, number of weekly contact hours, language – if other than German)		
Ü (4)		
Method of assessment (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
<p>oral examination of one candidate each or oral examination in groups (approx. 30 or 120 minutes) or case report (approx. 6 pages) or case study (approx. 120 minutes) Language of assessment: German</p>		
Allocation of places		
<p>15 places According to Section 10(4) of PsychThApprO the maximum number of participants is 15. Should the number of applications exceed the number of available places, places will be allocated as follows: places will be allocated according to the number of subject semesters. Among applicants with the same number of subject semesters, places will be allocated by lot.</p>		
Additional information		
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Workload		
150 h		
Referred to in LPO I (examination regulations for teaching-degree programmes)		
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**Module appears in**

Master's degree (1 major) Psychology: Clinical Psychology, Psychotherapy and Clinical Neuroscience (2022)