Module title: Health Psychology and emotional disorders
Abbreviation: 06-PSY-GueS-092-m01

Module coordinator: holder of the Professorship of Clinical Psychology, Biological Psychology and Psychotherapy
Module offered by: Institute of Psychology

ECTS: 9
Duration: 1 semester

Method of grading: numerical grade
Only after succ. compl. of module(s)

Contents:
This module provides an overview of psychological mechanisms facilitating the development and persistence of disorders with somatic symptoms. Furthermore, it provides a detailed introduction to neurobiology, physiology and psychology of behaviour change in view of the prevention and therapy of different disorders.

Intended learning outcomes:
The students acquire profound, theoretical professional skills as well as comprehensive methodological competencies in the subdisciplines of Health Psychology and behaviour modification. They apply their advanced professional knowledge during the further course of studies, especially during the writing of their Bachelor’s thesis and during the Master’s degree programme. The module’s orientation on research promotes the students’ ability to integrate different theoretical perspectives and approaches. In addition, the students acquire special professional competencies, which equip them for an academic career and which can already be useful in professional life after finishing the first university degree programme (BSc.), for example when it comes to counselling activities in the health care system.

Courses:
V + V (no information on SWS (weekly contact hours) and course language available)

Method of assessment:
a) oral examination (approx. 30 minutes) or b) written examination (120 minutes)

Allocation of places:

Additional information:

Referred to in LPO I (examination regulations for teaching-degree programmes)

Module appears in:
Bachelor’s degree (1 major) Psychology (2009)