

## Module description

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Module title				Abbreviation
Influencing Factors				o6-EST-INF-232-mo1
Module coordinator			Module offered by	
holder of the Chair of Integrative and Experimental Exercise Science and Training				
ECTS Method of grading		Only after succ. compl. of module(s)		
5 numerical grade				
Duration Module level		Other prerequisites		
1 semester graduate				
Contents				
Intra- and interpersonal, organizational, environmental, and socio-political influencing factors involved in processes for developing and maintaining different functional systems through physical activity and/or training in the fields of health-realted sports, recreational sports, fitness sports and/or competitive sports.				
Intended learning outcomes				
The students can describe and understand various influencing factors that are involved in processes for developing and maintaining different functional systems through physical activity and/or training in the fields of health-related sports, recreational sports, fitness sports and/or competitive sports. They can analyze, classify, and evaluate these influencing factors as well as provide targeted recommendations for action.				
Courses (type, number of weekly contact hours, language — if other than German)				
S (2) Module taught in: English				
<b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)				
Assessment group Seminar: a) oral examination of one candidate each (approx. 30 minutes) or b) presentation (15 to 30 minutes) with written elaboration (10 to 15 pages) or c) portfolio (15-20 pages) Language of assessment: English				
Allocation of places				
Additional information				
Workload				
150 h				
Teaching cycle				
Teaching cycle: once a year				
Referred to in LPO I (examination regulations for teaching-degree programmes)				
Module appears in				

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Master's degree (1 major) Exercise Science and Training (2023)