Module title			Abbreviation
Helping and saving			05-SP-HR-142-m01

Module coordinator	Module offered by
head of Centre for Sports and Physical Education	Centre for Sports and Physical Education

ECTS	Method of grading	Only after succ. compl. of module(s)
3	(not) successfully completed	--

Duration	Module level	Other prerequisites
1 semester	undergraduate	--

Contents

In this course we use the examples of first aid and lifesaving to discuss and practise the basics of helping and rescuing. We study central aspects relevant to school with and without reference to school sports. These aspects include specific behaviour guidelines and rescue measures in the fields of supervision of pupils during swimming lessons and first aid.

Intended learning outcomes

The students acquire basic skills in first aid and lifesaving. The course raises awareness of measures to prevent and avoid accidents, especially when it comes to planning and conducting physical education classes. Furthermore, the students acquire skills in the field of safety assessment and hazard prevention in the context of extracurricular physical activities. During the lifesaving lessons, they learn how to rescue themselves and others.

Courses (type, number of weekly contact hours, language — if other than German)

T (no information on SWS (weekly contact hours) and course language available)

Method of assessment (type, scope, language — if other than German, examination offered — if not every semester, information on whether module is creditable for bonus)

practical examination (approx. 45 minutes)

Allocation of places

Number of places: 12-14. Should the number of applications exceed the number of available places, places will be allocated as follows: Option 1: Places will be allocated by lot. A waiting list will be maintained and places re-allocated as they become available. Option 2: Places will be allocated according to the number of subject semesters. A waiting list will be maintained and places re-allocated as they become available.

Additional information

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Workload

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Teaching cycle

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Referred to in LPO I (examination regulations for teaching-degree programmes)

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Module appears in

keinem Studiengang zugeordnet