

Module title		Abbreviation
Basic competence in exercise physiology and movement		05-SP-D-TBW-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
5	numerical grade	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance of seminars (minimum 80% of sessions offered).
Contents		
In this module we discuss central principles of sports biology and training sciences and establish connections to sports practice. In this way, the students acquire scientific knowledge about movement and sports. The seminars elaborate on the topics from the lecture and discuss consequences and implementation possibilities whilst taking into account aspects of movement science.		
Intended learning outcomes		
The students acquire essential professional skills in sports biology and training sciences and are able to establish connections to sports practice. They acquire differentiated methodological competencies by examining and comparing central terms, concepts and methods in view of various movement fields, training goals and target groups.		
Courses (type, number of weekly contact hours, language – if other than German)		
V + S + S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
written examination (approx. 60 minutes)		
Allocation of places		
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Additional information		
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Workload		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
§ 38 (1) 1. Didaktik der Hauptschule Sport § 38 (1) 1. Didaktik der Mittelschule Sport		
Module appears in		
First state examination for the teaching degree Hauptschule Didactics in Science of Sport (Secondary School) (2009) First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Secondary School) (2009) First state examination for the teaching degree Sonderpädagogik Didactics in Science of Sport (Middle School) (2013) First state examination for the teaching degree Mittelschule Didactics in Science of Sport (Middle School) (2013)		
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