

Module title		Abbreviation
Individual and team sports		05-SP-IUM-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
6	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	By way of exception, additional prerequisites are listed in the section on assessments.
Contents		
<p>In this course we discuss, evaluate and try out basic and advanced teaching/learning approaches to sports and movement fields for teams and individuals. We use the examples of a net/wall game and trend sports to evaluate the basic approaches and we further survey motor learning processes in individuals as well as movement patterns. The students test their knowledge about sport didactics in practice in accordance with differentiated guidelines regarding performance and teaching.</p>		
Intended learning outcomes		
<p>The students acquire basic and advanced knowledge and competencies in teaching individual sports and team sports and in creating exercise settings for individuals and for teams. They have basic teaching/learning competencies in the field of trend sports and the net game volleyball. Furthermore, they conduct exemplary exercises in athletics, gymnastics and acrobatics in order to develop advanced didactic and motor competencies in the field of motor learning processes in individuals and in creating movement. They are able to transfer these competencies to other teaching/learning situations in individual sports and movement fields.</p>		
Courses (type, number of weekly contact hours, language – if other than German)		
<p>This module has 4 components; information on courses listed separately for each component.</p> <ul style="list-style-type: none"> • 05-SP-IUM-1-092, 05-SP-IUM-2-092, and 05-SP-IUM-3-092: S (no information on language and number of weekly contact hours available) • 05-SP-IUM-4-092: S + S (no information on language and number of weekly contact hours available) 		
Method of assessment (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
<p>This module has the following 4 assessment components. Unless stated otherwise, students must pass all of these assessment components to pass the module as a whole.</p> <p>Assessment in module component 05-SP-IUM-1-092: Volleyball 1, and in module component 05-SP-IUM-2-092: Leichtathletik 2 (Track and Field 2) :</p> <ul style="list-style-type: none"> • 1 ECTS credit, pass / fail • practical examinations (approx. 5 minutes) • Additional prerequisites: admission prerequisite to assessment: regular attendance of seminar (no less than 80% of sessions offered). <p>Assessment in module component 05-SP-IUM-3-092: Gymnastik und Tanz 2 + 3 (Gymnastics and Dance 2 + 3), and in module component 05-SP-IUM-4-092: Bewegungskünste und Trendsport (Acrobatics and Trend Sport) :</p> <ul style="list-style-type: none"> • 2 ECTS credits, pass / fail • practical examinations (approx. 5 minutes) • Additional prerequisites: admission prerequisite to assessment: regular attendance of seminars (no less than 80% of sessions offered). 		
Allocation of places		
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Additional information		
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Workload

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Teaching cycle

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Referred to in LPO I (examination regulations for teaching-degree programmes)

§ 57 (1) 5. e) aa) Sport Sportspiele
 § 57 (1) 5. e) bb) Sport Leichtathletik
 § 57 (1) 5. e) ee) Sport Turnen an Geräten einschließlich Bewegungskünste
 § 57 (1) 5. e) ff) Sport Gymnastik und Tanz
 § 83 (1) 5. e) aa) Sport Sportspiele

Module appears in

First state examination for the teaching degree Grundschule Science of Sport (2009)
 First state examination for the teaching degree Hauptschule Science of Sport (2009)
 First state examination for the teaching degree Realschule Science of Sport (2009)
 First state examination for the teaching degree Mittelschule Science of Sport (2013)