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| <b>Module title</b>   |                              | <b>Abbreviation</b>   |
| Team and individual sports 1  |                              | 05-SP-MU1-092-m01   |
| <b>Module coordinator</b>   |                              | <b>Module offered by</b>  |
| head of Centre for Sports and Physical Education  |                              | Centre for Sports and Physical Education  |
| <b>ECTS</b>   | <b>Method of grading</b>     | <b>Only after succ. compl. of module(s)</b>   |
| 6   | (not) successfully completed | --  |
| <b>Duration</b>   | <b>Module level</b>          | <b>Other prerequisites</b>  |
| 2 semester  | undergraduate                | By way of exception, additional prerequisites are listed in the section on assessments. |
| <b>Contents</b>   |                              |   |
| <p>In this course we discuss, evaluate and try out basic and advanced teaching/learning approaches to sports and movement fields for teams and individuals. We use the examples of a net/wall game and various movement patterns to evaluate the basic approaches and we further survey motor learning processes in individuals. The students test their knowledge about sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.</p>   |                              |   |
| <b>Intended learning outcomes</b>   |                              |   |
| <p>The students acquire basic and advanced knowledge and competencies in teaching team sports and individual sports. They have basic teaching/learning competencies in the net game volleyball and in creating movement in the field of gymnastics and dance. Furthermore, they conduct exemplary exercises in athletics, gymnastics and acrobatics in order to develop advanced didactic and motor competencies in the field of motor learning processes in individuals. They are able to transfer these competencies to other teaching/learning situations in individual sports and movement fields.</p>  |                              |   |
| <b>Courses</b> (type, number of weekly contact hours, language — if other than German)  |                              |   |
| <p>This module has 4 components; information on courses listed separately for each component.</p> <ul style="list-style-type: none"> <li>• 05-SP-MU1-1-092, 05-SP-MU1-2-092, and 05-SP-IUM-1-092: S (no information on language and number of weekly contact hours available)</li> <li>• 05-SP-MU1-3-092: S + S (no information on language and number of weekly contact hours available)</li> </ul>  |                              |   |
| <b>Method of assessment</b> (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)  |                              |   |
| <p>This module has the following 4 assessment components. Unless stated otherwise, students must pass all of these assessment components to pass the module as a whole.</p> <p><b>Assessment in module component 05-SP-MU1-1-092:</b> Vertiefung Leichtathletik (Advanced Track and Field), and <b>in module component 05-SP-MU1-3-092:</b> Turnen und Bewegungskünste: Vertiefung (Advanced Gymnastics and Acrobatics) :</p> <ul style="list-style-type: none"> <li>• 2 ECTS credits, pass / fail</li> <li>• practical examinations (approx. 5 minutes)</li> <li>• Additional prerequisites: admission prerequisite to assessment: regular attendance of seminars (no less than 80% of sessions offered).</li> </ul> <p><b>Assessment in module component 05-SP-MU1-2-092:</b> Gymnastik und Tanz: Grundlagen (Gymnastics and Dance: Basics), and <b>in module component 05-SP-IUM-1-092:</b> Volleyball 1 :</p> <ul style="list-style-type: none"> <li>• 1 ECTS credit, pass / fail</li> <li>• practical examinations (approx. 5 minutes)</li> <li>• Additional prerequisites: admission prerequisite to assessment: regular attendance of seminar (no less than 80% of sessions offered).</li> </ul> |                              |   |
| <b>Allocation of places</b>   |                              |   |
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| <b>Additional information</b>   |                              |   |
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**Workload**

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**Referred to in LPO I** (examination regulations for teaching-degree programmes)

§ 57 (1) 5. e) aa) Sport Sportspiele

§ 83 (1) 5. e) aa) Sport Sportspiele

§ 83 (1) 5. e) bb) Sport Leichtathletik

§ 83 (1) 5. e) ee) Sport Turnen an Geräten einschließlich Bewegungskünste

§ 83 (1) 5. e) ff) Sport Gymnastik und Tanz

**Module appears in**

First state examination for the teaching degree Gymnasium Science of Sport (2009)