

Module title		Abbreviation
Basic Instruction in Physical Education		05-SP-BQ-092-m01
Module coordinator		Module offered by
head of Centre for Sports and Physical Education		Centre for Sports and Physical Education
ECTS	Method of grading	Only after succ. compl. of module(s)
3	(not) successfully completed	--
Duration	Module level	Other prerequisites
1 semester	undergraduate	Admission prerequisite to assessment: regular attendance (minimum 80%) of courses.
Contents		
<p>In this course we study basic contents, questions and issues of the didactic fields "creating movement", "playing with and against each other" and "promoting health" by evaluating our own practical experiences. We specify these fields by studying central aspects of the integration of movement-oriented topics into school life. These aspects include ways to implement such topics as well as possibilities to organise and differentiate curricular and extra-curricular sports. The students extend their knowledge about movement pedagogy by studying the development of balance and coordination skills. The module components "Creating Movement" and "Playing with and Against Each Other" each contain specific aspects of "Promoting Health".</p>		
Intended learning outcomes		
<p>The students acquire basic skills in the three afore-mentioned didactic fields. They are familiar with the essential criteria of planning, conducting and evaluating coordination training processes in sports and they know the application fields of various pieces of sports equipment as well as equipment set-ups that aid in improving balance. They become acquainted with the peculiarities of infantile motoric play and with various organisation forms and differentiation possibilities of the integration of movement-oriented topics into school life. Furthermore, they learn about health maintenance and possibilities of health promotion in the context of working out and exercising.</p>		
Courses (type, number of weekly contact hours, language – if other than German)		
S + S (no information on SWS (weekly contact hours) and course language available)		
Method of assessment (type, scope, language – if other than German, examination offered – if not every semester, information on whether module is creditable for bonus)		
documentation of practical experiences (approx. 15 pages)		
Allocation of places		
<p>There is a restricted number of places which varies according to availability of capacities. Places will be allocated according to the number of ECTS credits. Among applicants with the same number of ECTS credits, places will be allocated by lot. A waiting list will be maintained and places re-allocated by lot as they become available.</p>		
Additional information		
<p>In accordance with Section 38 Subsection 1 No. 5 LPO I (examination regulations for teaching degree programmes), this module is designed for students pursuing a teaching degree for the German Hauptschule who do not study Sports/Physical Education as Unterrichtsfach (with a focus on the scientific discipline) or Didaktikfach (with a focus on teaching methodology).</p>		
Workload		
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Teaching cycle		
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Referred to in LPO I (examination regulations for teaching-degree programmes)		
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Module appears in		
First state examination for the teaching degree Grundschule Pedagogy of Primary Education (2009)		

First state examination for the teaching degree Hauptschule Pedagogy of Secondary Education (2009)
First state examination for the teaching degree Sonderpädagogik Pedagogy of Secondary Education (2009)
First state examination for the teaching degree Sonderpädagogik Pedagogy of Primary Education (2009)
First state examination for the teaching degree Sonderpädagogik Teaching at the German Mittelschule (2013)
First state examination for the teaching degree Mittelschule Teaching at the German Mittelschule (2013)