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| <b>Module title</b>   |                          | <b>Abbreviation</b>                         |
| Clinical Psychology - Disorder-specific Psychotherapy; Intervention Psychology - Evidence-based Psychotherapy 1 (Settings: single, couple, family and group therapy)  |                          | o6-PSY-MAKLIN-SpezSV-1-222-mo1              |
| <b>Module coordinator</b>   |                          | <b>Module offered by</b>                    |
| holder of the Professorship of Psychological Intervention; holder of the Professorship of Biological Psychology, Clinical Psychology, and Psychotherapy   |                          | Institute of Psychology                     |
| <b>ECTS</b>   | <b>Method of grading</b> | <b>Only after succ. compl. of module(s)</b> |
| 5   | numerical grade          | --  |
| <b>Duration</b>   | <b>Module level</b>      | <b>Other prerequisites</b>                  |
| 1 semester  | graduate                 | --  |
| <b>Contents</b>   |                          |   |
| <p>This module consists two seminars.</p> <p>Seminar 1 provides comprehensive and in-depth knowledge of disorder-specific, psychotherapeutic treatment of adult patients and the specifics of the disorders. This knowledge includes the psychological-psychotherapeutic, psychobiological and neuroscientific basics of the various disorders with their respective specifics and problems, as well as current knowledge of neuropsychotherapy. Scientifically tested and recognized psychotherapeutic procedures and methods with their respective characteristics are presented.</p> <p>Seminar 2 includes psychotherapeutic treatment by setting (individual therapy, couple and family therapy, group therapy, emergency and crisis intervention) and the specifics of the settings. Comprehensive and in-depth knowledge of the psychotherapeutic treatment of adult patients with psychological problems and disorders in different phases of life, including higher age, physical illnesses, physical or mental disabilities with the respective specifics and problems, which are requiring psychotherapeutic treatment in different settings (e.g. individual therapy, couple and family therapy, group therapy, as well as in emergency and crisis situations) will be taught.</p>   |                          |   |
| <b>Intended learning outcomes</b>   |                          |   |
| <p>The goal of the seminars are the theoretically and empirically supported skills to independently design a case and plan treatment based on preceding diagnostics, differential diagnostics, classification and knowledge of the appropriate empirically supported treatment guidelines in adult psychotherapy, taking into account different age groups, handicaps, treatment settings and psychological and neuropsychological disorders. The students acquire in-depth knowledge in order to assess and explain the opportunities, risks and limits of the various empirically supported and admitted psychotherapeutic procedures and methods depending on the inter-individual personal characteristics of the patients but also on institutional and social conditions. In addition, students will be able to explain psychologically and physically co-conditioned disorders in childhood, adolescence and adulthood, including older age, based on the current state of science, as well as to explain their own assessment of the opportunities, risks and limitations of the various scientifically tested and recognized psychotherapeutic procedures and methods to patients, other persons involved or to be involved, institutions or authorities. Independent work on patients is not yet expected.</p> <p>These goals can only be achieved by regular attendance, active participation and active lecture work.</p> |                          |   |
| <b>Courses</b> (type, number of weekly contact hours, language — if other than German)  |                          |   |
| S (2) + S (2)<br>Module taught in: German and/or English  |                          |   |
| <b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)  |                          |   |
| written examination (approx. 60 minutes)<br>Language of assessment: German and/or English<br>Seminar Interventionpsychology is creditable for bonus   |                          |   |
| <b>Allocation of places</b>   |                          |   |
| max. 20 places  |                          |   |

Should the number of applications exceed the number of available places, places will be allocated as follows: places will be allocated according to the number of subject semesters. Among applicants with the same number of subject semesters, places will be allocated by lot.

**Additional information**

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**Workload**

150 h

**Referred to in LPO I** (examination regulations for teaching-degree programmes)

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**Module appears in**

Master's degree (1 major) Psychology: Clinical Psychology, Psychotherapy and Clinical Neuroscience (2022)