

Module title		Abbreviation
Evidence-based Psychotherapy 2 (Further Development and New Psychotherapeutic Procedures); Documentation and Evaluation of psychotherapeutic Treatments		o6-PSY-MAKLIN-SpezSV-4-222-mo1
Module coordinator		Module offered by
holder of the Professorship of Intervention Psychology		Institute of Psychology
ECTS	Method of grading	Only after succ. compl. of module(s)
7	numerical grade	--
Duration	Module level	Other prerequisites
2 semester	graduate	--
Contents		
<p>This module consists of two seminars.</p> <p>Seminar 1 conveys the scientific-theoretical anchoring of therapeutic procedures based on the knowledge of current psychotherapy research and gives comprehensive insights into the further development of existing as well as the development of new psychotherapeutic methods, e.g. mindfulness procedures, schema therapy etc. The phases of scientifically based new development, scientific recognition up to the social law approval of new psychotherapeutic procedures are treated theoretically and practically using different examples. In-depth knowledge of efficacy, process research and evaluation, in particular neuroscientific knowledge, is taught and applied to relevant research studies and their results are assessed for psychotherapy. On this basis, concrete examples of psychotherapeutic treatment methods (existing, new and further developments) and their integration into the case conception and treatment planning of psychotherapeutic interventions based on evidence-based psychotherapeutic procedures are analyzed and critically evaluated with regard to an economic approach in practice.</p> <p>In the seminar 2 on the organization, documentation and evaluation of psychotherapeutic treatments, methods and procedures for quality assurance and quality management of institutional and individual psychotherapeutic actions are taught and illustrated using examples. In addition, measures to check secure and further improve current psychotherapeutic care taking into account the requirements of the health system are discussed, critically questioned and evaluated. Additionally, knowledge about the responsibilities and competencies of the professional groups in the healthcare system as well as special features of management functions are conveyed.</p>		
Intended learning outcomes		
<p>In Seminar 1, students are enabled to evaluate, use and critically reflect on relevant scientific studies and their results, also with regard to new and further developments of psychotherapeutic procedures, and are thus able to use them for psychotherapy. They learn to evaluate (neuro-)scientific findings as well as new or further developments in psychotherapy with regard to their research approach and their significance in terms of content and methodology, so that well-founded decisions for action can be derived for psychotherapeutic diagnostics, for psychotherapeutic interventions and for counseling. In addition, they can incorporate current psychotherapeutic methodological developments into independent, scientifically based case conception and treatment planning and thus act in an evidence-based, psychotherapeutic manner. In doing so, they also learn to take into account the special features of the respective age groups, disorder patterns, emotional, physiological and intellectual developmental status and the social and illness context. In this way, students are able to explain mental disorders, mentally co-conditioned illnesses and associated neurobiological processes in all age groups on the basis of the current state of the art.</p> <p>The objectives of Seminar 2 - Documentation and Evaluation - are to enable students to document and evaluate their psychotherapeutic actions, both in individual cases and in the treatment setting, using scientific methodological knowledge and taking into account quality-relevant aspects: They learn to assess measures of continuous quality management and quality improvement as well as the structural, process, and outcome quality of psychotherapeutic and psychosocial measures and settings and to independently take appropriate measures to ensure patient safety. This also considers the need for collaboration in and guidance of interdisciplinary teams. These goals can only be achieved by regular attendance, active participation and active lecture work.</p>		
Courses (type, number of weekly contact hours, language — if other than German)		
S (2) + S (2)		
Module taught in: German and/or English		

Method of assessment (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)

- a) presentation (approx. 30 minutes) or
- b) case study (approx. 120 minutes) or
- c) exercises to be answered during the semester (approx. 0.5 pages per session)

Language of assessment: German and/or English

The seminar Documentation and Evaluation of psychotherapeutic Treatments is creditable for bonus

Allocation of places

max. 20 places

Should the number of applications exceed the number of available places, places will be allocated as follows: places will be allocated according to the number of subject semesters. Among applicants with the same number of subject semesters, places will be allocated by lot.

Additional information

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Workload

210 h

Teaching cycle

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Referred to in LPO I (examination regulations for teaching-degree programmes)

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Module appears in

Master's degree (1 major) Psychology: Clinical Psychology, Psychotherapy and Clinical Neuroscience (2022)