### Module title

**Promote fitness and health - Basics**

### Abbreviation

06-MSFT-FGT-132-m01

### Module coordinator

Managing Director of the Institute of Science of Sports

### Module offered by

Institute of Sport Science

### ECTS

10

### Method of grading

Numerical grade

### Only after succ. compl. of module(s)

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### Duration

2 semester

### Module level

Graduate

### Other prerequisites

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### Contents

No information on contents available.

### Intended learning outcomes

No information on intended learning outcomes available.

### Courses

R + S (no information on SWS (weekly contact hours) and course language available)

### Method of assessment

a) term paper (approx. 10 pages) or b) presentation (approx. 30 minutes)

### Allocation of places

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### Additional information

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### Referred to in LPO I

(examination regulations for teaching-degree programmes)

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### Module appears in

keinem Studiengang zugeordnet